From the
GOVERNOR
2019–20

Phase 4! Illinois is now more open than it has been for four months. Groups of 50 or less are permitted to gather, with certain precautions. Kiwanis Clubs of less than 50 members present should now begin meeting and planning for the remainder of this year and for the next. Please, practice social distancing and wear face coverings. I think Kiwanis International should develop a face covering with a zipper in the front for those meetings where food and drink are served. Just a thought.

This pandemic has changed much in our lives and in that of those we serve. I would encourage each club to evaluate on-going service projects and fundraisers to determine the necessary changes needed. We may discover new areas of service through such evaluation. For those clubs that have not recently conducted a Community Survey, now would be a good time. A new service project, one that will capture the attention of club members and the community, is an excellent way to attract new members while serving kids.

Speaking of kids, our District Key Club Board will be “connecting the K’s” during the remainder of this year. That is, Key Clubs will be communicating with Builder’s Clubs and K-Kids to encourage them to continue as members of the Kiwanis Family. They realize their future members reside in those organizations. Adult Kiwanis Clubs should also Connect the K’s. Visit or communicate with Key Clubs and Circle K Clubs in your area. Encourage them to continue in the Kiwanis Family after graduation. Also, encourage them to invite their family members to become members of Kiwanis. As you already know, each Kiwanian, on average, serves 206 kids each year. This pandemic has made it more important for us to serve than at any time in modern history. We need members and we need our members involved!

Strong clubs imply strong leaders. Strong leaders are created, not born. To be a strong leader, one must be educated, committed, and positive. Attend President and Secretary Officer Training this year and discuss how the pandemic has impacted your leadership role. If you have attended in the past, this year is your opportunity to pass along your knowledge to those new to leadership positions. We all have a responsibility to pass it on. Please take this responsibility seriously.

On another note, the International Council met on July 25 to conduct the business of Kiwanis. Members of the Council are current members of the International Board of Trustees, past International Presidents, and current Governors. Candidates for an International Office will also be present or will submit a video (see page 5 for election results). The Council conducted elections and considered resolutions but did not vote on any bylaw amendments. Those amendments will be presented at the 2021 International Convention.

This has been an unusual year. The virus has caused us to shelter in place. No one knows what the future will hold, but we can only hope things will improve soon. I know this Class of Lt. Governors does not have a quitter among them. As circumstances allow, let us finish this year strong. Projects started in July, August and September do not have to conclude by September 30, the end of this Kiwanis year. Building new clubs or adding members to existing clubs will be welcome no matter which year it happens. We serve kids and Kiwanis rather than a Governor or a period of time. Let us share our love of kids with those not fortunate enough to be members of this organization, yet.

CHARLES SMITH
I-I DISTRICT GOVERNOR
2020–21 Lt. Governor training weekend has been rescheduled to August 28–30, 2020 at Holiday Inn Bloomington-Normal in Normal, IL. We still need Lt. Governors for Divisions 24, 28 and 33. If you are a club member in one of these divisions and are interested in serving as Lt. Governor, please contact Governor Elect Mark Petersen at mdpetersen131@gmail.com. Just ask any current or past Lt. Governor, and they’ll tell you it’s an opportunity you’ll really enjoy!

Club Election Reports for the 2020–21 year were due online by June 1, 2020. If your club has not yet completed your Club Officer Elections for the 2020–21 year, inquire with your current President or Secretary to see when that will occur. This needs to be completed immediately so the new incoming officers can receive their Leadership Guides. This is where we receive this information to send them out ASAP.

President and Secretary education sessions (formerly known as CLE) have been going great! We will be hosting two more training sessions in September for both Presidents and Secretaries. Hope to see ALL clubs participate in this training. The information is found on page 6.

Thanks to all of you for your willingness to lead your Kiwanis Club for growth and service to the children of your communities. I hope each of you will take advantage of the upcoming leadership development opportunities at the training sessions.

ANNUAL I-I District Convention Cancelled August 6–9, 2020

It is with a heavy heart that the Illinois-Eastern Iowa District Board announces the cancellation of our District Convention that was to be held August 6–9, 2020 in Bettendorf, Iowa. The board declared a condition of emergency exists because of the COVID-19 pandemic. The board concluded that conducting a convention for the 2019–20 administrative year would be inadvisable and impracticable because of the health threat to Kiwanis members, their families and all individuals traveling to and from convention.

