### Packing List

#### Shoes
Closed-toe shoes such as sneakers or tennis shoes.  
Shower shoes  
(No slip-on shoes are allowed on the ropes course.)

#### Clothing
Comfortable clothes - jeans or shorts, T-shirts (long sleeved T-shirts), hoodies or a light jacket.  
Appropriate sleep wear.  
Rain gear - rain slicker or umbrella  
Check the weather forecast before packing. We will be outside so pack appropriately.

#### Bedding
Sleeping bag  
Pillow  
Blanket  
Bring whatever works best for you.

#### Linens
Towel and wash cloth  
(An old towel or beach towel is best.)

#### Toiletries
Toothbrush  
Toothpaste  
Shampoo  
Soap  
Deodorant

#### Food and beverages
Food or beverages are not permitted in the cabins. Please do not bring food or drinks with you.  
We will provide plenty of great meals and snacks throughout the weekend. If you require special meals/snacks, it is important for you to let us know so that we can see to your needs.

#### Electronics
Do not bring expensive items with you to Key Leader, such as iPod, iPad, Kindle, Nook, smart phones or cash.

#### Other needed items
Water bottle  
Flashlight – if you have one.  
Small self portrait photo for your Key Leader mailbox.  
All necessary medications

#### Medication
- We will not collect medications; you are responsible for taking your own medicine.  
- Be sure to list all medications on your medical form.

#### Forms
- Kiwanis Medical Release  
- Recreation Unlimited Ropes Release  
- Community Values Agreement  

All three forms require a parent/guardian signature. The links to these forms were sent to you in your confirmation emails. You can also find these forms on our website at [www.ohiokiwanis.org](http://www.ohiokiwanis.org). Please bring them with you to submit when you check in for the weekend.