



# THE SANDPIPER



## THE WEEKLY MEMBERSHIP NEWSLETTER OF THE KIWANIS CLUB OF SAND LAKE, NY

P. O. Box 535, West Sand Lake, NY 12196

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Meets 6:30 PM Mondays at The Lakeview Inn Restaurant

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## MEETING OF SEPTEMBER 16, 2013

PRESIDENT-DESIGNATE Stuart Nippes presiding

GREETINGS & INVOCATION by Bob Carpenter

GUESTS: Speaker **Patty Broderick**, and **Dianne Freeman**



(left) Patty Broderick with Bob Loveridge (right) Dianne Freeman with John Brownrigg

WELCOME BACK, **Jim Hoffman**, **Bob Carpenter**, & **Bruce Perry**



(left) Jim Hoffman between Jim Colabelli & Jim Rogers (right) Bob Carpenter & Bruce Perry with Joe Behson

## PROJECT SIGNUP SHEETS

### DOORS OF HOPE, unloading food truck

Tues Sept 17<sup>th</sup>: **Daniels, Ginther, Lane, Patton, Whipple, Wagner, Behson, Nippes**

### 15<sup>th</sup> MONTHLY PASTA DINNER @ WSL Firehouse, Saturday, October 12<sup>th</sup>:

12 – 7, Setup & Cook: **L&L Ellis, Loveridge**, \_\_\_\_\_, \_\_\_\_\_

3 – 5:30, Setup & Serve: **Weiss, Lane**, \_\_\_\_\_

3:30 – 7, Cashiers: **Ward**, \_\_\_\_\_

5 – 7:30, Serve & Takedown: **Weiss, Lane**, \_\_\_\_\_

### DIVISION COUNCIL MEETING, Tues Sept 17<sup>th</sup> at Hoosick Falls Country Club 6 PM:

**Booker, Weiss, Behson, Pasquarelli, Loveridge, Lane**

### RELAY FOR LIFE, Food Trailer at Bruno Stadium Fri & Sat Sept 20 & 21:

Transport TO: **Whipple**

Transport BACK: **Whipple**

5– 8:30 PM: **Ward, Weiss, Ginther**

8:30 – 11 PM: **Lane, Daniels**, \_\_\_\_\_

11-1:30 AM: **Loveridge, Beach**, \_\_\_\_\_

1:30 -- ??: **Lyndon & Linda Ellis**, \_\_\_\_\_

### FOOD TRAILER @ SOCCER FIELDS, Sundays of Sept & Oct:

Sunday, September 22<sup>nd</sup>:

Transport TO: **Whipple**

Transport BACK: **Colabelli**

11 – 2: **Loveridge, Ward, Ginther**

2 – 5: **Weiss, Daniels**, \_\_\_\_\_

Sunday, September 29<sup>th</sup>:

Transport TO: \_\_\_\_\_

Transport BACK: \_\_\_\_\_

11 – 2: **Lane, Wagner, Sarsfield**

2 – 5: **Weiss**, \_\_\_\_\_, \_\_\_\_\_

Sunday, October 6<sup>th</sup>:

Transport TO: **Colabelli**

Transport BACK: **Colabelli**

11 – 2: **Ward**, \_\_\_\_\_, \_\_\_\_\_

2 – 5: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Sunday, October 13<sup>th</sup>:

Transport TO: \_\_\_\_\_

Transport BACK: \_\_\_\_\_

11 – 2: **Lane**, \_\_\_\_\_, \_\_\_\_\_

2 – 5: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

### VAN RENSSELAER DIVISION INSTALLATIONS

Wed Oct 9<sup>th</sup> Castleton/Schodack: **Weiss, Lane**,

Thur Oct 10<sup>th</sup> Rensselaer: **Lane**,

Tues Oct 15<sup>th</sup> Hoosick Falls: **Lane, Behson**,

Wed Oct 16<sup>th</sup> North Greenbush:

Tues Oct 22<sup>nd</sup> East Greenbush: **Behson**,

Tues Oct 29<sup>th</sup> Troy: **Lane**,

## ANNOUNCEMENTS

- **Thank you** note from Eileen White for our donation to her son's motorized chair.

- **Thank you** note from Poestenkill School for donated school supplies.
- **Lyndon Ellis:** The Ladies Auxiliary of the WSL Fire Co wanted me to thank the Kiwanis ladies for setting up all the tables for Sunday's breakfast!
- **Garage Sale & Food Trailer** report: Busy day! Made \$478 from garage sale and \$360 from the Food Trailer. Bob Loveridge recommended we donate \$1000 to EliMiNaTe; voice approval from members!