The District will be conducting the 2019–20 District Board meeting on Saturday, August 8 at 9:00AM, to approve the consent and action agendas. The board will receive the usual Board Package that will include all the committee reports to replace the informational portion of the agenda. VIA ZOOM, meeting details will be forthcoming in early August, possibly before this Illeiowan issue arrives.

The District will be conducting the Kiwanis Neuroscience Research Foundation program on Saturday, August 8 at 10:30AM. This will include a researcher presentation and a virtual Parade of Love presentation. Again, VIA ZOOM, meeting details will be forthcoming in early August.

The District Bylaws include provisions for how to conduct the business of the District which normally happens at the House of Delegates. In accordance with the District Bylaws, the District will be conducting the business of our typical House of Delegates session with the District Delegates-at-Large, which includes District Officers, District Board and Past District Governors. This meeting will be held on Saturday, August 8 at 1:00PM and will include the District Governor-Elect election, the District Governor election, a resolution for endorsement to run for Kiwanis International Trustee in 2021, approval of Bylaw Amendments, a proposed amendment change to the Kiwanis International Bylaws and Governor Charles’ farewell speech. VIA ZOOM, meeting details will be forthcoming in early August.

All proposed Bylaw amendments and candidate information is posted on the District website at: https://ikiwanis.org/(X(1S(twqmu5etybcqyn5wt5hkh))/Page/22734.

ANDREA RAYCRAFT
I-I DISTRICT EXECUTIVE DIRECTOR

Virtual DCON Workshops!

2020 virtual district convention workshop library created by the Kiwanis International staff

https://www.gotostage.com/channel/2020virtualdconworkshops

Learn to cultivate servant leaders, create growth partnerships, achieve club excellence and MORE!
Alpine Kiwanis Club of Rockford has been awarding scholarships to local high school graduates since 1985. In honor of Ward Sterett, who established Alpine Kiwanis and was the Charter President, the name was changed to Alpine Kiwanis-Ward Sterett Memorial Scholarships.

This year ten scholarships were recently presented to the recipients via a Zoom meeting. In addition, a special scholarship to pursue nursing was presented by the family of Chuck Lantz. Lantz had been a member of Alpine Kiwanis since 1983. Both Sterett and Lantz were very active in Alpine Kiwanis as well as in the community.

Funding for scholarships is from the Alpine Kiwanis Club Scholarship Fund of the Community Foundation of Northern Illinois and the hard work and dedication of the Alpine Kiwanis members as well as community volunteers during our annual Brat Days event. The club is thrilled to award these scholarships each year to the outstanding youth for their commitment to their scholastic endeavors as well as their energy devoted to meaningful community service.

The following graduating high school seniors were recently selected as scholarship recipients:

- Paige Lambright, Belvidere North and RVC
- Caitlin Corso, Belvidere North
- Allison Lowtharp, Winnebago
- Brandon Harmsen, Guilford
- Kaycia Zimmerman, Winnebago
- Alexis Belvidere, North Boone
- Joshua Lamkin, Boylan
- Jacob Link, Hononegah
- Jenna Shattuck, North Boone
- Isabella Eitmontas, Hononegah
- Doris Russo, Guilford

Recipient of Nursing Scholarship/Chuck Lantz Memorial

Go to shopkiwanis.com to order yours. You can even choose to customize it with your club’s name!

Order soon—demand is high.

Kiwanis face masks will also be available at the Kiwanis Family Store in August.

Currently available exclusively at the Kiwanis Family Store:

- Kiwanis-branded fabric labels. If you’re a DIY-crafts type, they’re great additions to your own face masks. They also add a perfect finishing touch to DIY projects such as hygiene kits.

When you have to be out in public, why not show your Kiwanis pride?!

https://shopkiwanis.com/product/89204
Art Riley was elected president of Kiwanis International, Peter Mancuso was elected president-elect and Bert West was elected vice president during Kiwanis International Council, a special meeting of the board of trustees, past presidents, current district governors, the European Federation president and the Kiwanis Asia-Pacific chair. The Kiwanis International Board convened the Council on July 25, 2020, due to the cancellation of the 105th Kiwanis International Convention.

“The events of 2020 dictate that we look ahead with determination and optimism,” said Art Riley, 2020–21 president. “The air of uncertainty caused by the COVID-19 virus demands we examine our values more than ever. In the coming year I will work to transform Kiwanis through membership growth, more focused youth leadership education and greater attention to diversity and inclusion.”

