

# MINNEKOTAN

Minnesota-Dakotas District of Kiwanis International

No.19

April 2011

## IT'S SPRING: TIME FOR SOMETHING NEW

*04/01/2011 - District: Minnesota-Dakotas - Submitted by: Lowell Disrud, District Governor*

Even though there is yet another layer of fresh snow on the ground, as I write this it is officially spring. Soon the snow will be gone, birds will be singing, grass will be green, and new life will be budding all around us. What about Kiwanis? What can we do to make a new and refreshing atmosphere in our clubs and in each member's Kiwanis experience?

Soon we will have held our Governor's visit in all seven regions. What rewarding experiences these visits have been for all of us who participated. Each region is unique, yet all regional visits have had important ingredients in common; education, service projects, clubs sharing, fellowship, fund raising, meeting new friends and renewing friendships. I am always impressed and encouraged by the dedication and leadership of our active club members, club officers, and Lt.Governor teams.



We often talk about the Kiwanis family which includes Kiwanis clubs, Golden K, Circle K, Key Club, Builders Club, K Kids, and Aktion Club. No other service organization has such a family that provides service and leadership opportunities for people of every age and ability. As we participate in District Conventions and other activities of Circle K, Key Club, Aktion Club and other Service Leadership Programs (SLPs) I see more clearly how we really are "changing the world one child and one community at a time". Not only do we provide service by supporting one another and working together but we gain so much from each other. These clubs "suffer from the 3 E's" Energy, Excitement, and Enthusiasm. We can challenge ourselves to gain more of the 3 E's by supporting and working with one or more of the SLP's in your community.

District convention will be held in Sioux Falls, SD, August 5-7. Dr Wil Blechman, Past KI International President and founder of Young Children Priority One will be our keynote speaker. Dr Blechman is an energetic and entertaining speaker with a big heart for helping kids. In addition to his keynote address, Dr. Blechman will give workshops on Young Children Priority One and the worldwide service project, "Eliminate". Thank you to our Sioux Falls Kiwanis leaders who have been meeting regularly to make this a great convention and are working closely with our newly appointed Interim District Convention

Director, Ann Bakes-Dodge. Please put the convention on your calendar and plan to attend. It will be a great time for all.

It is spring. Our challenge as members of this great organization is for each of us to do something new and different to make our club bigger and better, to make our personal experience as a Kiwanian even more rewarding, and to share the Kiwanis spirit with others. PUT ANOTHER LOG ON THE FIRE

## Club Leadership Education Sessions

*04/01/2011 - District: Minnesota-Dakotas - Submitted by: Loreena Ennenga-Leutgers, District Director of Edu*



**Club Leadership Education (CLE)** classes are being scheduled for May and June in all regions. Every club secretary will be receiving a mailing in regards to the locations, dates, times and the contact person to send registrations.

**Attendees:** 2011-2012 club presidents, secretaries and treasurers.

**Reminder:** This is a requirement for their office. President-Elects for 2011-2012 and individual club members can attend.

**Registration:**

President	\$35.00
Secretary	\$25.00
Treasurer	\$15.00
Member	\$15.00

**Can I attend a CLE session in a different region?** YES, you may attend if a different date and location are more convenient for you.

### **Why should I attend?**

Information about Kiwanis and your position  
Discussion and learning time with other club members  
Receive the materials needed for the upcoming year  
Information about meetings, committees and club structure  
Goals, communication skills and working with people

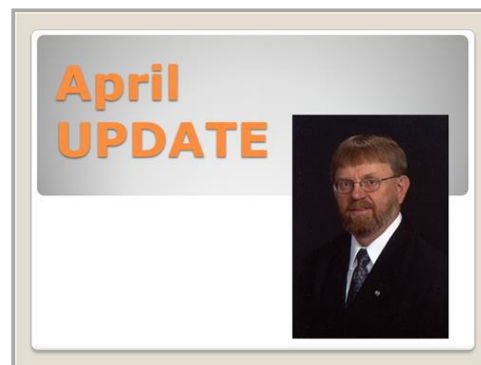
**Instructors:** Club Leadership Education instructors have completed a six hour training session and are eager to help each club. The district has a total of 14 individuals who have applied to be instructors: 12 are trained and 9 are new instructors.

The April issue of the Kiwanis magazine is featuring Club Leadership Education. It is through education of club officers and members that will enable Kiwanis to keep members and grow our clubs.

