



THE SANDPIPER



THE WEEKLY MEMBERSHIP NEWSLETTER OF THE **KIWANIS CLUB OF SAND LAKE, NY**

P. O. Box 535, West Sand Lake, NY 12196

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Meets 6:30 PM Mondays at The Lakeview Inn Restaurant

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MEETING OF JULY 24, 2016

President Jean F. Hamlin, presiding

INVOCATION by **George Raneri**

GUESTS: Kathleen Leonard, speaker



with Craig Daniels, Program Chair.

WELCOME BACK:



Dave Booker, from PARIS! Plus



George Raneri,



Bob Loveridge, and



Joe Grillo!

PROJECT SIGNUP SHEETS

DOORS OF HOPE, unloading food truck

Fri August 4th: **Loveridge, Nippes, Colabelli, Patton, Behson, Wagner**

Mon August 21st: **Grillo, Loveridge, Nippes**

DIVISION COUNCIL/INTERCLUB, Rensselaer, Wed Aug 9, inside Firehouse, 4:30, Outdoor Concert by Triskele (Irish) following meeting, \$10 food served by Rensselaer Club:

Booker, Lane, Pasquarelli, Colabelli, Ward, Brownrigg

58th MONTHLY PASTA DINNER @ WSL Firehouse, Saturday, August 12

12 – 7, Kitchen/Cook: **Booker, Lewandusky, Nippes, Wagner, Brownrigg**

3 – 5:30, Setup & Serve: **Hamlin, Metchick**

3:30 – 7, Cashier: **Ward**

5 – 7:30, Serve & Takedown: **Hamlin**

MAKE A WISH CAR SHOW, FOOD TRAILER, Saturday August 19 @ Butler Park

9 AM TRAILER TO: **Nippes**

9 – 12 Serve & sell: **Nippes, Malecki, Wagner**

12 – 3 Serve & sell: **Nippes, Metchick, _____**

3 PM TRAILER BACK: **Nippes**

VALLEYCATS BASEBALL OUTING, Monday August 21 @ Bruno Stadium

Buy tickets early from Eve Ward; limited number available. No regular meeting.

RED CROSS BLOOD DRIVE, Thursday August 24, @ Church of the Covenant

12 – 1 Set Up: **Davis, Brownrigg**

1 – 3:30 Registration: **Ward**

1 – 3:30 Canteen: **Pasquarelli**

3:30 – 6 Registration: **Booker**

3:30 – 6 Canteen: **Daniels**

6 – 7 Clean Up: **Davis**

YEAR END STEAK & LOBSTER FEST, Monday, September 18 @ Mulligan's Home

Make your plans, guests welcome, save the date! Eve Ward will be taking reservations beginning next week. Price per dinner will be determined by cost of food purchased. The club decided with a very one-sided vote to have whole live lobsters rather than frozen lobster tails.

ANNOUNCEMENTS



Dave Booker gave an interesting report on his trip to Paris for the International Convention. If there was one clear impression, it was that Dave loves Paris! He climbed the Eiffel Tower, walked along the Champs Elysee, wandered around the Arch de Triumph, visited the Louvre Art Museum, and marveled at the 6-lane roundabout that was easier to get into than get out of! There was no problem with any acts of terrorism, but there also was a huge police presence! Sidewalk cafes were everywhere, so you just needed to choose what you wanted to eat, and sit down and people-watch! The convention was poorly attended, for many reasons: concerns for safety, expense, language, but none of those were pertinent. Only 29 delegates from the New York District were there. Several resolutions were voted upon; Dave will have the details. Next year's international president is from Illinois; the president elect is from the Philippines and the vice president is from Belgium. One newly elected trustee is from Florida. There were no women elected to any office. The change to electronic/internet voting was defeated. Despite the ordeal of his return flight taking 30 hours, instead of about 20, he definitely would return for another visit! The NY District Convention is in Lake Placid on the 24th & 27th of August this year, and next year's International gathering will be in Las Vegas!

John Brownrigg appealed for help this Friday moving leftover books from Lynn Catelotti's Good Buy Bookstore on Columbia Turnpike in East Greenbush. Come earlier in the week on Tuesday, Wednesday, or Thursday for some bargains—bring a shopping bag and fill it with books for only \$3!

Peg Weiss appealed for volunteers to write the *Sandpiper* on the three Mondays she will be down in North Carolina visiting family and friends. Joe Behson will do next week, the 31st, and John Mulligan offered to do it on August 7th, which is also a Board meeting night. Bob Loveridge will cover the meeting of August 14th.