All new officers for 2020–21 are:

Art Riley
President

Peter Mancuso
President-elect

Bert West
Vice President

Kip Crain
U.S. & Pacific Canada Trustee

Chuck Fletcher
U.S. & Pacific Canada Trustee

Michael Mulhaul
U.S. & Pacific Canada Trustee

Michel Fongue
At-large Trustee

Trustees from the Asia-Pacific District were elected during the Asia-Pacific District Convention held in Nepal in March. They are Buheita Fujiawara of Tokyo, Japan, and Wilfredo G. Aguilar of Koronadal City, South Cotabato, Philippines.

Click here to learn about all candidates.

Additionally, council voted to memorialize past international presidents who died in the past year, including:

Ray Lansford, 1984–85
Frank DiNoto, 1986–87
John Button, 2014–15
Florencio “Poly” Lat, 2018–19

Executive Director Stan Soderstrom addressed the challenges presented by the pandemic.

“Our inability to predict where we will be three months from now has never been more difficult,” Soderstrom said. “We are not necessarily in crisis, nor are we in the midst of a calamity or impending disaster. We need to properly assess the environment in which we exist.”

During the evening portion of council, attendees and viewers were able to “Celebrate Great” during two awards ceremonies.

Council presented eight districts with Distinguished Awards for the 2018–19 administrative year, noting that the districts achieved a net gain in membership. There were 433 new clubs formed to help children and communities that year.

Additionally, council presented awards to districts that won the Signature Project Contest and Recognition. Winners are:

Tier I winners

GOLD—Kiwanis Club of Oak Lawn Area, Illinois-Eastern Iowa District, Feed 6 Mega Event

BRONZE—Kiwanis Club of the Adelaide Hills, Australia District, Kiwanis Book Shop

Tier II winners

GOLD—Kiwanis Club of Prescott, Southwest District, Live Annual Auction

SILVER—Kiwanis Club of Ames-Town and Country, Nebraska-Iowa District, Teen Maze

BRONZE—Kiwanis Club of Mansfield, Ohio District, Friendly House

Soderstrom challenged members to be innovative when finding ways to meet, fundraise and support children in their communities. “We may not be able to predict the future, but we can begin to predict the skills we will need to survive and we can recognize that change is on the horizon,” he said.

“It has been a difficult second half of the Kiwanis year,” said 2019–20 Kiwanis International president Daniel Vigneron. “We have lost members to the pandemic and it has not been easy for our clubs to meet. Some of our initiatives have been put on hold, including training for expansion in Africa. I know that coming through this we will be stronger in the future. The transition of leadership to Art Riley and Peter Mancuso will put Kiwanis in a position to move our organization forward.”
Take your club’s leadership to new heights!

2020 President & Secretary Education
Preparing Leaders for 2020–21 and Beyond

Who Should Attend?
Presidents     Secretaries     Treasurers     Membership Chairs
Presidents-Elect Asst. Secretaries Asst. Treasurers Membership Committee

2020 Education Instructions
1. Complete Kiwanis International virtual education class for President, Secretary, Treasurer and/or Membership
   You MUST complete this training first PRIOR to the district training
2. Complete one Illinois-Eastern Iowa District Zoom education class for President and/or Secretary
   Pre-Registration is required at: https://iikiwanis.formstack.com/forms/2020kiwaniseducation
The President AND Secretary of each club are required to complete both steps above to achieve Distinguished Status for the Kiwanis 2020–21 year.

International Virtual Education Training
The live training sessions were held the week of June 8, 2020. Please click on the link below to see register for and see a recorded training for each leadership position.
Recordings are now available for you to view at your leisure. You can access them here https://www.gotostage.com/channel/3ef013995eb2493881c15113d3a6e6eb

Illinois-Eastern Iowa District Virtual Education Training
The following are the Illinois-Eastern Iowa District Club Leadership Zoom Sessions. You MUST register for these on the website link listed below. You will receive the Zoom link via email the day of your registered session.

LAST CHANCE! Click here to register for District Training!

President District Zoom Session
Thursday, September 17    7 PM
Monday, September 21    7 PM
Saturday, September 26    9 AM
Tuesday, September 29    7 PM

Secretary District Zoom Session
Thursday, September 17    7 PM
Tuesday, September 29    7 PM

Questions? Contact for questions is Master Instructor Chair Kevin McConnell at kimcconnell@msn.com.
Since families are now spending more time together at home with their young children and reading aloud time-honored, classical picture books that were favorites when they themselves were children, such books have become frequent choices. Classics are books that capture young children's interest, imagination and sense of wonder so intensely that they ask to hear them read aloud again and again.

