April 2019

Welcome to the latest news from around our Minnesota-Dakotas Kiwanis District. In addition to articles by some of district leaders you will also find many interesting articles and photos from Kiwanis Clubs in our district.

As always we encourage clubs to submit news articles about their activities, service projects or fundraisers. To submit an article go the District News on our website and find “News-News Story Submission” page  http://mndak.portalbuzz.com/Page/1013

This document is a PDF summary of the latest news that can also be found on the district website. If you prefer you can also view all of our news articles directly on the district website. You can search by District, Division or Club and view or print each article individually or as a group. In addition the photos appear in a larger format on the website. Here is a link to the website  http://www.mndak-kiwanis.org/Page/1012

An archive of current and past MINNEKOTANS can be found on our district website http://www.mndak-kiwanis.org/Page/1014

Steve Handegaard  
District Secretary/Treasurer  
Minnesota-Dakotas District Kiwanis International
Hooray, It’s Spring - 3/31/2019  
Submitted by: Dave Harms

It’s finally spring and this is a great opportunity to invite someone to a Kiwanis meeting. Invite them to join, and participate in moving Kiwanis from Good to Great. The Bloomington Kiwanis club was started in the grips of the harshest part of winter, so with having done that, how much easier will it be now that the weather has turned. Let’s shake off that feeling of being cooped up and show our communities what a group of dedicated to service people can do to help kids in their communities get on the entrance ramp of the road to service.

By the time that this newsletter reaches you, I will have completed the last two Governor’s visits in Fargo, Division 2, and Mankato Division 6.

I want to encourage as many Kiwanians as are able to consider attending the International Convention in Orlando, Florida at Disney World from June 26 through June 30. It will be a fun time for all those who are able to go. And then a little over a month later on August 9 through 11 our District Convention will be in Fargo, North Dakota. If you are planning to go to Orlando a date to remember that April 5 is the date that there will be a registration cost increase.

Please consider taking a little time out for yourselves, get reacquainted with some friends you may not have seen in awhile, and attend a convention. We offer good education, good ideas, good fellowship and good food.

April Update - 3/30/2019  
Submitted by: Steve Handegaard

Lt. Governor Elect Candidates: We are still in need of Lt. Governor Elect Candidates for 2019-2020 in some divisions. Contact your current Lt. Governor if interested. The Lt. Governor Education program will take place April 26-28 in Fergus Falls.

District Kiwanis Convention: Mark your calendars….the Minnesota-Dakotas District Convention will be held August 9-11, 2019 in Fargo, ND. All clubs should be represented at this annual convention. More information will be coming soon!
Monthly Club Reports: Thanks again to club secretaries that submit their club reports online each month. Your reports provide very valuable information to the district officers and Kiwanis International. (Reminder to club secretaries: Be sure that your club monthly reports are submitted online by the 10th of each following month.)

Club Elections: Just a reminder that your club election results will be due June 1st. Club secretaries should submit the club election reports online through the same KiwanisOne webpage that we use for monthly club reporting.

Kiwanis International Convention- Orlando: Remember early bird registration ends on April 5th and the registration fee increases. Besides registering for the convention, be sure to report your club’s two International Convention delegates and two alternates to the International Office by April 30 on the Delegate Certification Form. You can now submit your International Convention Delegate Certification form online on the Secretary Dashboard. You can also download a copy of the form from the Kiwanis International Convention website and submit it hard copy, however the online method is easier and preferred.

Lt. Governor Education Conference Planned: Governor Elect Rachael Disrud, along with the Lt. Governor team for the upcoming 2019-2020 Kiwanis year will be meeting April 26-28 in Fergus Falls. They will be learning more about their role on the district level and developing district plans and goals.

As always, think Membership Growth at all times! Only through maintaining and growing our membership can we be the vibrant service organization that is truly “Serving the Children of the World”.

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District Convention - Save the Date! - 3/30/2019
Submitted by: Shara Fischer

You are invited to the 2019 MNDAK District Convention to be held at the Holiday Inn in Fargo, ND on August 9-11, 2019. Registration includes leadership training, informational forums, club awards, Kiwanis fellowship and much more! Registration will be available on the district website in May.

I encourage all members to be sure your club leadership plans to attend this fun-filled convention. Valuable officer training is available along with meeting Kiwanians from around the region!

Come experience the fun of District Convention. See you in Fargo!

