



# THE SANDPIPER



## THE WEEKLY MEMBERSHIP NEWSLETTER OF THE KIWANIS CLUB OF SAND LAKE, NY

P. O. Box 535, West Sand Lake, NY 12196

www.SandLakeKiwaniis.org

SandLakeKiwaniis @nycap.rr.com

Meets 6:30 PM Mondays at The Lakeview Inn Restaurant

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Craig L. Daniels, Joseph M. Behson, Patricia A. Lane

## MEETING OF DECEMBER 22, 2014

PRESIDENT Linda Ellis presiding

GREETINGS & INVOCATION by Jerry Tysiak

GUESTS: Tom Rostocki, invited by Eve



and



guest speakers **Leonard Claus** (no relation to Santa)  
and **Sue Jones** from the Rensselaer County Health Department.

### PROJECT SIGNUP SHEETS

DOORS OF HOPE, unloading food truck Friday, January 2 and Tuesday January 20: only **Bob Loveridge** has signed up. **Bryce** will check whether there will be a delivery on the 2<sup>nd</sup>.

BLOOD DRIVE Tuesday, December 30: Setup 11-1 and Cleanup 6-7: Volunteers needed

Registration

1-3:30 Eve Ward

3:30 – 6 Pat Lane

Canteen

Linda Ellis

Bob Pasquarelli

MONTHLY PASTA DINNER @ WSL Firehouse, Saturday, January 10

12 – 7, Setup & Cook: **L&L Ellis, Brownrigg**

3 – 5:30, Setup & Serve: **Lane & Hamlin**

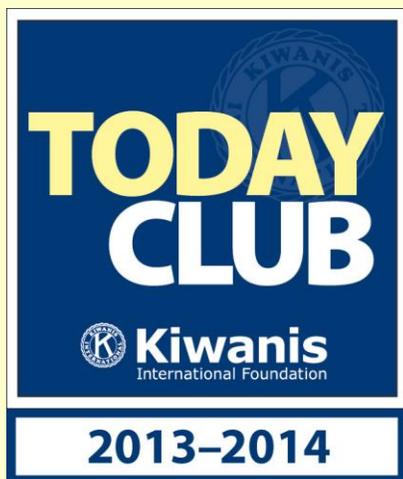
3:30 – 7, Cashiers: **Ward**

5 – 7:30, Serve & Takedown:

DIVISION COUNCIL MEETING/INTERCLUB Thursday, January 15 at the Senior Center, 50 Herrick Street, Rensselaer. Dinner catered by Casey's is \$20. **Ellis X 2, Pasquarelli, Ward, Booker** and **Mulligan** have signed up.

## ANNOUNCEMENTS:

**Pat Lane** received a note from Katie Patalano, nurse at Miller Hill School, expressing appreciation for our work with food and toy distribution. The school sent us a check for \$100 plus two \$100 gift cards to further that work.



**Dave Booker** announced that SLK has received designation and a banner patch as a “Today Club” from Kiwanis International Foundation for achieving Blue-level status for the 2013-14 year for per-member giving average of \$10. This is money donated to the International Foundation for the Children’s Fund, the Annual Club Giving campaign, Skip – A – Meal, etc. Not money donated to the Eliminate Project.

**John Bownrigg** was presented with the banner patch to attach to the Club’s Honors Banner. Another reminder of the many behind-the-scenes tasks previously undertaken by Dudley.



**Pat Lane** announced that we served 84 families including 192 children during our holiday food and toy distribution. 11 families neglected to pick up their boxes. She has delivered to two families, others have picked up at her house or will soon. She was unable to contact two of the families and will distribute their items among the remaining boxes. **Eve Ward** made up special gift bags for 64 teenagers for the holiday distribution. She also expressed appreciation for donations of knitted and sewn items from the Home Bureau.

**Joe Behson** announced that we collected \$122.44 in pocket change last month to benefit Eliminate. SLK has collected about \$600 in pocket change so far!

## PRESENTATIONS



**Barb Fioravanti** was presented with her pin tag for 21 years’ perfect attendance.

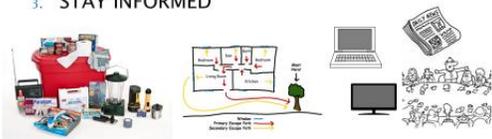
## PROGRAM

**Leonard Claus** gave us a synopsis on Personal Preparedness for emergencies, usually a two-hour presentation. The role of the Public Health Department is to coordinate various emergency servers including volunteers, and undertake planning, training, and education in preparation for emergencies. Centers for Disease Control funds the efforts, and the money is distributed through the New York Department of Health to local (county) departments.



### 3 Simple Steps

1. GET A KIT
2. MAKE A PLAN
3. STAY INFORMED



Leonard stated that generally people have in recent years become more dependent on public services to keep them safe, but in emergencies they must be prepared to act for themselves until help arrives, and it may be delayed for some time if the emergency is widespread. We must take ownership of our own safety. We have had emergencies in our area including hurricane damage, floods, and chemical fires. Power may go off for extended periods, roads may be closed, and access to food and water may be limited. People may need to leave their homes and communities for safety.