An excellent example of a classical picture book is *Make Way For Ducklings* by Robert McCloskey, published in 1941, and winner of that year's prestigious Caldecott gold medal for the best-illustrated children's book. It is a delightful tale of Mr. and Mrs. Mallard who search for a perfect location to start a family. They finally settle down on the banks of the Charles River in the greater metropolitan Boston area. After laying eight eggs, Mrs. Mallard patiently sits on her nest until one wonderful day the eggs crack open, one by one, and out pop the ducklings Jack, Kack, Lack, Mack, Nack, Ouack, Pack and Quack.

Mr. Mallard decides to explore the rest of the river and tells his family he will wait for them on a small island in the middle of a large pond in Boston's Public Gardens. Mrs. Mallard begins to teach her ducklings how to dive into the water to search for fish and also how to waddle behind her in a straight line. When her young family is ready, Mrs. Mallard and her ducklings begin their journey to the small island. Oh, no! When they cross the busy streets of Boston, cars honk horns and screech to a stop! Friendly policemen come to the rescue and stop all traffic while Mrs. Mallard and her ducklings waddle across streets and safely arrive at their new home.

McCloskey's stunning, earth-tone sketches capture the expressive faces and body language of the duckling family and invite the reader and listener to take a closer look at each duckling. The final illustrations were the result of the painstaking, preliminary effort by McCloskey who initially purchased four live ducks, brought them home to his apartment, put them in a bathtub filled with water, observed and sketched them for many hours before he was satisfied with the final result of the various expressions and waddling of the duck family in his award-winning children's book.

Recently, the 75th anniversary publication of *Make Way For Ducklings* became available for purchase online for the enjoyment of a brand new audience of young children.
The Tuscola Kiwanis Club looks for community service projects to help and meet needs of residents, particularly children. They found one earlier this year at the RISE Behavioral Health & Wellness (RISE) facility in Tuscola. RISE is a private, not-for-profit facility with a mission to provide quality services in a comfortable, empathic environment to persons suffering from a mental illness or emotional disturbance and to return them to a higher quality of life. The organization provides many services to adults and children in Tuscola and Douglas County. One of its focuses is providing services and activities for children. The RISE outdoor basketball court was too small and the equipment weathered. Project co-chairs...
No Matter How You Slice It, Frankfort Kiwanis Feeds Healthcare Workers

On June 11, the Kiwanis Club of Frankfort along with Kiwanian Paul Baio, owner of Palermo’s Pizza in Frankfort, delivered 80 slices of pizza to the healthcare workers at the Clarendale Independent and Assisted Living Center in Mokena. They have been working very hard to keep our senior citizens healthy during COVID-19. Members assisting with the delivery include Division 23 Lt. Governor Sam Giordano, President Jim Humenik, Past President Bill Burn, Secretary Michael Scott Boman, and Secretary-Elect Richard Zaremba. This is the second time in the last two months the Frankfort Club delivered pizzas, compliments of Palermo’s Pizzeria, to healthcare workers. In May, Silver Cross Hospital in New Lenox received a pizza delivery from the club.

For his dedication to helping others through the Kiwanis Club of Frankfort, Paul Baio received a Distinguished Business Award from President Humenik. ☺
DECATUR FOOD DRIVE

The Decatur Golden K Kiwanis Club, the Decatur Early Birds and Noon Kiwanis Clubs, Knights of Columbus Council 577 and the Holy Family Knights of Columbus held a food drive on Saturday June 13. The donations were divided between the Salvation Army, Catholic Charities and the Northeast Community Fund. Both charities provided a truck for us to fill for them. The event was held at the KC Hall and ran from 9:00AM to 3:00PM. It was a drive-through event with fairly steady traffic the entire day. Eighteen hundred pounds of food and $5,325 in cash and check donations were collected. Each organization will receive a check for $1,790. Between clubs and councils there were 41 total volunteers (24 Golden K members, three Early Bird and two Noon Kiwanis Club members.

The event, chaired by Dan Sebok, was divided into three two-hour shifts so no one would be overworked. The KC hall was also available in case it was needed. The weather couldn't have been any better—sunny, warm and a nice breeze. Everyone worked well together had a good time.

The event was publicized in the Decatur Tribune, WAND-TV did an interview, and several other radio stations did PSA's for the event. It was also a good time for Kiwanis members to get together and see each other since we they had not been meeting due to COVID-19. The Kiwanis Clubs how hope to repeat this project again sometime in the future.

