

THE RAMPART REVIEW

The Kiwanis Club of the Rampart Range – Caroline Vulgamore, editor

Meetings every Tuesday, 7:45 am, Aspen Pointe Café, 1675 Garden of the Gods Rd. 80904

President: Belenda Cornelius. Secretary: Al Ziegler. Treasurer: Rex Kramer. Directors: Rick Couch, Jack Cooley, Burl Kreps, Caroline Vulgamore, Harry Vulgamore. District Governor: Hayley Jean Suppes. Division 4 Lt. Governor: Harry Brandon, RMD Executive Administrator: Nancy Wichagen. International President: Jim Rochford.

May 8, 2018



PROGRAM. Former Rampart Range member **Denise Montano**, Community Liaison for Denver Springs Hospital, outlined services, with special emphasis on youth. The new facility serves those 12 years on up in inpatient, outpatient

and medical management programs. Headquartered in Englewood, Denise serves an area from Monument to Pueblo, including military. Through individual and group therapy, as well as family therapy, they offer yoga, nutrition education, animal, music and art therapy. Their LGBT group meets weekly—Denise stressed LGBT parents need help as well. She invited us to attend the mental health expos she puts on in local schools. She’s still involved with suicide and bullying prevention. She also works with foster youth and their families. Her agency offers free assessment and serves as a crisis

center. They take every insurance, and as of July 1, will also include Medicaid. She’s concerned about heroin and prescription drug addiction as well as the “choking game.” She stressed, “Kids want to help each other.” **Carlos Lozano**, Executive Director of the Southeast and Fountain Valley YMCAS, collaborates with Denise helping youth and military. In past months, over 6,000 soldiers have been deployed with another 4,000 on deck. His agencies help them “come back.” They also sponsor after-school activities for junior and senior high students including membership scholarships for seventh graders, and for high school students with good grades. They gave out \$280,000 last year. “It’s a family,” he says.



NEWS. Monument Hill member **R.F. Smith** thanked us for “your generous gift” toward the Rocky Mt. Youth Leadership Conference held at UCCS June 25-29. We’re welcome to visit—complete agenda is on their website. He reports students “creative and patriotic, and it gives you faith in youth.” Two students from Rampart will attend. **Al Ziegler** invited us to work and attend upcoming Soap Box Derby events. The slate of officers and board members for next year were approved; they will continue as listed in the masthead. Belenda Cornelius purchased items for the Springs Mission baby shower.

UPCOMING EVENTS

May 15: Program: **Patrice Carmody**. At the Table Colorado.

May 22: **Group Discussion.**

May 25: BUG assembly. Mesa Elementary. 7:45 a.m.

May 29: **Board Meeting.**

June 1-9: Warrior Games. U.S. Air Force Academy.

June 3 & 9: Soap Box Derby events.

June 25-29: Rocky Mt. Youth Leadership Conference. UCCS.

June 28-July 1: International Conference. Las Vegas.

August 8-11: District Conference. Greeley.

HAPPY DOLLARS

Note: Your editors thank Al Ziegler for completing this list after we left.

- **Burl Kreps:** Our program; his grandson assistant athletic director at Colorado Mesa University.
 - **Caroline & Harry Vulgamore:** Program and “just happy!”
 - **Rick Couch:** Good seeing Denise & RF; building Soap Box Derby cars with RF.
 - **RF:** Partnerships among Kiwanis Clubs.
 - **Rex Kramer:** Trip to Utah with Woman’s Educational Society of CC & PILLAR.
 - **Belenda Cornelius and Al Ziegler:** For Denise & RF.
 - **Jack Cooley:** For RF’s work.
 - **Warren Ehrmann:** Just happy.
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QUOTE OF THE DAY: “Bee to the blossom, moth to the flame; Each to his passion; what's in a name?”
...Helen Hunt Jackson

PRAYER: May 15: Jack Cooley.



The Prez

