

Belmar Kiwanis



**Next Meeting: Thursday, March 16, 2017
11:30 AM
Sunrise Sunset Restaurant**

SPEAKER :

Lynn Johnson, Jefferson County Human Services

MARCH 9 MEETING RECAP

Attending: 8, including Laura Espinal, a teacher at Patterson in charge of the Health School Program and Michelle Lewis, Jeannette's guest, and former Key Club faculty advisor at Golden High School.

SPEAKER

Amanda Gregg, Director of Member Growth, for A Little Help.

A Little Help is a nonprofit organization that provides seniors help in addition to that provided by other organizations such as the Lakewood Senior Resource Center and Innovage. Members join for an annual household fee of \$250 a year, and A Little Help connects them with volunteers interested in helping with such things as rides, snow shoveling, yard work, and friendly visits. Amanda is working to add members and volunteers in Jefferson County. Denver has about 400 members and 600 volunteers.

See the attached information about this organization and their upcoming events.

Fund Raising

- Jeannette is looking into a wine tasting/ purchase event.

- Karen mentioned the possibility of selling Women Beans Project products, with a reasonable profit margin. People commented that they were impressed with the quality of these products.
- Mike is looking into the possibility of running a booth at the upcoming German Festival.
- Deb had mentioned the possibility of hosting a road rally event.

CALENDAR

March 23 – Karlis House Cleanup – 9 am
Come join Mike, Marlys, Steve, Shirley and Deb

May 21 – Colfax Marathon

BE A PART OF SOMETHING LITTLE

A Little Help is a local nonprofit empowering elders

CAN YOU GIVE A LITTLE HELP TO YOUR NEIGHBORS?

A Little Help connects neighbors to help seniors **thrive**. We have lots of **flexible and meaningful** volunteer opportunities to **make a difference** in your community!



START VOLUNTEERING LOCALLY TODAY:



- Rides to the doctor or store
- Technology and handy help
- Friendly visits or walks
- Snow shoveling
- Yard work and home chores
- Service Saturdays!
- Social events
- Outreach or planning

Neighbors of all ages are welcome!

Contact us to learn more
and get involved!



A LITTLE HELP

Connecting neighbors to help seniors thrive

alittlehelp.org | 720-242-9032 | office@alittlehelp.org



A LITTLE HELP

Amanda Gregg, MNM
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BE A PART OF SOMETHING LITTLE

THURSDAY, APRIL 20TH
6pm - 8pm
"WHAT THE HELP" PARTY

Colorado Plus Brewery
38th and Wadsworth, Wheat Ridge

Come join us for an evening of fun and information from A Little Help. Come join us for an evening of fun and information on how you can be a catalyst for change in your community.



WEDNESDAY, MAY 17TH
10am - 2pm
ENGAGING IN AGING FESTIVAL

Mile Hi Church - Community Center
Alameda and Garrison Street

Come join us for an afternoon of engaging with your local community. Learn about available resources and enjoy various workshops on creativity, spirituality, and social aspects of life. This is a one of a kind event, you will not want to miss.

SATURDAY, JUNE 10TH
9am to Noon
SERVICE SATURDAY!

Member Homes in Jefferson County

Service Saturday! is an annual event held in the Spring and Fall to assist neighbors in chores such as yard clean up, window washing, planting, small home repairs, etc... Service Saturday is an opportunity to serve and be served by neighbors who care.



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alittlehelp.org | 303-974-6954