TUSCOLA continued from page 8

Ian Rominger and Dave Morgan solicited donations of materials, cash, and labor to refurbish the court. The project consisted of removing the old concrete pad, pouring a new, larger pad, replacing the basketball backboard, adding a net, and painting RISE’s south fence. Labor began in February, and members completed the court a month later when the weather finally cooperated. 📌
COMFORT IN A CRISIS

TAYLORVILLE KIWANIS FEEDS FAMILIES DURING COVID

The Taylorville Illinois Kiwanis Club sponsored a month long food drive to help with the increase demand that the Taylorville Food Pantry has experienced due to the COVID-19 Pandemic. I-I District Governor Charles Smith emailed all Lieutenant Governors’ to spur the food drive.

The food drive was held during the month of May with the club partnering with the Miller Media Group, owner of the local radio stations. The drive was held on May 9, 16, 23 and 30 from 9:30AM–1:00PM. The event allowed for drive-through donations of both non-perishable food items and monetary donations. Taylorville Kiwanis members manned the drop-off site with assistance from Governor Smith and First Lady Pam Smith, both of whom assisted on May 16.

In addition to media attention, Miller Media Group supplied a 10’ x 10’ tent, table, and chairs each of the four days.

The Kiwanis Drive-Thru Food Drive collected 1,328 pounds of food and $3,042 in cash donations over the four Saturday collection periods—all benefiting the Taylorville Food Pantry. 😊
During this strange and nerve-wracking time, it’s easy to forget about others without meaning to. We find ourselves thinking, “How will I pay my bills?”, “How will I feed my family when the stores have empty shelves?” and “What if I get sick with COVID-19?”. And of course, the question on everyone’s mind: “What if I run out of toilet paper?”

If you’re not careful, your every thought will start with “I,” or will be about “me” or “my.” And it’s understandable, especially if you’ve got a family. You’re right to be concerned for your family’s well-being. Sometimes, however, we need to take a break from taking care of “me” and see if we can help others. It usually cheers up everyone involved — the one offering help, and the one on the receiving end.

You can start small. For example, take a walk in your neighborhood and greet anyone who is outside and see if they’re doing okay. What if you don’t know them? No problem. All you need to do is remember two questions to break the ice. First, say something like, “Hey, how’s it going?” After they say, “Fine,” follow that up with, “Do you have enough toilet paper?” I guarantee you’ll get a smile and a chuckle. If not, then maybe you could give them a few rolls.

Some people take helping others a step further. Jeb Brown and the Kiwanis Club of Greater Riverton area have distributed over $100,000 worth of food to those who need it. They use a “blessing box” at the high school as a drop-off/pickup location for the food. Brown sometimes will even make deliveries. For all the details, read Scott Reeder’s article in Monday’s SJ-R.

If you would like to support the Kiwanis club in this effort, you can send a check to Riverton Party Store c/o Jeb Brown, 713 North 7th Street, Riverton, IL, 62561. Make the check out to GRA Kiwanis. Another way to help others in our community is to shop local. I can’t imagine how stressful it must be to be a small business owner right now. Our local stores and shops need our business now more than ever. Amazon sure is convenient, but by ordering from it, you’re sending your money and tax dollars to another city for sure, and maybe another state. (Amazon does have some warehouses in Illinois, but none in the Springfield area.)

When my bicycle mirror broke earlier this week, I had to resist the temptation to buy from Amazon. A quick search of its website shows me 324 different types of mirrors to choose from. Sounds great! But why not support one of our fine local bike shops instead? I’ll be checking this week to see if one of them is open and has a mirror in stock.

Many local stores are set up to take your order over the phone and will bring it to your car or will ship it to you so you don’t even have to set foot in the store. Restaurants are also operating the same way. Even those that don’t traditionally have “to go” options will bring your food to you in your car.

Also, a lot of restaurants are making delivery an option by partnering with businesses like Door Dash. Be sure to give the delivery person a nice tip!

So buy local, give local, and help local. This COVID-19 situation isn’t fun for anyone, but by helping each other, we’ll make it.

The club received considerable positive attention from this coverage, and the article at right, penned by Steve Hadt and published on the Kiwanis International website, was the club’s response.

MONEY ON THE BRAIN: REMEMBER TO HELP OTHERS DURING COVID-19

By Dave Kinzer

FOOD PANTRY continued on page 15

The State Journal-Register on May 5, 2020

The club received considerable positive attention from this coverage, and the article at right, penned by Steve Hadt and published on the Kiwanis International website, was the club’s response.

