The five elements of a successful Kiwanis club are:

**Relevant Service:** The keyword is relevant. Relevance can be viewed from three different points of view: members (the service your members want to do), beneficiaries (those who need your service) and stakeholders (those whose help you require to complete the service). Because relevance changes with time, a project your club has done for the past 50 years may no longer be relevant.

**Fun:** No one wants to be part of a group that isn’t fun. Your members should look forward to and enjoy spending time with each other.

**Development:** Does your Kiwanis club take advantage of the resources offered by the District at our training events? Does your club absorb best practices in management? Kiwanis clubs that are around for the long term ensure succession and plan for the future.

**Notoriety (the good kind):** Successful Kiwanis clubs are self-promoters; they ensure that their community knows that they are around and working hard on behalf of the kids in their community. They “show their K” by wearing Kiwanis gear, sending out press releases and using social media to promote themselves and the works of Kiwanis.

**Kiwanis Family Sponsorship:** Perhaps the most important thing a Kiwanis club can do is sponsor a leadership program like CKI, Key Club, Aktion Club, Builders Club and K Kids. Additionally, supporting a Terrific Kids or BUG program can go a long way in ensuring our youth are prepared for the future. Developing the youth and young adults of our community is a vital role for Kiwanis clubs, because after all, without Kiwanis, no one else will step in and support our SLPs.

Is your club willing to take a stand this year – our 100th – to ensure we’re around for another 100 years? The Carolinas District stands ready to help you and your Kiwanis Club be positioned for success in this New Year. We’re hosting Club Coaching Days and our Midyear where our team stands ready to help you make our 100th year our best year.

Yours in Kiwanis Service,

Jon
KIWANIS EVENTS

Club Coaching Days
November 9: Flat Rock
January 18: New Bern
March 7: Florence
July (TBD): Durham

MidYear Conference
February 7 - 9, 2020
Embassy Suites
Concord, NC

International Convention
June 18 - 21, 2020
Indianapolis, IN

District Convention
August 14 - 16, 2020
The Carolina Hotel
Pinehurst, NC

On the cover:
Elizabethtown Kiwanis' Breakfast With Santa Event. See all the different service projects around the district on pages 12 and 13.
Kiwanis Midyear Concord, NC
February 7-9, 2020

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6 Kiwanis Midyear Conference
8 Club Spotlight
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12 Around the District
14 Carolinas District Kiwanis Foundation
15 Connecting with CKI
16 Happy Birthday!
18 Welcome to Kiwanis - New Members

Lt. Governors

George Dixon
Division 1

George Gavalas
Division 2

Ted Guenther
Division 5

Donnie Ellis
Division 7

Nina Yeager
Division 8

Curtis Richie
Division 10

Mack McLeod
Division 11

Steve Mayberry
Division 12

Nelson Young
Division 13

Vince Beasley
Division 14

Arnold Gordon-Bray
Division 15

Mike Hadley
Division 18

Jeffery Faw
Division 20

HeLEN LukoW-WilliamS
Division 21

Lenore Lewis
Division 23

Cathy Finkle
Division 24

Marshall Hobson
Division 25

Cynthia Bryant
Division 26

* Divisions 3, 6, 16, and 17 remain vacant. Divisions 4, 9 and 19 were removed when the District restructured.
Kiwansis MidYear Conference

Speakers

FRIDAY NIGHT OPENING SESSION
Kimberly Pruett, of the Bank of America Philanthropic Group, discusses trends in giving, volunteerism, and convergence trends (coordination of philanthropy between the non-profit and for profit sectors).

SATURDAY MORNING PLENARY
Will Jones, CEO of Thompson Child and Family Focus discusses their center for children.

SATURDAY LUNCHEON
Dr. Lynn Moody, Superintendent, Rowan-Salisbury School System will discuss what Kiwanis Clubs can do to help improve education in our district.

Conference Registration/Hotel Reservations

Embassy Suites Charlotte-Concord/Golf Resort & Spa
Kiwanis rate: $135 per night (plus taxes and fees)
Hotel Reservations are separate from conference registration.