## April Update

*03/31/2011 - District: Minnesota-Dakotas - Submitted by: Steve Handegaard, District Sec/Treas*

**District Kiwanis Convention:** Mark your calendars....the Minnesota-Dakotas District Convention will be held August 4-7, 2011 in Sioux Falls, South Dakota. All clubs should be represented at this annual convention. More information will be coming soon!



**Monthly Club Reports:** Thanks again to club secretaries that submit their club reports online each month. Your reports provide very valuable information to the district officers and Kiwanis International. (Reminder to club secretaries: Be sure that your club monthly reports are submitted online by the 10th of each following month.)

**Club Elections:** Just a reminder that your club election results will be due June 1st. Club secretaries should submit the club election reports online through the same KiwanisOne webpage that we use for monthly club reporting.

**Kiwanis International Convention- Geneva:** Besides registering for the convention, be sure to report your club's two International Convention delegates and two alternates to the International Office by April 30 on the Delegate Certification Form. Be sure to send copy to the District Office. All club secretaries should have received the necessary forms, but if you need another copy you can find it on the Kiwanis International Convention website.

**Lt. Governor Education Conference Planned:** Governor Elect Denis Cornell, along with the Lt. Governor team for the upcoming 2011-2012 Kiwanis year will be meeting April 30-May 2 in Fergus Falls. They will be learning more about their role on the district level and developing district plans and goals.

**District Kiwanis Foundation Board and Past Governors Meeting:** Both of these groups will be meeting May 13-14 in Fergus Falls.

As always, think Membership Growth at all times! Only through maintaining and growing our membership can we be the vibrant service organization that is truly "Serving the Children of the World".

**Minnesota-Dakotas District Kiwanis Office Contact Information:**

Minnesota-Dakotas District Kiwanis Office

P.O. Box 735, Dalton, MN 56324-0735

Phone: 218-589-7581

Email: [secretary@mndak-kiwanis.org](mailto:secretary@mndak-kiwanis.org)

## **New District Appointments**

*03/31/2011 - District: Minnesota-Dakotas - Submitted by: Steve Handegaard, District Sec/Treas*

**Hats off to these two individuals!** Ann Backes Dodge is stepping down from the District Circle K Administrator position and taking on the new responsibility of Interim District Kiwanis Convention Director. Special thanks to Ann for all of her past work with Circle K and congratulations to Ann as she transitions to her new position as Convention Director.

Matthew Schuweiler has been appointed to fill the District Circle K Administrator position. Congratulations Matthew!



(Pictured are Ann Backes Dodge and Matthew Schuweiler.)

## Club Bulletin/Newsletter and Club Brochure Contest

*03/30/2011 - District: Minnesota-Dakotas - Submitted by: Colleen Hyde, District Administrative Director*

### **CLUB BULLETIN/NEWSLETTER, 2010:**

A club bulletin/newsletter is a periodical document that informs club members and others of news and happenings from within the club, region, district, and international organization that would be of interest to the reader. It will be judged in a number of areas, such as appearance, reports, programs, sponsored youth, service projects, activities, education, entertainment, etc.

Entries will be judged in the following categories:

White Category: 30 members or less

Blue Category: 31-45 members

Orange Category: 46-70 members

Silver Category: 71-100 members

Gold Category: 101 and over members



There will be one regional winner in each category in which there are any entries. Two copies of the winning entries will be sent on to the district for further judging.

Up to 3 district winners will be awarded in each category. The district will choose one "Best Overall Club Newsletter/Bulletin". Winners will be announced at the District Convention.

### **Entries must be sent to the Regional Administrative Director by June 1.**

Send two (2) copies of each of three (3) issues of your club bulletin/newsletter to the person listed below for your region. Include club name, club size, region, and name, address, phone, and e-mail of a contact person for your club.

### **CLUB BROCHURE CONTEST, 2010:**

A brochure is a document that is used to explain what a Kiwanis club is and does. It is used as an advertising and publicity tool, and contains general information about the club. It should be easy to read, attractive, and informative. Kiwanis International Objects should be included along with club goals and a history of service activities. Information must be accurate and up-to-date.

Only one winner will be selected from each region. The district winner will be selected from the regional winners, and will be announced at the District Convention.

### **Entries must be sent to the Regional Administrative Director by June 1.**

For the club brochure contest, send only one copy to the name listed below, and include club information (club name, region, and name, address, phone, and e-mail for a club contact person).

**Entries for both contests should be sent to the following people in each region:**

Regional Administrative Director/Lt. Gov.