ILLINOIS KIWANIANS QUICKLY START UP A PANTRY AS CORONAVIRUS HITS

Hundreds of families have food on their tables during this time of economic uncertainty because of 15 people in Central Illinois. When the effects of the coronavirus started decimating paychecks and many small food pantries stopped operating, these 15 Kiwanis members quickly figured out how to start and run a pantry of their own.

It’s all the more remarkable considering how new their club is. “Kiwanis was exactly what this town needed,” said Jeb Brown, charter president of the Kiwanis Club of Greater Riverton Area. “This town has seen a lot of clubs come and go. But they haven’t seen anything like this Kiwanis club.”

Times were different just a year ago, when the club chartered and members decided to build a “blessings box”—a micro food pantry—in front of the local high school. The Kiwanis club would buy the food, and Key Clubbers would help make sure it was stocked every day.

“We hit the ground running with ideas of helping students at the school,” Brown said. “We took an oath to keep our club focused on the needs of the kids at the school.”

By the end of that first week, Brown estimates about 60 people took food from the box. Less than a year later, the club is spending US$2,500 to $3,000 that’s donated each week on food. That doesn’t include the bags of rice, cans of soup and boxes of produce that are donated to the club.

For the past six Tuesdays, more than 100 cars have lined up as club members put eggs, milk, apples and other groceries into the backseats and trunks. On Mondays, club members accompany school officials as they take food to families of...
AURORA KIWANIS DONATES $10,000 TO LOCAL FOOD PANTRIES

The Kiwanis Club of Aurora Board of Directors voted recently to donate to two Aurora food pantries in this time of distress. They voted to contribute to the Aurora Area Interfaith Food Pantry and the Marie Wilkinson Food Pantry. Each pantry received $5,000. It was decided that, during this unprecedented time, the need for families and, in particular, families with children, the need for food has never been greater.

Club president Steve Andras notes, “It is only fitting that we give back to our community particularly now when so many are experiencing difficulty. Consistent with our core purpose ‘to improve the quality of life for children and families’ we are pleased to donate $5,000 each to the AAIFP and the MWFP.”

Currently the club’s weekly meetings are in hiatus because of COVID-19. The club is still striving to keep active in community during this pandemic. They have encouraged several local fundraisers. ☑
The Kiwanis Club of Kewanee Gives Back

The following was published in the Abilities Plus Giving & Receiving report.

The Kiwanis Club of Kewanee has been a long-time supporter of Abilities Plus. The club has helped with significant donations for years, both with annual financial assistance and also providing large donations for the agency’s capital campaigns, as well as for specific fundraisers. Examples include donations to remodel our East Street Day Program facility, funds to help build our eight-bed group home, and assistance to construct our Children’s Services playground. For years the club also held a track meet at Kewanee High School for individuals at Abilities Plus, as well as students in Special Education. This was always a fun day, very much enjoyed by all of the participants.

More recently, the club’s satellite committee has spearheaded annual or sometimes semi-annual cookouts for our adult day training participants, and all staff and board members. The club provides and prepares all of the food. All of these events have been very successful and much enjoyed and appreciated!

Within the past few months the Kiwanis Club has also been instrumental in assisting with the formation of an Aktion Club at Abilities Plus. This is another supported program of Kiwanis and operates similar to Key Clubs and Builder’s Clubs. At the charter event in February, 18 individuals at Abilities Plus were inducted into the Abilities Plus Aktion Club. Officers and Board Members have been selected and activities are being planned to help out the local community and make a difference through Aktion.

CRYSTAL LAKE KIWANIS NOON CLUB RECEIVES LITTLE FREE LIBRARY GRANT

The Crystal Lake Kiwanis Noon Club recently won a grant from The Little Free Library (LittleFreeLibrary.org) nonprofit organization as part of the group’s achieving 100,000 installations throughout the world. The Kiwanis selected Ladd Park as its location for their seventh book sharing box in Crystal Lake. Crystal Lake Park District installed the box and post at the playground. Books were provided by the learning company, Houghton Mifflin Harcourt. The library is currently open and the official grand opening will be August 5 at 12:30 at Ladd Park. All are welcome to attend with children under 14 receiving a free book. A short program will be held.

There are 6 other locations maintained by the club—the Nature Center at Veterans Acres, the YMCA, the Crystal Lake Food Pantry, Hill Farm Park at the community gardens, Lakewood Village Hall, and Main Beach. The first box was installed in 2014, and boxes were slowly added to the program over the last six years. Boy Scout Troop #155 and Pack #367 are refurbishing all of the boxes as part of a summer service project as wind, rain, and snow affect the condition of the wood construction.