PRESENTATION: President Jean awarded **Eve Ward** her pin tab for **16 years perfect attendance**, and then awarded one to **John Brownrigg** for **24 years!** Congratulations to both members for lots of service to Kiwanis!



PROGRAM



Program Chair Craig Daniels introduced Kathleen Leonard, program manager of Lifeline, Eddy Health Alert, now supervised by the St. Peter's Health Partners. Popular opinion for these push button help summoners needs updating. One of three Americans 65 years and older falls at least once a year, and it's a frightening experience. The chances of surviving a fall are six times greater if



you're found within an hour. The danger of permanent disability rises dramatically each minute a stroke victim is left unattended. Over 20% of the 1.6 million Americans who suffer heart attacks every year die because help didn't arrive on time. These are startling statistics to those of us who think an alarm system is only for really old folks. Anyone can fall, but the results are more serious for a 65+ senior, and Medical Alert can alleviate some of the consequences. Even if you are younger, other health issues can cause loss of balance resulting in a fall. Having assistance at the push of a button gives a person living alone the confidence to continue their regular activities.

Kathleen demonstrated Lifeline's equipment. Installation consists of plugging it into a regular household outlet. The alarm button may be worn as a bracelet (looks like a watch), or as a pendant. A new unit now available has a cellular base station and operates without the need for a land line phone. It has an LCD display showing the time, temperature, and cellular coverage. A real person answers when the alarm is pushed, and determines what type of help is needed. A smaller unit about the size of a cell phone contains a GPS, and is capable of finding you when away from home, and it also has a speaker. The larger unit rents for \$31 per month, and the portable one with the GPS costs \$38 per month. No contracts are required, and



you can try it out free for 30 days! The Eddy Health Alert is the fourth largest company, and has 4000 people signed up.

George Raneri thanked Kathleen for her fascinating presentation. Judging by the rapt attention of our members, and the questions asked, there was great interest in the product. He presented her with our Certificate of Appreciation.



HAPPY DOLLARS

- \$ **Rose Metchick:** 15 years ago I was diagnosed with breast cancer, and today I was declared cancer free! Great news, Rose!
- \$ **John Brownrigg:** Recently I was down in New Jersey evaluating some real estate for a possible sale, and heard this comment: Why does NJ have the greatest number of garbage dumps in the country, while CA has the most lawyers? Answer: NJ got first pick!

- \$ **John Mulligan:** My granddaughter participated in the Iron Man Marathon in Lake Placid, and was first in her group! She swam, biked, and ran, finishing in 10 hours 40 minutes!
- \$ **Joe Grillo:** We just spent 3 weeks in Italy with the family, including grandchildren, visiting Rome, Florence, and Venice—had a great time!
- \$ **Craig Daniels:** My Happy Dollar is for Kathleen’s informative program!
- \$ **Dave Booker:** I’m giving \$6.75, a dollar for each of the 6 3/4 hours that my 1 1/5 hour flight from Newark to Albany was delayed! Even with the delay it was a great trip!
- \$ **Jim Rogers:** I was supposed to pick Dave up at Albany Airport, but he did call me and tell me to go to bed and sleep!
- \$ **Eve Ward:** I’m happy for Dave’s safe return, and for the nice pin he brought me!
- \$ **Jean Hamlin:** My daughter Becky who’s been treated for breast cancer, today is 5 years clean! Another bit of **good** news, Jean!

DRAWINGS: The two dinners (unpaid) were awarded to Bob Loveridge and Bob Pasquarelli.

DOOR PRIZE, provided by Craig Daniels, was won by **Jim Colabelli!**

50/50 worth \$19 was won by **John Brownrigg!**

PROGRESSIVE 50/50, grown to \$433 this week, will grow some more next week.

Jim Rogers tried his best but only came up with the **9 of Clubs!** And there were only 21 cards to pick from!



COMING . . .

NEXT WEEK

July 31

PROGRAM CHAIR: *Skip Patton*
PROGRAM: **Travelogue of southern Spain**
GREETER/INVOCATOR: *Eve Ward*

In Two Weeks

August 7

PROGRAM CHAIR: *Peter Stevens/John Brownrigg*
PROGRAM: **House Committee Update**
GREETER/INVOCATOR: *Skip Patton*

In Three Weeks

August 14

PROGRAM CHAIR: *Jim Rogers*
PROGRAM: **Various Experiences**
GREETER/INVOCATOR: *Jim Rogers!*

In Four Weeks

August 21

ValleyCats Baseball at Bruno Stadium
 No regular meeting

SPIRITUAL THOUGHT FOR THE WEEK:

“In a world full of people who couldn’t care less, be someone who couldn’t care more.”

Author Unknown