

THE RAMPART REVIEW

The Kiwanis Club of the Rampart Range – Caroline Vulgamore, editor

Meetings every Tuesday, 7:45 am, Aspen Pointe Café, 1675 Garden of the Gods Rd. 80904

President: Rick Couch. Secretary: Al Ziegler. Treasurer: Rex Kramer. Directors: Belenda Cornelius, Burl Kreps, Caroline Vulgamore, Harry Vulgamore. District Governor: Kathy Lee. Division 4 Lt. Governor: Harry Brandon, RMD Executive Administrator: Nancy Wiehagen. International President: Jane Erickson.

August 1, 2017



PROGRAM.

Program Assistant **Bill Scharton** of the Southern Colorado Health Network (which also does business as the Southern Colorado AIDS Project) outlined their services. In

operation since 1986, their mission is “to equitably meet the evolving needs of people affected by HIV and other health conditions through prevention, care and advocacy.” HIV is spread by having sex with someone who has HIV without using a condom, or

sharing needles with someone who has HIV. Newborns get HIV from infected moms and from their breast milk. Serving 25 counties, the local office is at 1301 S. Eighth Street. Individuals may call to receive free, confidential HIV and Hepatitis C testing. They offer no cost case management, including access to medical care, prescription assistance, a food pantry, financial assistance and counseling. For prevention, they provide condom distributions and for those who don’t have HIV, a pill to be taken every day. Pueblo County, with “one of the worst opioid/heroin problems in the state,” sponsors a syringe exchange program.



NEWS. Rick Couch announced room 1020 has been secured for our September 12 opioid program; the updated promotional poster will be distributed to other clubs and by mid August, placed in the display case in the Citizens Services Building. Aspen Pointe Café has approved our change in meeting time to 7:45 a.m. starting August 8.

Happy Anniversary to Jean and Al Ziegler on August 1.

HAPPY DOLLARS

- **Harry Vulgamore:** For Bill’s presentation.
- **Burl Kreps:** Amen; good visit from son and family.
- **Rick Couch:** Good discussion—AIDS under radar; got soaked playing golf.
- **Caroline Vulgamore:** Attended granddaughter’s happy wedding in Tacoma.
- **Rex Kramer:** Fantastic Aspen Music Festival.
- **Belenda Cornelius:** For Bill; excited for upcoming convention.
- **Warren Ehrmann:** Happy for Belenda.
- **Al Ziegler:** Our speaker; married “for 47 easy years.”
- **Jack Cooley:** Sending our convention reps off with a bang.

UPCOMING EVENTS

Aug. 3: Back-to-School Summerfest. 10 a.m. – 2 p.m. Southeast YMCA.

Aug. 3-7: RMD Convention. “Rendezvous in Cheyenne.” Belenda, Rick and Al.

Aug. 8: Program: **Jim King**. “Wheels of a Dream.”

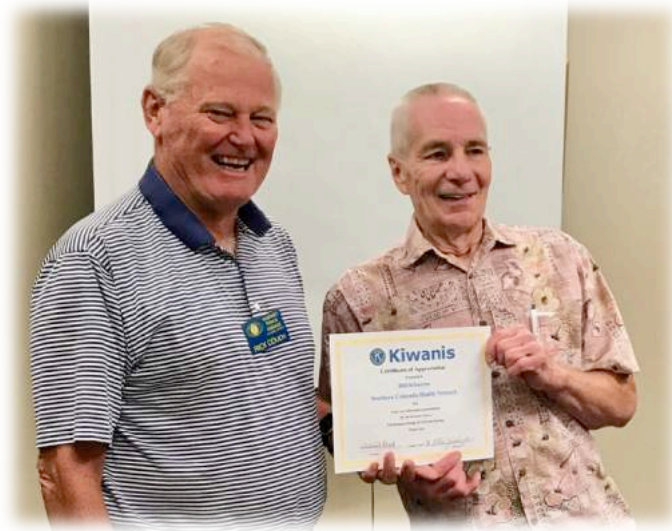
Aug. 15: *Group discussion.*

Aug. 22: Program: **Terri Carver**. Representative, House District 20. “Transportation Issues.”

Aug. 29: *Board meeting.*

Sept. 12: No morning meeting. “Opioid Epidemic.” Room 1020. 12:00 – 1:00 p.m. Bring your lunch.

NOTE: Beginning August 8, our meetings will start at 7:45 a.m.



Bill displays our Kiwanis certificate.

PRAYER: August 8: Belenda Cornelius

QUOTE OF THE DAY: “Opportunities are like sunrises. If you wait too long, you miss them.”
... William Arthur Ward



The Prez