The Club appreciates the cooperation of the Crystal Lake Park District, Lakewood Village Hall, Crystal Lake Food Pantry and the YMCA for hosting the boxes and to the community for using the books and supplying inventory.

A local man and his niece and nephew check out the new Little Free Library at Ladd Park.
CHECK OUT THESE GREAT RESOURCES FROM KIWANIS INTERNATIONAL

WHAT YOU NEED NOW

During a pandemic, Kiwanis volunteers are more important than ever. The Kiwanis International website provides some helpful resources for you and your club. Some are timely how-to’s while some are simply inspirational. Visit the page to read:

Stories of other clubs—From Panama to Germany to Taiwan—helping first responders, students and families in need.

Recordings from our Lunch with a Leader series—Topics ranging from fundraising during COVID-19 to finding new service opportunities in the chaos to sharing your club’s projects on social media.

Ideas for inviting new members to your club—Bonus: New member fees for established clubs are temporarily being waived!

Tips on staying virtually connected with other club members—Including a video tutorial on how to set up a Zoom meeting.

Things to consider now as you plan for the future—And set up your club for post-pandemic success.

Information on whether your club’s insurance policy covers COVID-19

Tax rewards for giving to charities

NEW PARTNERS FOR YOU AND YOUR CLUB

Three new partners can bring value to your club—or to you:

- **Colonial Flag Foundation**, a new alternative for fundraisers. Clubs can connect with their communities in a new way while raising funds and honoring veterans and civil servants with Healing Field® and Field of Honor® flag display events, all of which allow social distancing during the events.

- **PerkSpot**, a one-stop online shop that offers savings in 25 categories—an ideal option for anyone who’s being careful about their budget during the COVID-19 crisis.

- **VSP**, which offers vision care for employers, members, Medicare-eligible adults and Medicaid members. Kiwanis members have access to more than 68,000 VSP practices across all 50 states ready to provide eye exams, lenses and frames. (U.S. only.)

FOOD PANTRY continued from page 12

students who are struggling. The rest of the week, Brown distributes food through the drive-thru window of his business, Riverton Party Store.

The club’s work attracted the attention of the news media after a columnist wrote a story about getting angry while waiting for a cashier to ring up Brown for 12 gallons of milk. The columnist thought Brown was hoarding. The cashier set him straight. “We’ve been getting quite a bit of attention lately,” he said. “This has taken over my life. But my business is down. I might as well do something to help others.”

The club is already thinking about what happens when the quarantine is lifted. They’re trying to figure out how to recognize the high school seniors who are missing major milestones like prom and graduation. Brown also figures the club will continue to be involved in feeding families.

“We’re so blessed that we put this club together when we did,” he said. “It’s likeminded folks for the goal of helping others.”
The approaching end of the 2019–20 Kiwanis year marks the completion of my fourth year as Executive Director of the Illinois-Eastern Iowa District Kiwanis Neuroscience Research Foundation. I am very pleased to say that the Foundation is actively accomplishing its mission of supporting doctors and researchers focused on neurological disorders and related diseases of the central nervous system. However, KNRF needs your club’s help to support the upcoming 2020–21 Kiwanis year because of issues related to COVID-19.

RESEARCHERS

Figure 1 depicts the nine researchers that the Foundation have proudly supported during the 2019–20 Kiwanis year. This has been a unique and challenging year due to the outbreak of COVID-19, and our team of researchers have found creative ways to continue their research activities with the new “norm.” Due to COVID-19 and the subsequent cancellation of Key Club and Circle K District Conventions our researchers did not have the ability to attend conventions or other Kiwanis family functions. But our researchers have found innovative ways to use social media to continue their research. For instance, Dr. Grayson Holmbeck (Loyola University) overcame and surpassed the challenge of the cancellation of Camp Independence by adapting the sessions to a ZOOM format, as well as adapting the material to include an assessment of the potential traumatic impact of the COVID-19 pandemic on youth and families of children with chronic health conditions. Dr. Holmbeck’s team has also invested their time into analysis of the impact of Camp Independence over several years versus a one-time camp experience—this was the first of its kind to analyze the long-term effects of an environment like Camp Independence.