Region 1: Sheri Haugen-Hoffart, Lt. Gov., [sherihaugen66@hotmail.com](mailto:sherihaugen66@hotmail.com)  
9200 33 St. SE, Bismarck, ND 58504 R (701) 223-0336

Region 2: Colleen Hyde, 1708 19th St. S. Moorhead, MN 56560 [hyde@cord.edu](mailto:hyde@cord.edu)  
R (218)233-0508

Region 3: Joe Hesch, Lt. Gov., 3854 East Superior St. Duluth, MN 55804  
[jhesch@aol.com](mailto:jhesch@aol.com) R (218)525-2857

Region 4: Barry Furze, 1233 Deadwood St., Sturgis, SD 57785 (605)720-5496  
[bfurze@rushmore.com](mailto:bfurze@rushmore.com)

Region 5: Randy Hohn, 5412 W Deer Creek Dr, Sioux Falls, SD 57106  
[radhohn@sio.midco.net](mailto:radhohn@sio.midco.net)  
Fax (605)334-6499 R (605)361-8769

Region 6: David Fairbrother, 620 13th St. SE, Owatonna, MN 55060  
[muffins3@charter.net](mailto:muffins3@charter.net) (507)451-5939

Region 7: Colleen Michels, 2165 Granite Circle NW, Rochester, MN 55901  
(507) 286-7847 [cbmichels@charter.net](mailto:cbmichels@charter.net)

## **Are you committed?**

*03/29/2011 - District: Minnesota-Dakotas - Submitted by: Denis Cornell, District Governor-Elect*

As Kiwanians we commit to abide by the Defining Principle that: "Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time". Additionally we commit to the six Objects of Kiwanis:

1. To give primacy to the human and spiritual rather than to the material values of life.
2. To encourage the daily living of the Golden Rule in all human relationships.
3. To promote the adoption and the application of higher social, business, and professional standards.
4. To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.
6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.

Webster's defines commit as: "to obligate or pledge oneself". We commit to participation in the activities of our club, our district and Kiwanis International. As a club member we commit our time and talents to service projects, club meetings, fundraising activities, the



administration of the club and to the support of regional and district activities.

District officers (Governor, Governor Elect, Past Governor, Secretary/Treasurer, Lieutenant Governors, Lieutenant Governors-Elect, Past Lieutenant Governors, Directors and Administrators) commit to provide assistance to clubs to ensure success and to the administration of the district. District officers carry an additional level of commitment in that they agree to additional duties which require time and travel to provide support to clubs as well as attendance at board meetings, training activities, and district and international conventions.

I encourage each of you to consider the commitment which you have made as a Kiwanian. Keep the Defining Principle of Kiwanis in the forefront of your mind and review the Objects of Kiwanis on a regular basis. The children of the world need Kiwanis and we have committed to change the world one child and one

community at a time. Are **YOU** committed?

## Region 2 Governor's Visit held 3-26-11 in Wahpeton, ND

*03/28/2011 - Division: Division 02 - Submitted by: Mary Sieling, District Service/YCPO Director*

The Region 2 Governor's visit was held on Saturday, March 26, 2011 at the NDSCS Campus, Wahpeton, ND. Kiwanians were asked to join the the March for Babies walk held on the NDSCS campus. Thank you to those Kiwanians that participated in the Walk. It was a fun couple of hours with a good lunch immediately thereafter.

The Walk proved to benefit all the Kiwanians as it provided time to visit and network with fellow Kiwanians.

After the Walk, Kiwanians held their meeting in which Governor Lowell Disrud, District Secretary Steve Handegaard, Immediate Past Lt Governor Colleen Hyde, Lt. Governor Elect Dave Odette and current Lt Governor Dave Roehl had roles in speaking to the Kiwanians about various topics including the Service Programs available, the Eliminate Project, the different awards being presented at Convention, Webinars, and upcoming CLE trainings.

The fellowship together with the service project made the day very worthwhile. The Kiwanians in the picture are centered in the back of the photo.



Thank you to Karin Roseland and Sam Frobig-Larson with the March of Dimes office in Fargo and members of the South Point Kiwanians for arranging the walk.

## NOW IS THE TIME

03/27/2011 - District: Minnesota-Dakotas - Submitted by: Chuck Schroder

With the disaster in Japan and all of the floods that are happening right here in our own district, NOW IS THE TIME for your club to step up and send in your annual club gift to



the International Foundation. The suggested amount is \$5.00 pr member. We know that there are going to be requests coming in for help and we need the funds to help where we can. We also need to be able to help our Key Club and Circle K members with their education and

to be able to fund the grants that have been requested. We here in our district have been granted two more grants this time around and I know that there are several clubs out there that have projects they could use help with. We also receive 5% of the money back to the district in cash and we use this for the convention honors reception and the printing of the foundations book. So please help by having your club send in their ANNUAL CLUB GIFT if they haven't done so.