## PROGRAM

Bob Loveridge introduced **Patty Broderick** from The Pines at Heartwood Assisted Living facility on 15<sup>th</sup> Street in Troy. Patty began by explaining she had been through the process of moving her father into assisted living so she had personal knowledge of some of the problems. How do you know it's time? Things to consider (red flags): Have there been falls, signs of dementia, weight loss or gain (you can tell by hugging), balance problems? What can or can't they do? Do they forget to eat, or eat constantly? Do they cook meals, shop for groceries,



neglect housekeeping, forget important dates or appointments, keep up with laundry, dress properly? Do they remember to take medications as prescribed? Is mail neglected or unopened? Bills paid on time? Do they still drive? Is the car cared for and maintained? Are there dents and signs of minor accidents? Is the kitchen maintained, dishes done, appliances working? Look for signs of retreating from life. Assisted living is different from skilled nursing homes. Residents do more for themselves,



and participate in activities, but skilled care is available when needed. Medications are monitored and dispensed so they are not forgotten. Help with bathing is available. At The Pines cars and pets are not permitted, and mostly double rooms are the standard. Cost is approximately \$2800 per month; Medicare may help. If the senior citizen prefers to stay at home, an electronic emergency device is recommended, and in-home care is available as hourly/daily home health aides or 24 hour service, all privately billed. Bruce Perry thanked Patty for a very informative talk about a problem that we all have to face, either personally or for a family member, and he presented her with our Certificate of Appreciation.



## PRESENTATIONS:

Stuart present Perfect Attendance Tabs to:



Craig Daniels – 1 Year



Ron Wagner – 14 Years



Joe Behson – 20 Years



Dave Booker – 31 Years

## HAPPY DOLLARS

- \$ **Skip Patton:** Here are 5 Happy Dollars to celebrate the Red Sox sweeping the Yankees 6 of 7 games this weekend!
- \$ **Bryce Ginther:** I had a great weekend at Lake Winnepesaukee, NH attending my nephew's wedding!
- \$ **Pat Lane:** We just had a really nice Kiwanis weekend: garage sale, spaghetti dinner, and the food trailer on the soccer fields!
- \$ **#2Jim Hoffman:** I'm pleased to report a very smooth opening of school!
- \$ **#3Jim Colabelli:** After months of pulling mowers, tools, and wagons around by hand, I bought myself a tractor, a UTV, and then went and upgraded my old generator to one that I only have to flip the switch to turn on! And I can pull that into place with my UTV too!
- \$ **#1Jim Rogers:** Nothing special, I just didn't want to be left out! *[Ed note: all 3 Jims sat side by side at the table!]*
- \$ **John Brownrigg:** Assisted a member to the doctor's Fri and Mon, so things seem to be looking up. Very glad to have Dianne Freeman back with us again! On a sad note, however, Bob Reiter's kidneys have gone into total failure, and he's being transferred from St Peter's to a hospital in Rochester.
- \$ **Stu Nippes:** I am now 12 days smoke free!

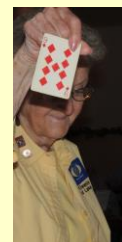
**DOOR PRIZE**, provided by Bob Loveridge, was won by **John Brownrigg!**

In addition, Jim Rogers provided a second door prize, originally provided by John Brownrigg 10 years ago, a bottle of wine labeled "Apache Oil Methane", produced by a group called "Grampies Have Fun" which has raised \$1.6 million for charity. The rules: whoever gets it must keep it for 10 years and then bring it back UNopened! The lucky winner was **Joe Behson!**



50/50 for \$26 was won by **Pat Lane!**

**MEGA 50/50** worth \$108.50 this week managed to hang on to it, despite the fact that **John Brownrigg** asked Eve Ward to pick for him. She only found the 9 of Diamonds from the 48 cards!



**COMING WEEKS...**

- SEPTEMBER 23      PROGRAM: *Nancy Davis*  
                           **Charles & Jean Vejvoda**, from the Doors of Hope  
                           GREETER/INVOCATOR/CERTIFICATE: *Jim Hoffman*
  
- SEPTEMBER 30      PROGRAM: *Jim Colabelli -- TBA*  
                           GREETER/INVOCATOR/CERTIFICATE: *Joe Grillo*
  
- OCTOBER 7         **INSTALLATION DINNER – GUESTS INVITED!**  
                           GREETER/INVOCATOR: **TBA**

**SPIRITUAL THOUGHT FOR THE WEEK:**

*“Wisdom is the quality that keeps you from getting into situations where you need it.”*  
**Doug Larson**, news columnist