Leonard explained that there are three steps to preparedness: Get together an emergency kit, make a plan, and stay informed. In a storm or other disaster these steps can make the difference between life and death. Information on items to include in the emergency kit can be found on the web sites of CDC, Red Cross, and other sources. Families should have plans for a meeting place if they have to leave their house (e.g. for fire) or their neighborhood (fire, storm, etc.). Each family's needs would be different, but should include non-perishable food (3 days' worth), water (1 gallon per person per day), medications, pet needs, utensils and tools, battery-powered or crank radio, cell phone, extra power source, first aid kit, blankets or sleeping bags and clothes, medications, pet supplies, and cash and copies of important financial and legal documents. It is important to know where the shutoffs are for gas, electricity and water and have the appropriate tools to work them. Be careful using space heaters, and follow directions carefully. If kerosene type, use only K-1, NOT diesel or home heating fuel. Do not use heaters or generators indoors unless they specifically state they are approved. Keep CO and smoke detectors in good condition. If there is not a landline telephone, there must be a plan for how to reach 911 services. Also, be familiar with emergency plans at schools and workplaces. In order to stay informed, a radio with extra batteries or a crank radio is important, as telephones (even cell), computers and TV may not work if power outages are widespread.

### Be Informed

- LEARN MORE ABOUT
  - Different types of emergencies and their appropriate responses
  - Which emergencies are more likely to affect your area
  - The emergency plans in your community

Source: www.ready.gov



**Sue Jones** is the Medical Reserve Corps Coordinator for Rensselaer County. She told us that as a result of the confusion among the many responders to the Twin Towers disaster on 9/11/01, efforts were begun to coordinate first medical agencies, then all emergency personnel for disaster response. The Medical Reserve Corps has 200,000 volunteers serving in many capacities at call

centers, shelters, and dispensing clinics. Anyone can volunteer, as there are varied tasks, and there are two Incident Command System training courses to prepare volunteers for service. There are regular meetings, but attendance is not mandatory. There is no scheduled commitment, and service is voluntary. Medical professionals are asked to keep their licenses current.

### WHAT IS THE ROLE OF AN MRC VOLUNTEER IN A PUBLIC HEALTH EMERGENCY?

An MRC volunteer could be asked to do a variety of things including:

- Staff a call center
- Staff a shelter
- Staff a point of dispensing clinic

Three photographs showing MRC volunteers in action. The top photo shows a volunteer at a computer workstation. The bottom-left photo shows volunteers in a large room, possibly a shelter or call center. The bottom-right photo shows volunteers in a room with medical equipment, likely a dispensing clinic.

Each Kiwanian was given a folder with many brochures on preparedness to assist in making a kit and a plan.

Jerry Tysiak presented each with a certificate and the thanks of the club for a very interesting presentation.

## HAPPY DOLLARS

**Jerry Tysiak** was happy for surviving a hectic couple of weeks, with a delayed house closing, moving, Cindy's retirement, and the death of his mother while he was away on a cruise. He expressed appreciation for cards and kind wishes from SLKs.

**Jean Hamlin** was happy for **Bob Loveridge's** assistance when she had a flat tire. She had another happy \$ for a birthday gift from the kids she works with of a blanket decorated with their hand prints. She then treated us to one of her stories, which your ed. will try to recreate: Sven and Olga were concerned about Olga's failing health, and she asked him if he thought he'd remarry if she died. He said he thought he would, as he would need someone to cook his meals, clean the house and wash his clothes. She asked if the new wife would sit at her place at the table, and Sven said he thought she probably would. And would she sleep on Olga's side of the bed? Well, Sven said that, being his wife, she probably would. So Olga went to an artist and asked him to paint her portrait, only she wanted to be depicted bedecked with many fancy jewels. The artist wondered why, since she didn't have those things. Olga explained that she wanted the new wife to go crazy trying to find them.

**Bob Pasquarelli** was happy that Pat and her son Tom came and wrapped the food trailer for the winter.

DOOR PRIZE, provided by **Lyndon**, was won by **Jerry Tysiak**. One extra meal went to guest speaker **Leonard Claus**. In turn, **Leonard** and **Sue** had brought two emergency kits won as door prizes by **Lyndon** and **Barb**.

50/50 for \$17 was won by **Bob Loveridge**.

PROGRESSIVE 50/50, worth \$169 this week with 45 cards remaining, eluded **Bob Pasquarelli**, who could only come up with the 6 ♥.



## COMING WEEKS...

NEXT MEETING: Program Chair **Drew Cook**  
Program: **Dr. Timothy M. Kelly**.  
Greeter/Invocator/Presenter: **Bill Whipple**

JANUARY 5 Program Chair: **Bob Pasquarelli**  
Program: Interclub Committee Update  
Greeter/Invocator/Presenter: **Drew Cook**

## SPIRITUAL THOUGHT FOR THE WEEK:

*My idea of Christmas, whether old-fashioned or modern, is very simple: loving others. Come to think of it, why do we have to wait for Christmas to do that? -Bob Hope*

# Happy Holidays!