Also, the Kiwanis International Foundation has set up a line item for disaster relief for Japan. With so many scams happening and people loosing their money to a scam, you now can send you money to KIF and they will see to it that is used right. All you need to do is indicate on your check or in a letter that the money is to be used for the relief of Japan. Thank you all for your help, "TOGETHER WE CAN MAKE IT HAPPEN'.

## American Academy of Pediatrics update on Car Seats

03/24/2011 - District: Minnesota-Dakotas - Submitted by: Mary Sieling, District YCPO Chairperson

### AAP UPDATES RECOMMENDATION ON CAR SEATS

*Children should ride rear-facing to age 2, use a booster until at least age 8*

*Below is a policy appearing in the April issue of [Pediatrics](#), the peer-reviewed, scientific journal of the American Academy of Pediatrics (AAP).*

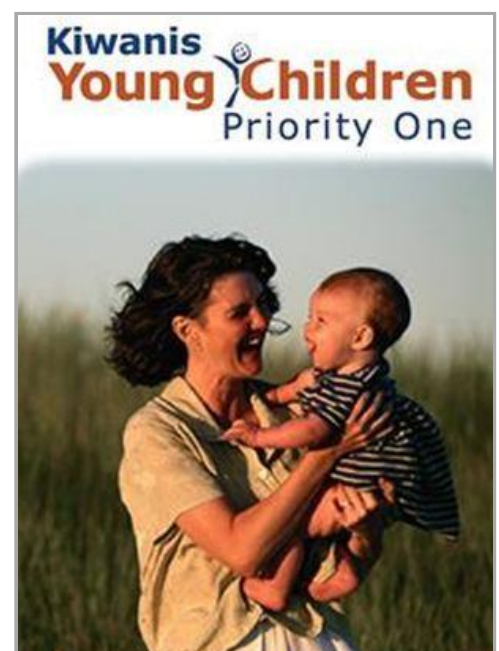
**For Release:** Monday, March 21 , 2011 12:01 am (ET)

New advice from the American Academy of Pediatrics (AAP) will change the way many parents buckle up their children for a drive.

In a new policy published in the April 2011 issue of *Pediatrics* (published online March 21), the AAP advises parents to keep their toddlers in rear-facing car seats until age 2, or until they reach the maximum height and weight for their seat. It also advises that most children will need to ride in a belt-positioning booster seat until they have reached 4 feet 9 inches tall and are between 8 and 12 years of age.

The previous policy, from 2002, advised that it is safest for infants and toddlers to ride rear-facing up to the limits of the car seat, but it also cited age 12 months and 20 pounds as a minimum. As a result, many parents turned the seat to face the front of the car when their child celebrated his or her first birthday.

"Parents often look forward to transitioning from one stage to the next, but these transitions should generally be delayed until they're necessary, when the child fully outgrows the limits for his or her current stage," said Dennis Durbin, MD, FAAP, lead author of the policy statement and accompanying technical report.



“A rear-facing child safety seat does a better job of supporting the head, neck and spine of infants and toddlers in a crash, because it distributes the force of the collision over the entire body,” Dr. Durbin said. “For larger children, a forward-facing seat with a harness is safer than a booster, and a belt-positioning booster seat provides better protection than a seat belt alone until the seat belt fits correctly.”

While the rate of deaths in motor vehicle crashes in children under age 16 has decreased substantially – dropping 45 percent between 1997 and 2009 – it is still the leading cause of death for children ages 4 and older. Counting children and teens up to age 21, there are more than 5,000 deaths each year. Fatalities are just the tip of the iceberg; for every fatality, roughly 18 children are hospitalized and more than 400 are injured seriously enough to require medical treatment.

New research has found children are safer in rear-facing car seats. A 2007 study in the journal *Injury Prevention* showed that children under age 2 are 75 percent less likely to die or be severely injured in a crash if they are riding rear-facing.

“The ‘age 2’ recommendation is not a deadline, but rather a guideline to help parents decide when to make the transition,” Dr. Durbin said. “Smaller children will benefit from remaining rear-facing longer, while other children may reach the maximum height or weight before 2 years of age.”

