

# Kiwanis Club of Cheyenne

A global organization dedicated to changing the world, one child and one community at a time.



# TELSTAR

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Meetings are Thursday, Noon at the Radisson Cheyenne

## January 18, 2018

### Upcoming Programs

Jan. 25th – CRMC Cardiologist will speak about heart health

### Upcoming Events

Jan 18, New Member membership drive at the Radisson  
Jan 23, Stars of Tomorrow planning mtg at the Plains Hotel 5:30  
Jan 24, Friday Food Bag Filling, 5:15pm  
Jan 31, Chocolate Indulgence meeting, 5:30 Uncle Charlies  
Feb 3, Friday Food Bag Unpacking, 9am  
Feb 13, 20, 27, Great Decisions, Radisson, 7am  
Feb 13 & 28, Friday Food Bag Filling, 5:15pm  
Feb 25, Stars of Tomorrow - Civic Center  
March 3, Friday Food Bag Unpacking, 9am  
March 6, 13, 20, 27, Great Decisions, Radisson, 7am  
*March 9-11, Mid-Year Conference, Arvada Center*  
March 13 & 28, Friday Food Bag Filling, 5:15pm  
April 3, Great Decisions, Radisson, 7am  
April 6, Chocolate Indulgence at Little America  
April 7, Friday Food Bag Unpacking, 9am  
April 10 & 25, Friday Food Bag Filling, 5:15pm  
May 5, Friday Food Bag Unpacking, 9am  
May 8 & 23, Friday Food Bag Filling, 5:15pm  
*June 28-July 1, 2018 Kiwanis International Convention, Las Vegas*

### January Birthdays

Jan 3 – Don Schrader	Jan 21 – Larry Barttelbort
Jan 4 – Vic Lisek	Jan 22 – Jim Brown
Jan 4 – Alex Aragon	Jan 24 – Janet Lewis
Jan 8 – Clark Smith	Jan 26 – Ron Olson
Jan 8 – Tony Covello	Jan 26 – Haiden Havner
Jan 11 – Trudy Eisele	Jan 27 – Bryan Pedersen
Jan 11 – Lisa Taylor	Jan 29 – John Steil
Jan 13 – Kerri Blunn	Jan 30 – Debra Parker
Jan 15 – Carol Holland	Jan 31 – Alan Hughes
Jan 15 – Steve Sharpe	Jan 31 – Rick Wright

#### INTERNATIONAL PRESIDENT

Jim Rochford - Peoria, IL

#### ROCKY MTN DISTRICT GOVERNOR

Hayley Suppes - Delta, CO

#### LT. GOVERNOR DIVISION XIII

High Plains Division  
Patty Beskin, Cheyenne, WY

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2nd Vice President • John Lynch  
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Assistant Treasurer • Rob Killian  
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Assistant Secretary • Amber Still  
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Larry Walters • Haiden Fertig • Sam Weinstein  
Darwin Pace • Don Hollingshead  
Brooke Ramirez

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#### CHEYENNE KIWANIS

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Mike Hutton • Erin Benskin • Earl Dorsett

#### THE KIWANIS CLUB OF CHEYENNE

John Barnes, Admin Secretary

#### PROGRAM CHAIRS

Craig Hiett • Patty Walters

#### WEBSITE EDITOR

Chuck Seniawski

#### TELSTAR EDITOR

Lisa Maney

## Lunch Menu

### January 25<sup>th</sup>

Italian Buffet, Caesar Salad, Chefs Choice Salad Mushroom and Red Onion Ravioli with Red Cream Sauce, Baked Chicken Penne, Italian Blend Vegetable

### February 1<sup>st</sup>

Chicken Fried Chicken Mashed Potatoes Chefs Choice Vegetable Country Gravy

### February 8

Pot Roast Mashed Potatoes Brown Gravy Carrots and Snap Peas

### February 15

Hot Turkey Sandwich Mashed Potatoes Gravy, Cranberry Sauce

### February 22

**Location To Be Announced**

Burger Bar

### March 1

Chicken Cordon Bleu

**Mike Hutton** has taken a 3 month leave of absence as his wife was admitted into the hospital in Ft Collins. Please keep the **Hutton family** in your prayers.

Keep **Patty Benskin** in your prayers during her recovery.

Keep **Con Bratton** and his family in your prayers as he is going through health issues.

Keep **our military** around the world in your prayers.

## Attendance

**January 4** there were 139 people at meeting. 128 members, 6 guests and 5 senior members

**January 11** there were 142 people at today's meeting. 136 members, 4 senior members and 2 guests.

**January 18** we had 114 people at the meeting today. 110 members, 0 senior members, 4 guests

**January 23 TBA**

## Guests



**Brooke Ramirez** brought her F&B manager **Jamie Tomjack** from the **Plains Hotel**.



**Dick Royce** brought **Scott Royce**, LCCC. Scott will be at the membership drive tonight.



**Huda** brought **Jimmy Richman**, CRMC as her guest.

## Interclub Lunch

On January 16th **Jim Coomes**, RC Mead. **Dale Kjack** and **Chuck Seniawski** visited the Ft Collins Golden K Kiwanis Club.

## Announcements



**Acting President Chuck Tyler** announced that the next **Chocolate Indulgence** meeting is **Wednesday, Jan 31, Uncle Charlies at 5:30pm**. Please join the committee if you can.

## Prayers

In our Prayers: Any Kiwanian in need.