April Partnership Highlight - 3/29/2019
Submitted by: Denis Cornell, District Partnership Coordinator

Children's Miracle Network

Throughout the years, Kiwanis International has made children happier and healthier by helping millions of kids to be able to enjoy better lives. One of the ways Kiwanis helps is through contributions to Children’s Miracle Network Hospitals. Since Children’s Miracle Network Hospital’s first broadcast in 1983, Kiwanis has donated more than US$36 million to help make miracles happen for local sick and injured kids. Kiwanis leaders encourage clubs to continue supporting communities and children by contributing to Children’s Miracle Network Hospitals.

Children’s Miracle Network Hospitals® raise funds and awareness for 170 member hospitals that provide 32 million treatments each year to kids across the U.S. and Canada. Donations stay local to fund critical treatments and healthcare services, pediatric medical equipment and charitable care. Since 1983, Children’s Miracle Network Hospitals has raised more than $5 billion, most of it $1 at a time through the charity's Miracle Balloon icon. It's various fundraising partners and programs support the nonprofit's mission to save and improve the lives of as many children as possible.

To ensure children’s hospitals have the resources they need, Children's Miracle Network Hospitals'
partners like Kiwanis conduct thousands of special events and grassroots fundraisers year-round. Circle K and Key Clubs hold Dance Marathons to help generate millions of dollars each year to provide the best care available to the tiniest of patients. The partnership continues to provide service and fundraising opportunities to both organizations.

2019 Division Star Awards - 3/29/2019
Submitted by: Denis Cornell, District Director of Administration

The annual Division Star Award is an excellent vehicle for clubs to recognize the exemplary service of members for recognition during the district convention. One club nominee is selected from each division as the Division Star. Clubs must submit Division Star Award nominations to their Lt. Governor no later than April 1st and Lt. Governors must submit the Division Star Award selectee to the District Secretary-Treasurer no later than May 1st. It is critical that these deadlines be met to allow for plaques to be acquired and for the Division Star Award program to be printed.

The division recipient should be notified and encouraged to attend the district convention. The recipient’s club is encouraged to pay the expenses of the award recipient to attend the district convention.

The Division Star Award Criteria and the Nomination Form are available on the MN-DAK web site, http://www.mndak-kiwanis.org/, click on Menu and scroll down to Awards.

Children’s Fund - 3/29/2019
Submitted by: Kathy Welle

Spring is really starting to arrive!!

The Kiwanis Mission: Kiwanis empowers communities to improve the world by making lasting differences in the lives of children.
A club giving report as of February 28, 2019 for Mn-Dak District, is available.

**District Goal:** $3,000,000.00  
**District target based on membership:** $2,509,517.00  
**Percent of goal:** 52%  
**Percent of participating clubs:** 89% (impressive)

An update for the Eliminate Project and pledges: $105,963,926.06  
Lives Saved: 869,442  
K13 Minnesota-Dakotas total gifts & pledges: $1,564,996.35  
K13 Minnesota-Dakotas total gifts & payments: $1,449,527.92  
K13 Minnesota-Dakotas, cash outstanding: $115,468.43

In case Divisions are interested of their standings:

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<tr>
<th>Division</th>
<th>Gifts &amp; Pledges</th>
<th>Total Paid</th>
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<tr>
<td>Division 1</td>
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<tr>
<td>Division 2</td>
<td>254,103.51</td>
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<tr>
<td>Division 7</td>
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It’s getting to be that time to think about showing appreciation for club officers and/or others. Would your club consider giving a Kiwanis award, i.e. Hixson or another award by making a contribution to Kiwanis Children’s fund? Your consideration would be very much appreciated!!

**TIME TO SPRING INTO ACTION - 3/29/2019**

*Submitted by: Sherry Scudder*

We have had crazy weather the last several months but Division 7 was able to open a new club in Bloomington. Since spring has sprung, our hopes are to open some more new clubs in April. Our plan is focusing on Prairie Eden, MN and Williston, ND.
We continue to have success with new members and we appreciate the members who are asking and signing them up. Below are the clubs who were lucky enough to gain new members and their sponsors:

Club/New Member/Sponsor

**DIVISION 1:** Devils Lake/ Lisa Crosby/ Louise Oleson
   Jamestown/ Caleb Wingard/ Amanda Thrift

**DIVISION 2:** Crookston Pioneer 100/ Terri Heggie/ Susan Sylvester

**DIVISION 6:** Pipestone/ Marissa Erdman/ Unknown
   Worthington/ Dee Bartosh/ Sharon Johnson
   Tracy/ Alexis Lexi/ Denise Clouse

**DIVISION 7:** North Suburban, St.Paul/ Jayne Bell/ Shannon Schuweiler
   Bloomington/17 new members/ Todd Levig, Steve Forseth, Dave Harms, and others from the District and KI

WAY TO GO DIVISIONS 6 & 7 IN ALL YOUR EFFORTS AND ACCOMPLISHMENTS.

