



THE SANDPIPER



THE WEEKLY MEMBERSHIP NEWSLETTER OF THE **KIWANIS CLUB OF SAND LAKE, NY**

P. O. Box 535, West Sand Lake, NY 12196

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Meets 6:30 PM Mondays at The Lakeview Inn Restaurant

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MEETING OF NOVEMBER 19, 2012

PRESIDENT Michael T. Gates presiding

GREETINGS & INVOCATION by Dudley Dorr



GUESTS: Dr Lisa Thorn, speaker, Rose Dorr

WELCOME BACK, Ken James, Lyndon Ellis, and Gary Meislin!

PROJECT SIGNUP SHEETS

DOORS OF HOPE, unloading food truck

Tues Nov 20th: **Daniels, Lane, Davis, Ginther, Nippes, Behson**

CHRISTMAS TREE SALES at Botsy's Barbershop

Fri Nov 23rd unloading: **Gates, Nippes, Ginther, Tysiak**

Sat Nov 24th selling:

10-12: **Nippes, Wheeler,** _____

12-3: **Nippes,** _____, _____

3-6: _____, _____, _____

Sun Nov 25th:

12-3: _____, _____, _____

3-6: **Lane, Lyndon Ellis, Linda Ellis**

Weekday Hours 4:30-7:30

Mon Nov 26th: **Loveridge, Nippes, Parslow**

Tues Nov 27th: **Ward, Ginther, James**

Wed Nov 28th: **Weiss, Daniels, Patton**

Thurs Nov 29th: **Malecki, Nippes,** _____



BELLS OF LIFE Sat Dec 1st at Crossgates Mall, 2nd Level

10-1: *Brownrigg, Hamlin, Patton, Linda Ellis, Metchick*
1-3:30: *Mulligan, Ward, Linda Ellis, Metchick, Jim Parslow, Terry Parslow*
3:30-6: *Behson, Daniels, Malecki, Fioravanti, Lane*

5th MONTHLY PASTA DINNER @ WSL Firehouse, Saturday, December 8, 2012

12 – 7, Setup & Cook: *L&L Ellis, Loveridge, Beach, Metchick, _____*

3 – 5:30, Setup & Serve: *Weiss, Lane, Mulligan*

3:30 – 7, Cashiers: *Ward, Sarsfield*

5 – 7:30, Serve & Takedown: *Weiss, Lane, Fioravanti*

ANNOUNCEMENTS

- ❖ **Stuart Nippes:** Next year's Summerfest date is the weekend of June 15th.
- ❖ **Eve Ward:** Please donate either gifts or money for teenagers for distribution Dec 15th.
- ❖ **Eve Ward:** Our Holiday Dinner Party will be Monday, Dec 17th with social hour and hors d'oeuvres at 6 and dinner at 6:45PM. Guests most welcome!
- ❖ **Pres Mike:** Thank you note received from the Rensselaer County Veterans Service Agency for our full page ad in the program at their annual brunch Nov 4th. A copy of the full color program was received.

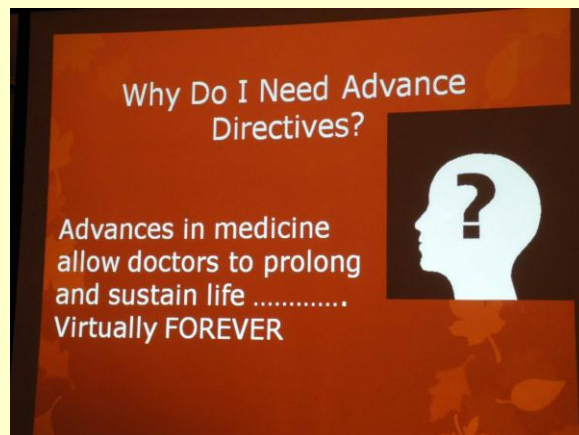


PROGRAM

Eve Ward introduced Dr Lisa Thorn, a local family physician whose office is located on the lower level of Sunoco On-The-Go on Route 43 across from Averill Park High School. She has been practicing in rural Rensselaer County since 1993, having been educated at RPI and Albany Medical College, served her residency at St Clare's Hospital in Schenectady, and earned an Executive MBA at RPI's Lally School. Active in local medical organizations, Dr Thorn is also the Medical Director at The Eddy Village Green at Beverwyck nursing facility in Slingerlands. She has twice traveled to Haiti on medical missions, is married to Mike Hanna, an RPI professor, and they have two daughters.