Make hotel reservations directly with the hotel AS SOON AS POSSIBLE but no later than January 31, 2020.

Call 800-362-2779 To ensure special discount, tell the agent you want the Carolinas District of Kiwanis discount by using code CKI. Or use this link to make your hotel reservation.
MidYear Service Project

Join us for this year’s mid-year conference service project. We’ll be making easy “no sew” scarfs for the needy in the Mooreville/Charlotte area. Using fleece, we’ll be cutting 9 inch lengths with 5 inch long and 1 ½ inch wide fringes at each end. Completed scarves will be rolled and tied with ribbon. A tag will be attached to the ribbon to note the scarves were donated by the Carolinas District of Kiwanis. See you there!

Schedule

**Friday, February 7**

12:00 - 2:00 District Board of Trustees Mtg
12:00 - 4:30 Club Leadership Education (Free with RSVP)
2:30 - 4:00 2019-20 Lt Governors Mtg
3:00 Carolinas District Kiwanis Foundation Mtg
5:00 - 6:30 Opening Session
   Evening Dinner on your own

**Saturday, February 8**

Morning

9:30 Morning Plenary
10:45 Concurrent Forums Part 1 (45 min each)
11:40 Concurrent Forums Part 2 (45 min each)

Afternoon

12:30 Luncheon
2:30 Concurrent Forums Part 3 (1.5 hrs each)
2:30 Convention Service Project
4:10 Concurrent Forums Part 4 (50 min each)
4:10 Past Lt. Governors Council Meeting

Evening

7:00 Banquet

**Sunday, February 9**

8:30 am Closing Session

Forums

**Morning**

(45 minutes each)

- Engaging Members
- Building a Mentor Program
- Youth Protection Guidelines
- How to Kill your Kiwanis Club!
- 10 Tips to Strengthen Your Club
- The Listening Post
- Money Smart
- A Financial Education Program for Kids
- Stretch it Out!
- Transform Your Club

**Afternoon**

(1.5 hour sessions)

- Want More Members?
- The Effects of Childhood Trauma
- New Secretary Training (new Monthly Report Program)
- Service Project: No Sew Scarves

**50 minute sessions:**

- New FREE Website Hosting
- Introduction to District Leadership
Feed My Starving Children

From the Kiwanis Club of Clemmons  Photos by Theresa Bryant

The competition was fierce! Which one of eight stations could pack the most meals within a ten minute sprint? The winner? Everyone. From 8:00 am to 3:00 pm on October 19, close to 300 volunteers came to the West Forsyth High School cafeteria and engaged in packaging as many meals as possible to contribute much needed nourishment to hungry children throughout the world.

Key Club of West Forsyth High School
The West Forsyth High School Key Club in Clemmons teamed up with Little Richard’s Barbeque and Clemmons Kiwanis to prepare meals for less fortunate children around the world through an organization called Feed My Starving Children (FMSC).

The day long volunteer effort yielded 504 packed boxes, which equaled 108,864 meals. The packers averaged packing over 2 boxes per person per hour. That is 72 packs of food per box, each pack serving six people. The usual average of boxes packed in one session is 0.8 per person. It was necessary to stop before the official end of the event because everything had been packed. The meals consisted of MannaPack™ Rice, soy and vitamin supplement.

Under the direction of Theresa Bryant, the West Forsyth Key club has earned the reputation for enthusiasm and effective service in Clemmons and neighboring communities. This was another example of what the club can do.

For the last year Little Richard’s BBQ has put on “Meal for Meal Mondays” at all five of their locations to raise funds for this event. For every meal sold on Mondays, Little Richard’s provides a meal for a starving child around the world.

From Tara Bugg, the FMSC event supervisor:
“Thank you for all the hard work you put into this event. It was so fun to serve with you all.
Your students were great to work with and some supper awesome packers (I still can’t believe they did so much)! Thank you Stephen Karageorgias for having this vision for Little Richard’s and your community. I love seeing people take their work and use it to change lives and Little Richards and the West Forsyth Key Club did that so well.”