Keep up the good work – REMEMBER KIDS NEED KIWANIS and by growing our membership, we can maintain our support to our kids, schools, and communities. Let’s spring into ACTION by asking your friends, business associates or whoever you meet who shares the same desire to serve our kids and our communities.

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**Minnesota Dakotas Kiwanis Education Foundation** - 3/29/2019  
*Submitted by: Jean Collins*

Century Club donations of at least $100 per club per year are very important. These donations help to grow our Minnesota Dakotas Kiwanis Education Foundation. It is important as only the earnings from the Foundation Funds are used to present scholarships. Scholarship applications have been judged and we are eagerly waiting to hear which of the talented High School seniors in Minnesota, South Dakota and North Dakota will be winning the scholarships. Foundation board members encourage Kiwanis Clubs and members to donate to the Foundation to further advance funds for scholarships.
Leadership is a main focus of Kiwanis. Some members have told me about how their employer encouraged them to join a Kiwanis club because Kiwanis is about leadership. This quality is important for their employees and their business.

Clubs sponsor Service Leadership Programs (SLP) in our schools to help develop leadership qualities with the youth. If we believe leadership is important for our SLPs, how important is it for our club members? What are we doing to develop these qualities with our members?

Now is when we are seeking new leadership for next year. This is what we should look for in a great leader: skilled listeners, problem solvers, passionate advocates, visionaries, change agents, master communicators and do-ers. Observe the club members as to who has these qualities.

Then prepare them for success: 1) People are more willing to commit when they know the expectations and responsibilities of the position explained to them; 2) Establish a club culture by being supported, educated and recognized for their achievements and 3) Provide education through Kiwanis, e.g. Club Leadership Education, Leadership Guide, online education modules and members teaching members.

So, when asking our club members to take a position of leadership, we need to let them know what we see in them that we believe qualifies them for the position(s).

Club members are valuable to not only the service mission of Kiwanis but the future of the clubs and organization. Let’s start developing club members into club leaders for our future.

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Changes to District By-Laws - 3/28/2019  
Submitted by: Denis Cornell, District Director of Administration

Any club, by a majority vote of its active members, may submit a proposed by-law change to be considered at any convention of the district. Any proposed change must be submitted to the District Secretary-Treasurer not less than sixty (60) days prior to the
date of the convention. The 2019 Minnesota-Dakotas District Convention will be held August 8-11, 2019 in Fargo, ND. Any proposed by-law change must be submitted to Steve Handegaard, MN-DAK District, Secretary-Treasurer, P.O. Box 735, Dalton, MN 56324-0735, no later than June 9, 2019.

Submitted by: Nancy Cornell, Builders Club Administrator

Congratulations to the Kiwanis Club of Jamestown, ND for stepping up and sponsoring our district’s 23rd Builders Club, Jamestown Middle School Builders Club, on March 11th. Sara Griego is the Kiwanis Club president and also the Builders Club Kiwanis advisor. Both clubs will benefit from this joint endeavor and so will the school and community. Wishing them both fun and excitement as they serve the children of their area.

Why Builders Club needs you:
Through Builders Club, you can
* Inspire students to believe in their ability to change the world.
* Help students develop self-confidence at a critical time in their lives.
* Encourage leadership that transforms ideas into meaningful action
* Generate a more caring and inclusive school climate.

Want to know more? Check out www.buildersclub.org It is not too late to start the process of sponsoring a Builders Club.
Please contact me with any questions or concerns.
nancyc2@centurytel.net or 507-346-2044
Pennies for Patients - 3/27/2019  
*Club: Early Risers, Worthington - Submitted by: Loreena Luetgers*

The K-Kids and the students from kindergarten through third grade celebrated their successful collection of monies for Pennies for Patients. Last year this group raised the most money for an entity in Minnesota.