Keep **Dave Niemann** and wife in your prayers. Dave's wife was admitted in the hospital for a leg infection and has taken a turn for the worse. Prognosis is not good. The family is discussing dialysis.

# Kiwanis is not something you join...

The membership event tonight at the Radisson 5:30 to 7.

There is an opening for Assistant Secretary. **Tabitha Norman** has been nominated. No other nominations were made. Election will be next week at lunch meeting.



**Lisa Trimble** announced that **Chocolate Indulgence** is now looking for donations for the silent auction. Get together with you table or a group of friends and put a basket together. If you need help Lisa will put the basket together. **Justin Gorman** is also collecting baskets. This is a great fundraiser for Kiwanis. Lisa needs to know who donated and what the value is.



**Lorrell Walter** announced Stars of Tomorrow meeting is Tuesday, January 23<sup>rd</sup>. 5:30 at the Plains Hotel. If you are interested in

volunteering please join the meeting.



**Wayne Herr** announced **Great Decisions** has two spots left. If you'd like to join the discussions see Wayne to sign up. First meeting is Feb 13 at 7am. Location: Radisson Hotel.

## Happy Birthday



## Happy Birthday Carol Holland

## Happy Dollars



**Patty Walters** announced Friday, Jan 19<sup>th</sup> there is a Diabetes Prevention Workshop at the YMCA, 6am and Noon. A1C test, CRMC will be there, YMCA will be there talking about diabetes prevention. WY Dept of Health will be there. Paditrist will be there.

Type 2. Diabetes is totally preventable. Join Patty at the YMCA if you'd like to attend.



**Lorrell Walter** announced a fundraiser **Encore Dancers. Pancakes and Pirouettes**

Join us for breakfast and enjoy performances by our competition

... it's something you do!

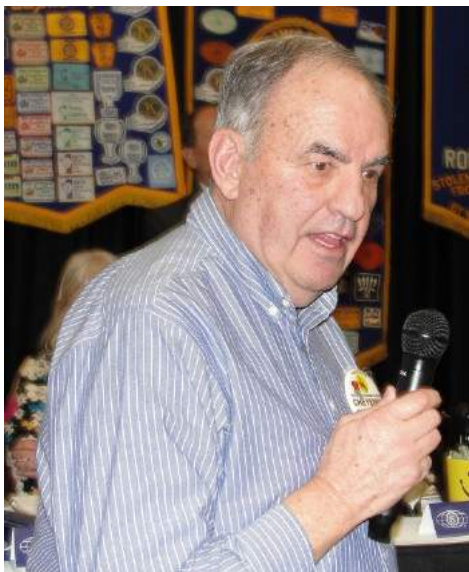
# Kiwanis is not something you join...

team. We will also have a silent and live auction.

Date: Saturday, January 27. 10am.  
Location: First United Methodist Church  
108 E 18th Street, Cheyenne  
\$10 age 12 and up  
\$5 ages 2-11  
Kids under 2 are free.



**Brooke Ramirez** announced that her son is joining the Navy. Congrats Brooke and family.



**Earl Dorsett** gave happy dollar for **Mike Dixon** who gave 6 people a tour of the Capitol last week.

**Claire Snyder** with the Itty Bitty Soap Committee said **Thank you Richard Russel** for donating the bag of soap and other items. Also Denise Hensley started her new job last week and is already making a huge impact.

## Program



**Tom Forslund, Director of the Wyoming Departments of Health and Family Services**

In 2011 Mr. Forslund was appointed by Governor Mead as the Director of the WY Department of Health. Tom's term will end at end of 2018.

Divisions of the WY Department of Health  
Public Health Division  
Behavior Health Division  
Aging Division  
Health Care Financing Division

90% of WDH budget goes to providers (businesses) throughout the state of Wyoming. 10% goes to personal.

There are 1413 employees throughout state.

A Developing Problem in the State of Wyoming is the aging of the population and the long term health costs.

The highest portion of the states population are Baby Boomers and the smallest portion of the states population are Generation X.

**The cost of long term care the State of Wyoming pays is going to go up from 130 million to 312 million dollars in the next 13 years.**

**5 major factors causing this increase.**

1. Aging population that is burdened with chronic disease. *Between the years of 2017 to 2030 the population who are 65 years of age and older will increase by 56%.*
2. Decrease in working population ration verses retired population.
3. A population that is unprepared to deal with long term health cost. *41% of households between the ages of 55 and 64 have no savings and 52% of households between 65 and 74 have no savings.*
4. High and increasing cost of long term care. *Today cost for a long term single private room is \$88,500 per year. (Share a room for \$79,000). Right now Medicaid pays for 64% of nursing home stays in Wyoming.*
5. Small and weakening insurance market. Prices increasing dramatically.

**The Consequences are,** we have a state of aging population that is not prepared to pay for long term

... it's something you do!

# Kiwanis is not something you join...

care. More people will have to apply for Medicaid.

## What do we do:

Promote the aging population to stay in their homes as long as possible. The State of Wyoming is working with the Legislature to come up with more programs to assist the aging population.

## Update Your Information

Please notify **John Barnes** (638-3763) of any changes to your employment, phone numbers, or retirement so the club directory may be updated with your current information. Thank you.

Please send Telstar information to **Lisa Maney** at [lisa@cheyenne.org](mailto:lisa@cheyenne.org)



**Thank you Rod Brand** for providing the Telstar pictures.

## The Pig



There was \$17.00 in the pig and **Doug Reed** was present to win.

Congratulations!!

**THANK YOU**  
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