Children should transition from a rear-facing seat to a forward-facing seat with a harness, until they reach the maximum weight or height for that seat. Then a booster will make sure the vehicle’s lap-and-shoulder belt fit properly. The shoulder belt should lie across the middle of the chest and shoulder, not near the neck or face. The lap belt should fit low and snug on the hips and upper thighs, not across the belly. Most children will need a booster seat until they have reached 4 feet 9 inches tall and are between 8 and 12 years old.

Children should ride in the rear of a vehicle until they are 13 years old.

Although the Federal Aviation Administration permits children under age 2 to ride on an adult’s lap on an airplane, they are best protected by riding in an age- and size-appropriate restraint.

“Children should ride properly restrained on every trip in every type of transportation, on the road or in the air,” Dr. Durbin said.

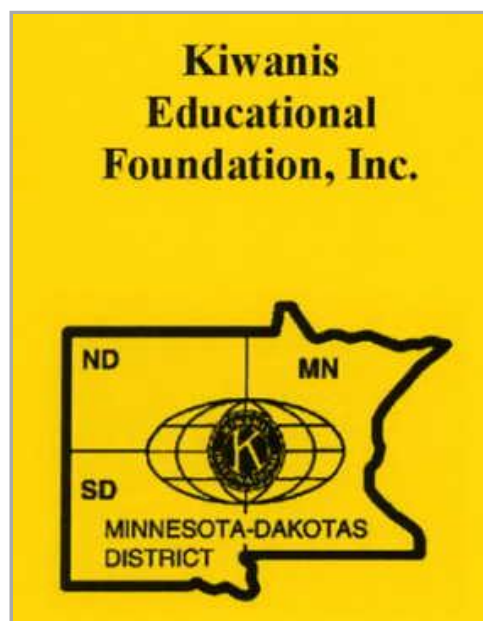
[Car Seats Policy](#)  
[Car Seat Technical Report](#)

A car seat guide for parents is available at [Click here](#)

*The American Academy of Pediatrics is an organization of 60,000 primary care pediatricians, pediatric medical subspecialists and pediatric surgical specialists dedicated to the health, safety and well being of infants, children, adolescents and young adults.*

## **CENTURY CLUB - Minnesota-Dakotas Educational Foundation**

*03/16/2011 - District: Minnesota-Dakotas - Submitted by: Dale Carlson*



Century Club donations to the MN-DAK District Kiwanis Educational Foundation have been coming in but we still have many clubs that have not responded. As of this date we have 28 clubs that have donated \$100.00 to the Century Club Fund for this Kiwanis year. We have three other clubs that have donated lesser amounts than \$100.00. We have a total of \$2950.00 contributed so far this year toward the Century Club.

Difficult economic times are an issue for everyone but especially for students. Students need our help more than ever. Scholarships to be awarded by the MN-DAK District Kiwanis Educational Foundation for the 2011-12 college year have had to be reduced by \$50.00 per scholarship compared to the 2010-11 college year and this will be \$100.00 less than the 2009-10 college year. These reductions have been due to a poor return on investments and decreased giving by clubs and



individuals. Please encourage your club to become a "Century Club" or continue to be a sustaining member of the "Century Club."

Because its only function is providing scholarship funds for graduating high school seniors, the MN-DAK District Kiwanis Educational Foundation offers an on-going youth service project for every club.

A Kiwanis Club in the Minnesota-Dakotas District becomes a Century Club member with a contribution of \$100.00 which can be taken from Youth Activities funds, Project Profit funds, or Administrative funds, whichever is most convenient.

In recognition of the gift the club will receive a Foundation patch for its banner and will be listed publicly with other Century Club members. Many clubs which are already Century Clubs sustain their membership with an annual contribution of \$100.00 and receive additional recognition for their gift.

Please contact: Jack Zierdt, Secretary/Treasurer  
Kiwanis Educational Foundation  
914 Southern Pine Ln. SW  
Rochester, MN 55902

to contribute to the "Century Club" or to get information and forms pertaining to the "Century Club" or other MN-DAK District Kiwanis Educational Foundation programs. You may also find the information and forms on the MN-DAK District Web Site. [CLICK HERE FOR CENTURY CLUB DONATION FORM](#)

## Club News

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### Pennies for Patients

*03/25/2011 - Club: Early Risers, Worthington - Submitted by: Dale Carlson*

The Worthington Prairie Elementary School K-Kids Club recently completed a very successful drive for the Pennies for Patients program. During the months of February and March the K-Kids sponsored a fundraiser to collect money for the Leukemia and Lymphoma Society. Each classroom brought in change to help the Leukemia and Lymphoma Society to help children in Minnesota with cancer. Prairie Elementary School via the K-Kids Club raised a grand total of \$1,712.24.