The students and faculty also had some positive things to say:

“Well, I had a great time packing and running between different stations to provide more supplies. I had a great time meeting new people along the way and hope to do it again next year!”

Owen Newsome, 9th grade

“I will definitely remember that day for a long time! Personally I love doing community service and this project was one that stood out to me! Not only was packing the food cool, but I admired the amount of hard work these people put in all the time for this organization!”

Abigail Nix, 10th grade

“It is always lots of fun when you volunteer with friends. I think that this event definitely encouraged other kids my age (and adults too) to help out. It was a rewarding experience and I hope to do it again next year.”

Chloe Calilung, 9th grade

“I am so thankful for the hard work that Little Richards BBQ put into this project. Steven Karageorgias was a mastermind getting this event to come together. The West Forsyth Key Club and the Kiwanians of Clemmons were so lucky to be approached by him and asked to help with this incredible effort to starving children around the world. We hope to make it a yearly event and get even more people of the community involved.”

Theresa Bryant
West Forsyth Teacher
Sponsor of The WFHS Key Club and Clemmons Kiwanian

It was a total community effort and we are grateful to live in the Clemmons Community.
Planned Dates for 2019-2020:

November 9, 2019        Blue Ridge Community College, Flat Rock, NC
January 18, 2020        Craven Community College, New Bern, NC
March 7, 2020            SE Institute of Manufacturing & Technology, Florence, SC
July 18 or 25, 2020     Place TBD, Durham, NC

Cost: $30 per person and includes lunch

Learn more here
Joe Crostic for Governor-Elect

Our District needs and deserves a leader with passion for Kiwanis and its mission and the desire to inspire clubs to grow and prosper. Joe Crostic has announced his candidacy for Governor-elect to fill that role and be that leader, continuing our District’s tradition of leaders who serve.

Joe and his wife Carleen moved to Southport, NC in 2009 following his retirement from public accounting as a Partner with the international firm of KPMG. Soon thereafter, he discovered and joined the Kiwanis Club of Southport-Oak Island. He quickly developed a passion for Kiwanis and the mission both within and beyond Southport, leading his Club and Division 26 as their Eliminate Coordinator soon after joining. He is a Diamond Walter Zeller Fellow and was recognized in 2015 as an Outstanding Club and Division Eliminate Coordinator.

He is a Distinguished Past President of the Kiwanis Club of Southport-Oak Island, a two-term Lt. Governor of Division 26 (recognized as Distinguished for 2017-18) and is in his second year as our District Membership Coordinator. He also serves on both our District’s Education and Finance committees. Further, he serves on the Board of Directors of the Kiwanis Club of Shallotte-South Brunswick Islands, a club which he helped to open in 2018. Joe was the driving force in 2016 to start the first Aktion Club in Division 26, and he continues today as an advisor to that Aktion Club. He also served for two years as a Key Club advisor.

For over 3 years, Joe has been a regular presenter at our Club Coaching Days and educational sessions at our District Conventions and MidYear Conferences. He strongly believes that our Kiwanis Clubs need to evolve with the ever-changing needs of our communities and members. As a member of both a large established club and a much smaller new club, Joe sees first-hand the challenges our clubs face and is an advocate for trying new things to keep all our members engaged. He expects the theme for his year as Governor will revolve around “Sharing the Mission of Kiwanis,” i.e., sharing it with other like-minded volunteers to grow our existing clubs and build new clubs; sharing it with new schools by opening new SLPs; sharing it through service to additional children in our communities through new projects; and sharing it more publicly through increased communications and public relations efforts.

During his 30-year career at KPMG, Joe was an auditor and advisor to businesses in many industries, including education, not-for-profits and foundations. He served on the boards of directors of two independent high schools, and a fund-raising board for a child mental health provider. In 2004, he was recognized by KPMG with the Chairman’s Award for his community involvement. He believes his career and previous volunteer activities have given him a solid perspective on education, best practices and efficient organizational management.