Dr. Elliot Roth (Northwestern University) has used social media to conduct interviews with spinal cord injury (SCI) patients to assess and determine what factors have contributed to their resilience living with their challenges for the purpose of developing more effective intervention strategies to promote resilience. Prior to the COVID-19 quarantine, Dr. Daniel Tranel’s team (University of Iowa) were able to conduct two 2-day behavioral intervention workshops designed to improve the well-being of caregivers of Alzheimer’s patients as determined by measures of depression, anxiety, burden, stress, and perception of psychiatric symptoms in the individuals they care for. The results showed that this low-cost two-day intervention effectively reduced perceived stress in caregivers up to six months after the intervention. Since the COVID-19 lock down, Dr. Tranel and his team have invested their time documenting and publishing the results of their research activities. Finally, our Medical Director, Dr. Rodger Elble (Southern Illinois University–Springfield), in addition to his guidance and leadership to KNRF, has pioneered the establishment of a measurable scale for interpreting clinical changes in tremor when tremor is assessed as a rating, an approach that is rapidly becoming an international standard for interpreting the results of clinical therapeutic trials for tremor. In summary, our researchers press on with their activities, investing the time by engaging in innovative ways to pursue research or analyzing and documenting the data they have collected.

BOARD OF TRUSTEES

Following our KNRF bylaws, the KNRF Board of Trustees are shown below. This year concludes the terms of service for Past Governor Penny Linneweh and Past Lieutenant Governor Nancy Aldridge.
Both have been very supportive of the Foundation and its activities. We deeply appreciate the hours of altruistic service they have provided to the Foundation.

**Kiwanis Neuroscience Research Foundation Board of Trustees, 2019–20**

**VOTING MEMBERS**

**Foundation Executive Director (CEO):** Ken Whitmore
Kiwanis Club of Alpine-Rockford (Div. 12)

**President/Chairman of the Board:** Larry Forsberg
Kiwanis Club of Sycamore (Div. 14)

**Foundation Treasurer:** John Vanderheyden
Kiwanis Club of Alpine-Rockford (Div. 12)

**Vice-President:** Bob Wilton, Kiwanis Club of Peoria (Div. 20)

**Governor:** Charles Smith, Kiwanis Club of Decatur Golden K (Div. 27)

**Governor-Elect:** Mark Petersen, Kiwanis Club of Moline (Div. 17)

**Immediate Past Governor:** Alan Arbuckle
Kiwanis Club of Woodstock (Div. 11)

**Past Governor (1-year):** Penny Linneweh
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**Past Governor (2-year):** John Moreland
Kiwanis Club of Clinton, IA (Div. 16)

**Past Governor (3-year):** Terry Cunefare
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**Past Lt. Governor (1-year):** Nancy Aldridge
Kiwanis Club of Eureka Greater Area (Div. 20)

**Past Lt. Governor (2-year):** Bob Wilton
Kiwanis Club of Peoria (Div. 20)

**Past Lt. Governor (3-year):** Mary Zeronas
Kiwanis Club of Southwest Chicago (Div. 3)

**NON-VOTING MEMBERS**

**Medical Director:** Dr. Rodger Elble, SIU–Springfield

**Foundation Secretary, District Executive Director:**
Andrea Raycraft, Kiwanis Club of Bloomington (Div. 22)

**Key Club Governor:** Kortney Marsh, Dixon High School, Dixon, IL

**Circle K Governor:** Christina Sanderson, Blackburn University, Carlinville, IL

**FINANCIALS**

A typical Kiwanis year financial activities for the KNRF Foundation is shown in Figure 2.

As shown in the Expenses graphic and as confirmed through our annual audit, **$0.91** of every dollar contributed to the Foundation go directly into the hands of the researchers in the forms of grants. Focusing on the left pie chart showing INCOME, which is critical for the success of the Foundation, the combination of Clubs and Bowlathon account for about 33% of the total income needed to fund the grants on the right pie chart. This Kiwanis year 2019–20 we are forecasting a reduction in these two categories due to the impact of the COVID-19 pandemic as Kiwanis Clubs have not been able to conduct the fundraising activities that previously provided these critical funds. **My request to each Kiwanis Club in the I-I District is to CHALLENGE you to find creative ways to raise monies for this District’s Finest Project.** The need is great and the funds will significantly impact the lives of the children and patients that we touch with our research.

In summary, I am proud of our researchers work and more than ever emphasize the need for club and division support to Kiwanis Neurological Research Foundation. The continuing donations from our clubs is absolutely critical to allowing our researchers to push forward with their research activities.

Yours in Kiwanis Service,

KEN WHITMORE
EXECUTIVE DIRECTOR, I-I DISTRICT
KIWANIS NEUROSCIENCE RESEARCH FOUNDATION

Mobile: (815) 329-8244 | Home: (815) 979-8544
Email: ka.whitmore59@gmail.com