Dr Thorn presented an illustrated talk on the Advance Directives we should all complete to make our end of life preferences known to those who will be making decisions for us. With today's technology, doctors can keep people alive almost forever! Since most of us would probably not want that option, certain medical and legal steps should be taken. A common misconception that may cause persons to delay making a Living Will is that it's the same as a DNR (Do Not Resuscitate) order. It is not. A Living Will gives specific instructions for your care preferences.

Details differ from state to state, but it is basically your decisions for life support, pain relief, hydration, feeding, etc., on paper, and witnessed. A Power of Attorney is legal authority given to a specific person to make decisions, pay bills, and other activities. A Health Care Proxy gives two persons of your choice the medical authority to make decisions for your care, request or refuse treatments, based upon your wishes expressed while you are lucid and healthy. A Certificate of Mental Capacity requires two physicians to certify your ability to understand your situation. The DNR states that you wish no CPR, no advanced cardiac life support, no artificial nutrition or hydration, no "calling a code" if you are in a terminal end of life situation. This does not mean that care will be withheld before you reach that state. The form should be completed, and kept available. Most of all, we should openly discuss with family, close friends, and doctors what our wishes are so that no one will feel guilty about difficult choices.



Dr Thorn's lively talk sparked many questions, and she responded clearly and with humor. Dudley Dorr presented her with our Certificate of Appreciation for a most timely presentation.

HAPPY DOLLARS

- \$ **Eve Ward:** Thanks to Dr Thorn for a wonderful program!
- \$ **Dave Booker:** Glad this busy weekend is over, meeting with Kiwanis Board of Trustees, Key Clubs, and other Kiwanis Family groups!
- \$ **Ken James:** I'm glad I'm not old enough yet to need any of Dr Thorn's advice!
- \$ **Joe Behson:** Margaret is slowly improving, is out of the hospital, but still has weeks to go!
- \$ **Kevin Sarsfield:** Phyllis and I enjoyed a terrific week in New Orleans, had great weather, and ate lots of wonderful food!
- \$ **Bryce Ginther:** My son Drew who was deployed to an "undisclosed overseas" location for 3 weeks is now back in the US in South Carolina!
- \$ **Pete Stevens:** Finally got to my house in Long Beach Island, NJ to check on what Hurricane Sandy did, and found water damage & broken windows, but nothing major. Sunday I watched the time capsule burial!
- \$ **Gary Meislin:** Kiki caught her 5th mouse. That's my cat; my ex-wife does not chase mice. I just learned that the 3 guys who stole my coin collection sold them to the wrong guy, which led to their arrest, conviction, and a long prison term! But I didn't get the coins back!
- \$ **Jerry Tysiak:** Happy that Dr Thorn finally graced us! I've been trying to get her here for 10 years—I softened her up for you, Eve! I want to thank all who helped with the Thanksgiving food distribution this past weekend to 68 families, 130 kids. Workers were *Angelo Patti, Pat Lane, Eve Ward, Peg Weiss, Nancy Davis, Jim Colabelli, John Mulligan, Skip Patton, and Pat's Key Club grandsons Keith and Cody Lane!*
- \$ **Pat Lane:** I went to a wonderful show Fri night, but my twins worked for me! They told me that I had "neat friends"! Eve and Peg took them to supper afterward!
- \$ **Skip Patton:** I delivered a food box to a family living up in the mountains in a trash strewn trailer, but they thanked me!
- \$ **Pres Mike Gates:** No matter how fast I talk, our *Sandpiper* scribe gets it all down! Thanks!
[We can only hope! Ed]

DOOR PRIZE, provided by Eve Ward, was won by **Frank Breselor!**

50/50 for \$28.50 was won by **Rose Metchick!**



MEGA 50/50 grew to \$70 but even our **Banker Pres Mike** couldn't find that King—he picked the Queen of Spades from the 50 cards!

COMING WEEKS...

- NOVEMBER 26 PROGRAM: *Ron Wagner -- TBA*
GREETER/INVOCATOR/CERTIFICATE: *Linda Ellis*
- DECEMBER 3 PROGRAM: *Bob Pasquarelli -- Interclub Committee Update*
BOARD OF DIRECTORS MEETING
GREETER/INVOCATOR/CERTIFICATE: *Barbara Fioravanti*
- DECEMBER 10 PROGRAM: *Ray Turner -- TBA*
GREETER/INVOCATOR/CERTIFICATE: *Michael Gates*
- DECEMBER 17 PROGRAM: *Holiday Party! Guests Welcome!*
GREETER/INVOCATOR/CERTIFICATE: *Bryce Ginther*

SPIRITUAL THOUGHT FOR THE WEEK:

“God promises a safe landing, not a calm passage.” Anonymous