Joe and Carleen have been married for over 40 years and are the proud parents of three children and they have two granddaughters.
The Asheville Club (right) presented Sleeptight Kids with a check for $1,300, which was doubled because it was Giving Tuesday! This will provide 104 needy children with a comfort bag.

Kernersville Kiwanis (left) had a wonderful Brunswick Chicken Stew fundraiser pre-sale event by their club members on Friday and Saturday Oct 11 and 12.

Thanksgiving Turkey Dinner Packing time!! (right) 150 dinners for families were packed with the love and support of the Lake Norman Kiwanis Club.

High Point Kiwanis (above) held their annual Chicken Feed Fundraiser to support their $100,000 inclusive playground project to help commemorate their upcoming 100th anniversary.

It was a grand day at the Community Park, Smithfield as the Grinch Run 2019 took place sponsored by Smithfield Kiwanis.
Hampstead Kiwanis’ November Turkey Trot 8K Run
2K Run and Kids Fun Run (right)

(Above) Many thanks to Onslow County Kiwanis and their Key Clubs - Jacksonville, Southwest, Northside, and Onslow Early College for helping pack 100 boxes of meals for families to enjoy

Elizabethtown Kiwanis (above) held their Breakfast with Santa with the help of the Elizabethtown Key Club.

Georgetown Kiwanis (above) celebrated Kiwanis One Day at Kensington Elementary School by painting their first classroom.

The Columbia Northeast Kiwanis Club (left) completed its 2019 Signature Project by providing the Salvation Army, through its annual Stuff a Bus Project, with 52 children’s bicycles for distribution during the Christmas season. The money for the purchase of the bicycles was raised through our annual pecan sales project and other donations from the RNE & Spring Valley Key Clubs and Aktion Club of Sandhill.
Grants/Contributions

Your club’s gift matters.

The Foundation is currently exploring new ways to assist District programs. This takes money.

If there are areas where you believe the Foundation can be of greater service please email President Gary Cooper (coopdbcoop@nc.rr.com) or Secretary/Treasurer Stan Perry (perry8@clemson.edu) and let us know.

Be an advocate for your Foundation.

The phrase on the back of the Carl B. Hyatt medallion, which was coined by PDG Stan Perry during the 1997-1998 year, sums up why we do what we do:

“…because every child deserves a hero.”

There are children and communities that need help, club memberships that need strengthening, projects to be finished and commitments to keep.

Please keep your Foundation in mind as you set new resolutions for the 100th year of Kiwanis.

We can assist you with a project, charter expenses for a new SLP, or advice on non-profits.

I also implore you to make that annual contribution to your Foundation, a practice that has fallen off over the past several years.

Your donations enable the Foundation.

Thank you for all that you do for Kiwanis and those that we strive to serve,

-- Stan Perry, CDKF Secretary/Treasurer
This coming May I will celebrate my 20th college reunion from Agnes Scott College. It seems like I was just graduating, but looking back, things have certainly changed. For example, technology has come a long way since 1996. I received my first email account during the fall semester. However, by the time I graduated, we had instant messenger. Today, students have all types of technology to connect and engage them with the world immediately.

So, what does all this have to do with Kiwanis and Circle K? Technology provides opportunities for Circle K’ers and Kiwanians to connect. We can support each other through digital fundraisers like the WASH project where CKIers are walking a 5k every day for clean drinking water. Or we can “like” a Facebook or Instagram posts about newly chartered clubs. We can challenge each other to post “Why we love the Kiwanis family”.

Carolinas CKI has strengthened over the last five years due to the tremendous Kiwanis support and activity in the Carolinas. As District Administrator and a CKI Alum, it excites my passion to share this amazing organization. However, I still get questions about how to engage with today’s college students. Pictured above are some fun conversation starters to help you interact with today’s youth.