Zach Dingmann and Stephanie Fletcher, 4th grade teachers at Prairie Elementary School, are the school advisors for K-Kids. Dale Carlson, Worthington Early Risers Kiwanis Club, is the club advisor to K-Kids.

### Dale Carlson Receives Friend of Education Award

*03/18/2011 - Club: Early Risers, Worthington - Submitted by: John Moe*

**Dale Carlson Receives the Friend of Education Award**



One of the great joys of being a Kiwanis member is the privilege I have to associate with outstanding contributors to the life of our community. Dale Carlson has been a trusted and energetic leader of the Early Risers Kiwanis Club in Worthington MN since its inception in 1968. He was a charter member of the Early Risers and has served three times as club president (including its current president) in addition to serving as a Lieutenant Governor and Governor of the MN-DAK District.

At the heart of Dale's passion is children and education. This was officially recognized in February at the Worthington Area Chamber of Commerce banquet where he received the *Friend of Education Award*.

Dale and his wife, Joanne moved to Worthington in 1964, taking a position as biology teacher at Worthington High School. Two years later he became a biology professor at the then-Worthington Community College (now Minnesota West Community and Technical College - Worthington campus). From 1987-1998 he served as either Dean of Academic Services or as Executive Vice President of Academic Services.

However, education has been more than an occupation for Dale. Throughout the years he has worked endlessly to enhance learning and community involvement in the hearts of children and youth. His only hope is that others will be encouraged to experience the

same joy and fulfillment that has marked his career in education and forty-three years in Kiwanis.

Dale's Kiwanis high-point began in 2001 when Prairie Elementary opened in Worthington. He saw this as an opportunity to help charter a K-Kids Club to teach students the fun and satisfaction of serving their school and community at an early age. Approximately seventy third- and fourth-graders meet twice each month with several Early Risers club members and academic advisors from their school to tackle various projects that show adult observers that one can make a difference no matter what their age. Dale also helped charter a similar Kiwanis youth club at Worthington Middle School.

Dale also helps with the Early Risers QWIK (Quality Work Inspires Kids) Awards. These awards are presented monthly by the principal and members of Early Risers to students at Prairie Elementary in public ceremonies in recognition of goals (both academic and personal) that they have achieved during the past month in coordination with their teachers.

Further, Dale's volunteer efforts do not stop here! He is a board member of the Minnesota West - Worthington Campus Scholarship Fund as well as president of the American Lutheran Church Scholarship Fund. In addition, he is president of the Minnesota-Dakotas Kiwanis Educational Scholarship Foundation. As exhausting as his involvement may seem to one of us, Dale does not see his efforts as anything special. "I get so much enjoyment out of helping students have the opportunity to get an education. I feel that people should try to give back to the community, and I try to do that." Dale truly epitomizes the heart of Kiwanis. He is playing a distinguished role in making Worthington what I like to call a "Kiwanis Star" community. It is an honor for me to know him and receive inspiration from him.

John Moe  
Early Risers Kiwanis Club  
Worthington MN

## Minot Golden "K" Presents Check

*03/15/2011 - Club: Minot, Golden K - Submitted by: Richard Sabol*

Minot Golden "K" President (North Dakota), Don Kasper, presented a check to YWCA Board President Molls Romine, to help with the Y's capital Improvement program. The YWCA is doing a major renovation of their downtown facility by adding and updating new rooms and family friendly areas.



## Sioux Falls East Kiwanis Club To Celebrate 50 Years

03/13/2011 - Club: Sioux Falls East - Submitted by: Chuck Schroder



Sioux Falls East Kiwanis Club cordially invites you come and help celebrate their 50th year anniversary on April 30th 2011. The celebration will be held at Cherry Creek Grill located at 3104 E. 26th St. Sioux Falls,SD in their banquet room.

Dinner will be at 6:30 p.m. with entertainment and a guest speaker. A social hour will follow. Tickets are \$20.00 pr person. Come and have an enjoyable evening of fellowship with fellow Kiwanians and old friends.

Please RSVP to:  
E.Chuck Schroder  
124 S. 7th Ave.  
Brandon, South Dakota 57005  
(605) 582-6363  
E-Mail = [ecschröder@alliqncecom.net](mailto:ecschröder@alliqncecom.net)

Yours In The True Spirit of Kiwanis  
Mike Simpson, President