



THE SANDPIPER



THE WEEKLY MEMBERSHIP NEWSLETTER OF THE KIWANIS CLUB OF SAND LAKE, NY

P. O. Box 535, West Sand Lake, NY 12196

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Meets 6:30 PM Mondays at The Lakeview Inn Restaurant

President Stuart J. Nippes

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Barbara K. Fioravanti, Robert R. Loveridge, Janet C. Malecki

Craig L. Daniels, Joseph M. Behson, Patricia A. Lane

MEETING OF APRIL 14, 2014

PRESIDENT Stuart J. Nippes presiding

GREETINGS & INVOCATION by **George Raneri**

GUESTS: **Andrew DeLaMater**, student ambassador for People to People

PROJECT SIGNUP SHEETS

DOORS OF HOPE, unloading food truck

Tues April 15th: *Daniels, Loveridge, Patton, Ginther, Davis, Whipple*

DIVISION COUNCIL MEETING @ Rensselaer Club, 6:30 pm Thurs Apr 24th, \$20 Ham dinner:

Booker, Lane, Weiss, Ward

RED CROSS BLOOD DRIVE @ Church of the Covenant, Fri Apr 25th, 1 – 6 PM:

12 – 1 Set Up: *Davis, Daniels*

1 – 3:30 Registrar: *Ward*

3:30 – 6 Registrar: *Lane*

6 – 7 Breakdown: *Davis, Patton*

1 – 3:30 Canteen: *Weiss*

3:30 – 6 Canteen: *Colabelli*

22nd MONTHLY PASTA DINNER @ WSL Firehouse, Saturday, May 10th:

12 – 7, Setup & Cook: *L&L Ellis, Loveridge*

3 – 5:30, Setup & Serve: *Weiss, Jensky, _____*

3:30 – 7, Cashiers: *Ward*

5 – 7:30, Serve & Takedown: *Weiss, _____, _____*

VAN RENSSELAER DIVISION KIWANIS FAMILY FUN DAY @ Schodack Park, Sat May 10th: Noon – 4 PM: *Lane, Weiss, Ward, Malecki, McEntyre*

REMINDER: CASTLETON/SCHODACK CLUB'S 75TH ANNIVERSARY, Fri May 2nd at Birch Hill, RSVP by April 22nd, you **MUST** preregister with the Castleton Club, Booker has forms.

We should have at least an interclub supporting the Castleton Club at this milestone.

ANNOUNCEMENTS

- ✓ **Pat Lane** introduced Andrew DeLaMater, freshman at APHS and a Troop 528 Boy Scout working on his Eagle Award. Andrew has been nominated as a Student Ambassador for The People to People to do volunteer work in Australia in June which will also give him high school credit. Andrew explained that he will be studying and increasing his cultural



intelligence by learning how to help others throughout the world. He is looking for an organization that does many different things for our community with which he can do volunteer work, and he is also requesting a monetary donation to help finance the 20 day trip to Australia, which will cost \$8000. He has been actively fundraising and has currently raised \$3100. The Averill Park Transportation Dept is helping, and the other two APHS students and he plan to have a fund raiser together. He is very excited about the trip, which will

include staying with families, learning to play cricket and how to throw a boomerang, visiting the Sydney Opera House, a sheep farm, and the Great Barrier Reef. Andrew's request will be considered at our next Board of Directors Meeting.

- ✓ **Jerry Tysiak** read a thank you note from Poestenkill Elementary PTA President Valerie Catlin for our participation in providing food during their 2nd Annual Discovery Day.
- ✓ **Jean Hamlin** requested physical help for the Brookside Seniors during the renovation of their apartments. Belongings must be packed and unpacked.
- ✓ **Pres Stu** presented House Chair Dudley Dorr with the banner patch honoring the club for its annual giving to the Kiwanis Foundation. We have received this every year since 2007.
- ✓ **HOBY** needs essay contest readers and Future Leader interviewers on Sat and Sun mornings, May 31 and June 1. See Secretary Dave for details if you are interested.
- ✓ **Scott Gundrum**, Eagle Scout candidate, reported having sent 32 care packages to our troops. He will be sorting and packing another shipment soon, and would like our help.
- ✓ **Summerfest** meeting tonight following the regular meeting.

PRESENTATIONS:

President Stu awarded **Pete Stevens** his Kiwanis pin tab for 3 years of perfect attendance!



To Dudley - to be added to the Club's Honor Banners – the 2013-2014 Chevron for donating to the Kiwanis International Foundation Annual Club Giving Campaign.

