



Our mission

Kiwaniis is a global organization of volunteers dedicated to changing the world, one child and one community at a time.

Send newsletter info, stories, jokes, etc. to:

goldenk.newsletter@gmail.com

DEADLINE is Thursday for the next week's issue.

OFFICERS

President
John Brubaker
President-elect
Jeff Stewart
Past President
Dave Marvin
Secretary
Brent Reeves
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Directors:

Allen Green
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Nancy Brown
Steve Armstead
Bill Fennone

Membership

Lists

Don Edminster

Grocery Cards

Harold Boyer

Food Bank

Steve
Armstead

Reporting Com-

munity Service

Hrs:

If it is easier for you, please report your service hours to Carroll's email:

jancar68@comcast.net

UPCOMING PROGRAMS

Today's Program—Executive Director of the Center for Family Outreach (Jim O'Neil host)

June 20-Peter Harris – Overview of Current Political Scene (Wil S. host)

June 27-Sgt. Joel Tower Ft. Collins Police Services-- Training Unit (Bill Tosch host)

DAFFY DEFINITIONS

CHICKENS: the only animal you eat before they are born and after they are dead.

CANNIBAL: someone who is fed up with people.

HANDKERCHIEF: cold storage.

NITRATE: much cheaper than a day rate.

FIBULA: a little lie.

VARICOSE: close by.

YAWN: an honest opinion, openly expressed.

REMOTE CONTROL:

Female: a device for changing channels on the TV.

Male: a device that can scan through all 500 channels in under 5 minutes.

Funny. I don't remember being absent.

It's not the pace of life that concerns me, it's the sudden stop at the end.

There are two kinds of pedestrians: the quick and the dead.

Never knock on Death's door. Ring the bell and run.

It is much easier to get older than it is to get wiser.

I tried to get a life once. They told me they were out of stock.

It's hard to make a comeback when you haven't been anywhere.

On the other hand, you have different fingers.

I don't suffer from insanity ...I'm a carrier.

You can't stay young forever. But you can be immature for the rest of your life.

CLUB MEETING PRAYER

June 13—Carroll Morony

June 20—John Milne

June 27—Jim Catalano

BIRTHDAYS

June 16— Mary Anderson (Rod)

ANNIVERSARIES

6/15—Bonnie & Roger Baird #60
Lil & Hugh Price #54

6/17—Jaynejo & Mike Strub #56

6/18—Ann & Al Van Nice #56

LAST WEEK'S MEETING

49 members! No Guests.

Welfare of Members:

Jeannie is having some seasonal health problems. Fergy said he is doing fine, just busy with a lot of things. Several were back last week. John and Janet, and Milt Thompson were back from travels. Miles Reznik and Mike Scobey were back. It was good to see Mike back after several weeks of having trouble getting around.

4 new applicants for membership were presented to last week's

Board of Directors meeting:

Robert Main, Kevin O'Connell
Thomas Mileski, and Mark Tobin

CLUB COMMITTEES

(chair & co-chair)

HOUSE

Jim McHugh

COMMUNITY SERVICE

Carroll Morony
Bill Fennone

SPIRITUAL AIMS & MEMBER CARE

Al Van Nice
Don Edminster

MEMBERSHIP

Nancy Brown

PROGRAMS

Jim Goettl

SOCIAL

Dick Toledano

CHILDREN & YOUTH

Kent Brown

INTERNATIONAL

Wil Stutheit

INTERCLUBS

Bill Ferguson
Byrd Curtis

TOY PROJECT FUND RAISING

Lloyd Wilson

From the Editor: This is from my files. I thought it interesting since Sunday was Father's Day. It is from Women's World magazine, Feb. 14, 2006. This not a joke, and the information is enlightening and hopefully should help you guys figure out why she gets upset with you, and you gals—why he just does not “get it”! Then find the middle ground.

What you always wanted to know about **your man**

... but were afraid to ask

He does have an excuse for not listening! Turns out, women's voices are more complex than men's voices, so they're more difficult for him to focus in on.

No wonder men clock faster times in marathons: Their lung capacity is 30% greater, so they can run longer without running out of breath.

The journal *Physiology & Behavior* reports that men are more likely to turn to **comfort food** when they're feeling upbeat! The foods they enjoy most? Steak, pasta and pizza!

His skin is 20% thicker, shielding it from UV rays. That's why he doesn't get as many wrinkles!

His heart is proportionally 25% larger than yours—but averages eight fewer beats per minute!

Why does he seem to lose weight so easily? Blame it on his muscles. He has 50% more than you do, and because muscles are natural fat burners, he effortlessly uses up more calories!

You cried buckets, and he didn't shed a tear at *Rent*? He does have feelings, but he doesn't have as much prolactin—the hormone responsible for tears—as you do!

His sense of smell is surprisingly weak, but in a recent study, a combination of lavender and pumpkin pie was most likely to arouse him!

Finally—an answer to why it's so hard to get him to open up: Emotions are connected to just two areas of his brain compared to nine areas in yours! Why won't he stop and ask for directions? Research shows that men are faster at finding their way out of a maze than women. Result: They rarely feel lost!

When it comes to **dieting**, he's three times more likely to need to go on one than you—but he's nearly three times less likely to realize it!

—Chris DeLall