Really, the opportunities for Kiwanians and Circle K’ers to engage in fruitful and meaningful conversations are endless. The successes and struggles a Kiwanis club encounters, are similar to the Circle K clubs. Membership growth, turning in monthly reports, engaging members, training new leaders, being recognized as a leader in service within the community, and branding (try being named like a gas station!) are all too prevalent and by working together, sharing successes and sharing ideas, the organization can continue to grow and be strong. Yes, Circle Kers are legally adults, but just as an adult in the workforce, we all need mentors to guide and provide a listening ear. Who knows, you too may gather a new idea as well. So, challenge yourself to use a sentence starter when you engage in conversation with our Circle K members.

If you or your club are interested in learning more about Circle K we will host a workshop at the CKI District Convention, February 21-23 in Asheville, NC. To register or support the district convention with an ad, please visit:

TinyURL.com/CareinasDCon2020

We’d love to see you there!

--Jennifer Hethcox
CKI District Administrator
The following 36 clubs celebrate a birthday in the first quarter of this Kiwanis year (January/February/March):

<table>
<thead>
<tr>
<th>Year</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>1920</td>
<td>Raleigh</td>
</tr>
<tr>
<td></td>
<td>Durham</td>
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<tr>
<td></td>
<td>Columbia</td>
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<td></td>
<td>Wilmington</td>
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<td>1921</td>
<td>Hendersonville</td>
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<td>1922</td>
<td>Morganton</td>
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<td>1924</td>
<td>Raeford</td>
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<td>Forest City</td>
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<td></td>
<td>Lexington, NC</td>
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<td></td>
<td>Robeson-Lumberton</td>
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<tr>
<td>1928</td>
<td>Asheboro</td>
</tr>
<tr>
<td>1945</td>
<td>Farmville</td>
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<tr>
<td></td>
<td>Kenly</td>
</tr>
<tr>
<td>1947</td>
<td>Washington</td>
</tr>
<tr>
<td>1950</td>
<td>Pittsboro</td>
</tr>
<tr>
<td>1968</td>
<td>Banner Elk</td>
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<tr>
<td>1972</td>
<td>Aiken</td>
</tr>
<tr>
<td>1973</td>
<td>Boone</td>
</tr>
<tr>
<td>1975</td>
<td>Wilson-Wide Awake City</td>
</tr>
<tr>
<td></td>
<td>Ayden Grifton</td>
</tr>
<tr>
<td></td>
<td>Lillington</td>
</tr>
<tr>
<td>1977</td>
<td>East Cooper, Mt. Pleasant</td>
</tr>
<tr>
<td>1978</td>
<td>Columbia Golden K</td>
</tr>
</tbody>
</table>

HAPPY BIRTHDAY!
We’re opening clubs around the district....

Do you know anyone that would make a great Kiwanian that lives in the following areas? We’ve either just opened, or are working on opening, clubs in the following areas. If you know of any prospects we need to reach out to, please contact the district office (leahcdo@gmail.com).

- Burgaw, NC
- Campbell University
- Cary- Mooresville, NC
- Craven County, NC
- Clemson, SC
- Fort Mill, SC
- Garner, NC
- Georgetown, SC
- Goose Creek/North Charleston, SC
- McDowell County, NC
- Mocksville, NC
- Shallotte-South Brunswick Islands, NC
- South Point (Durham, NC)

1983
- Beeaufort, SC
- Clemmons
- Guilford College-Greensboro
- Seven Lakes
- Pitt Golden K, Greenville

1988
- Greater Greenville
- Florence Golden K

1995
- Coats

1996
- Hope Mills Area

2002
- Marion County

2004
- Northwest Guilford

2016
- Bluffton

2018
- Craven County
WELCOME TO THE TEAM!