PROGRAM

Miller Young, SLK member and owner since 2007 of Young's Pharmacy & General Store in Averill Park, led a discussion about the changes occurring with pharmacies and Medicare and Medicaid. There are new rules and regulations coming out frequently. Things are definitely not the way they were portrayed in Norman Rockwell's pictures. Most pharmacies do not make up prescriptions anymore; they come prepared from the drug companies. There is a trend toward more interaction between pharmacist and patient, in the smaller independent stores more than in the large chains, and patients are more informed. Hopefully there is more cooperation between patients, medical doctors, pharmacists, and insurance companies. People see many doctors today, and drug interactions can be dangerous when more than one person is prescribing, making a relationship with the pharmacist more important. Currently a pharmacist must learn about more than 250 drugs as opposed to fewer than 100 when Miller first started. He



discussed MTM (Medication Therapy Management), "donut holes", generics, and preferred networks. They don't really save that much money and are determined by insurance companies. As patents on medications expire, more drugs are available as generics which are less expensive and may have no co-pay. Generics have the identical chemistry as the original, and the active ingredient must be within 10% of the amount in the brand name. However allergens must be scrutinized as every patient has different reactions. Medicare and insurance companies keep close track of prescriptions so people cannot go to several pharmacies. Standards are regulated between pharmacies, doctors, and hospitals, all of whom are required to fill out surveys. Also discussed was the predominance of public print and TV commercials for drugs, urging people to "ask your doctor if this is right for you." When asked why all the frightening possible side effects were given, Miller openly replied that the drug companies were "covering their ass!" Judging by the number of questions, and the standing ovation, Miller's presentation was very well received!

HAPPY DOLLARS

- \$ **Pete Stevens:** I have 3: my taxes are done! My son and daughter helped with the yard work! And a suspicious spot behind my ear was dug out, and was not cancer!
- \$ **Skip Patton:** Mine is for Miller's presentation, and his great pharmacy!
- \$ **Eve Ward:** I've been going to Miller ever since he opened, and he has been very helpful!
- \$ **Pat Lane:** I went to Miller's and got a much better reaction!
- \$ **Jean Hamlin:** I too have gone to Miller's ever since he opened, and I love those Glorious Morning muffins!
- \$ **Sue Jensky:** Tonight's speaker did a great job! My late mother's birthday is right around this time in April, and I just came across an old email from her dated 4/21/2006!
- \$ **Mike Gates:** My newly renovated kitchen is finally done, and I was making my own supper, when I microwaved some mac & cheese, without adding the required water, resulting in lots of billowing black smoke! I read the directions to clean things up with lemon, but I didn't add the water to that either—more black charring! Shelley will not be happy!
- \$ **Jerry Tysiak:** We spent 2 weeks in FL after our flight was delayed due to a reported tornado over Orlando. Temps were in the 80s, and both our daughters visited, one of whom is a pharmacist!
- \$ **Miller Young:** I'm happy to have put my garage door back together after my wife drove through it!
- \$ **Bill Whipple:** We visited the Easter Egg Museum in Schoharie which was very interesting. I picked up a brochure on the Catskills and discovered the photos were taken by a man named Russell Patton!
- \$ **Bob Loveridge:** Thanks to the 3 SLK members who came to support our Spaghetti Dinner: Gary Meislin, Jerry Tysiak, and Bryce Ginther!
- \$ **Stuart Nippes:** Kudos to Miller who had the courage to open his own store, and he also had the courage to say "ass" at a meeting!



DOOR PRIZE, provided by Miller Young, was won by **Peg Weiss!**

50/50 for \$26 was won by **Pres Stu**, who donated it to EliMiNaTe! That's 14 women and their future children that you have protected from tetanus, Thanks, Stu!



PROGRESSIVE 50/50, worth \$643 this week, foiled us again. **Dudley Dorr's** ticket was pulled, but the best he could pick from the 21 remaining cards was the **9 of Spades!**



COMING WEEKS...

- APRIL 21 PROGRAM: *Barb Fioravanti, John Mulligan, Janet Malecki*
Installation of Key Club Officers for 2014-2015
GREETER/INVOCATOR: *Rose Metchick*
- APRIL 28 PROGRAM: *Bob Loveridge, Update on Young Child Priority #1*
GREETER/INVOCATOR: *Woodie Hacker*
- MAY 5 PROGRAM: *Jim Hoffman, APCSD Budget Presentation*
BOARD OF DIRECTORS MEETING
GREETER/INVOCATOR: *Jim Rogers*
- MAY 12 PROGRAM: *Stuart Nippes*
ANNUAL MEETING & ELECTION OF OFFICERS
GREETER/INVOCATOR: *Eve Ward*
- MAY 19 PROGRAM: *Jim Rogers – Holy Land Trip*
GREETER/INVOCATOR: *Lyndon Ellis*
- MAY 26 NO MEETING -- MEMORIAL DAY -- PARADE

SPIRITUAL THOUGHT FOR THE WEEK:

“If no one ever took risks, Michelangelo would have painted the Sistine floor.”

Neil Simon