The advisors had colorful printed posters with fun instructions to collect the coins: Monday was Pajama Penny Day to wear their pajamas with coins in their pockets; Tuesday was Neon Nickel Day to wear the brightest neon and bring in nickels; Wednesday was Dazzling Dime Day to wear something shiny or something that makes them unique; Thursday was Crazy Quarters Day to wear crazy hats and/or socks to school; and Friday was Team Up for Leukemia to wear their favorite team jersey or colors and all coins and dollars.

The goal was $7,500.00. The celebration and reveal of the amount raised was a Pie in the Face of the faculty with students. The gym was very loud when it was revealed that the students raised $9,682.84.00 in one week!

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North Suburban Golden K of St. Paul joins forces with 135 metro Kiwanians to build Dressers - 3/25/2019  
*Club: North Suburban Golden K, St. Paul - Submitted by: Ric Soderstrom, Sr.*

I can’t believe another year has passed since our club, the North Suburban Golden K Kiwanis Club of St. Paul, built dressers last. As Wendy Erickson, Bridging Volunteer Coordinator, got up on the steel ladder to introduce us to the day’s plans, I was struck by the fact that the Metro Kiwanis Clubs have been doing this for eight years now. Wendy gave us some interesting statistics to ponder for the day. Bridging serves furniture for homes at the astounding rate of 85 to 100 households per week. Bridging was started by Fran Heitzman in 1987 and his organization is known in the community as the “food shelf of furniture” by providing furniture and furnishings to help them transition out of poverty and homelessness and into dignity and stability.

On Saturday, March 23, 2019 once again the Metro area Kiwanis Clubs and their Key Club associates converged on the new Bridging location in Roseville to build dressers for the eighth consecutive year. Together we built 84 new dressers, a record for the event over the years. However, when you put it into perspective, that is only about a week’s worth of dressers given out by Bridging – Yes, a
week's worth! Every bit helps the community thrive and develop. It is great to see such support from the local Kiwanis and Key clubs - a great mix of men, women and young adults working together for a better community. This year, our club provided seventeen North Suburban Golden K Kiwanis of St. Paul volunteers, the most for this event this year, and provided money to purchase ten of the dressers built at this session. It is great to be a part of such a wonderful enterprise and support to the community. I'm pretty confident that we will be continuing the tradition by building more new dressers in years to come.

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**Lake Agassiz Kiwanis Member Saves Life with CPR Learned at Kiwanis Meeting** - 3/7/2019  
*Club: Lake Agassiz, Fargo - Submitted by: Kristi Engelstad*

On November 7th, Moorhead, MN resident Rusty Collins collapsed while shoveling snow near his driveway. Lake Agassiz Kiwanis member Riley Rude was working nearby in his skid steer – he happened to glance to his side and saw Rusty lying in the road. Riley knew something was wrong – he jumped out of his skid steer and ran over to help. As he arrived at John’s side, he asked another bystander to call 911. Riley realized John wasn’t breathing and immediately started CPR.

Once firefighters were on-scene they took over CPR and hooked Rusty up to an AED – a machine that looks at the heartbeat to see if the heart needs a shock. The firefighters continued CPR and shocked Rusty’s heart three times before paramedics arrived. Once the ambulance got there, it took three more shocks and many medications before they were able to get Rusty’s heart beating normally again.

Rusty was rushed to the emergency department – no one knew if he would survive. A typical cardiac arrest patient has about a 7 – 8% chance of survival, but since Rusty received immediate bystander CPR by Riley, his chances were quite a bit higher than that.

Slowly but surely, Rusty recovered; he is at home today thanks to Riley. The immediate CPR that Riley provided truly saved John’s life. Rusty would not be here today if Riley hadn’t known how to do CPR.

Riley first learned CPR at a Kiwanis meeting a few years ago - he said that because of the yearly CPR training that he received at the meetings and the recent class he took after having a baby, he felt
comfortable and confident doing CPR on Rusty.

Rusty and his wife Marjorie are especially grateful to Riley for saving John’s life; all of the emergency personnel that helped out on this call – F-M Ambulance, the Moorhead Fire Department and the Red River Regional Dispatch Center – agree that Riley is a hero – Rusty would likely not be here today if it weren’t for Riley starting immediate CPR. Riley Rude was awarded the F-M Ambulance Citizen’s Lifesaving Award for saving Rusty's life.

Riley and the Lake Agassiz Kiwanis club encourages all other clubs in our area and around the world to invite someone from their local ambulance service or fire department to come to a meeting and teach them hands-only CPR. It truly only takes a few minutes to learn how to save a life.