The following became members October - December 2019

**Aiken**
Dustin Ennis
Gail Hicks

**Asheboro**
Julie Allman
Joel Trogdon

**Beaufort**
Katie Godowns

**Black Mountain-Swannanoa**
Robert MacDicken

**Bluffton**
David Mariotti

**Burlington**
Brandon Sowers
Benjamin Wright

**Cape Fear, Fayetteville**
Michael Lembo

**Chapel Hill-Tar Heel**
**Golden K**
Robert Broad

**Charleston**
Lance Cantrell

**Charlotte**
Ali Bahmanyar
Sanjeev Bhasker
Daniel Deller
Nicholas Drake
Derek Dupuis
Whitney Hollar
Richard Jakiel
Kyle Jones
Marcelin Mathew
Amber Pendley
Buarav Ray
Bobby Savel
Courtenay Schroeder
Laura Shinkle

**Clemmons**
Ina Beavers

**Columbia**
Harriet Griffith

**Conway**
David Hoyt

**Craven County**
Grace Haubrich

**The Crystal Coast**
Alpharetta Dorgan
Laurel Taylor

**Darlington**
Robert Bailey
John James
Amber Kelly
E Pew

**Down East of Greenville**
Christina Ruotolo

**Fayetteville**
Anthony Buzzella
Sidney King
Nicole Porter
Joellen Risacher
Stanley Wearden

**Forest City**
Tracey Keith

**Golden K, Greenville**
Elizabeth White Jenkins

**Greensboro**
William Anderson
Alan Atwell
Robert Bond
Tammy Dixon
Kathleen Duquette
Nathan Finnin
William Fraser
Bonnie Hallman
Barry Hopkins
Vernon Horne
Rick Larson
Max McGinn
Anne Moscrip
WELCOME TO THE TEAM!

Greensboro cont
Shannon Norman
David Pokela
Stephen Puckett
Jeffrey Ramsey
Joseph Stack
William Strickland
Linda Yurko

Greensboro
-Nat Greene
Ronnie Blaylock
Stephen Bright
Robert Isner
Thomas McKenna

Greenville Eastside
Walter Bullington

Greenwood
Laura Dudley
Cynthia Martin
Tina Tolson

Hendersonville
Charles David Bass
Joshua Bledsoe
Sherri Redden
Kenneth Ring

Hillsborough
Annie Burton

Hilton Head Island
Tim Nahley

Hope Mills Area
Jennifer Bradford
Patricia Edwards
Casey Ferris
Lenique Nichols
Lumumba Quow

Kernersville
Natalie Babson

Kershaw County
Deborah Bailey
Molly Kornegay
Dean Scarborough

Lake Norman
Andrea Swanick
Chet Zientek
Helen Zientek

Lexington
Julie Harshaw
Joe Watkins
K Blair Wilson

Lincoln County
Brent Reynolds
Yvone Reynolds

McDowell County
Samantha Andrews

Moncks Corner
Frances Bunch

Monroe
Joshua Gibbs
David McQueen

North Brunswick
Howard Cohen
Lynn Duffy
John Hacker

North Wilkesboro
Laura Welborn

Onslow County
Elizabeth Donnelly

Orangeburg
Jerry Govan
Harry Mims, III

Pawleys Island
Carolyn Perry
James Taylor

Raleigh
Nathan Brown
Franklin Munford
Stephanie Poston

Robeson-Lumberton
Javis Bridges
Donte Lewis

Rocky Mount
William Pully
Timothy Smith

Rutherfordton
Carl Napolitano

The Sandhills,
Moore County
Ed Brisson
Lisa Marella
Richard Walker

Seven Lakes
John Griffies
William Kennedy
Robert Long

Shallotte -
South Brunswick
Islands
Robert Taylor

Smithfield
Jean Cornell
Randy Cornell

Socastee-St. James
La Tonya Vereen

Southport -
Oak Island
Kimberly Baxter
Stephen Berenson
Donna Healy-Dean

Spartanburg
Russell Austin
Kevin Bock

Spartanburg

Spring Lake
Cumberland County
Daniel Gerald

Sunrise, Goldsboro
Kenneth Neal

Twin City,
Winston-Salem
Joseph Seidle

Wake Forest
Kristin Bauer
Michael Karpinski
Peter Kima
Ashley Shearin
Margaret Shearon

Wilmington
Milton Hardison
Roy Winkles

Wilson-
Wide Awake City
Randy Barnes