

THE PILOT CLUB OF
CANYON LAKE
MAY 2015
NEWSLETTER

Pilot Club Officers 2014-2015

President Linda Conger
President Elect Cathie McFarren
Recording Secretary Diane Schaule
Corresponding Secretary Marilyn Good
Treasurer Susan Bogle
Directors
Bea Eden (2 years)
Roze Strohmeyer (1 year)
Anna Burdick (2 years)
Sandy Kaupp (1 year)

Newsletter Editor Diane Schaule
Reporters—All Pilots

PRESIDENT'S CORNER...FROM PRESIDENT LINDA

Dear Pilots,

Four years ago, after having been a Pilot for less than a year, I was asked if I would serve as President-Elect of the Club. While it required that I traverse a very steep and winding learning curve, the three-year journey has been fulfilling, inspiring, sometimes challenging, and always educational.

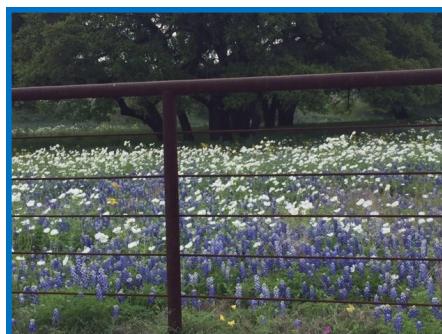
I was raised with the principle of "if you are not moving forward, you are moving backward." I do believe our Club is moving forward: a website, a Facebook page, increased support for TBI camps, increased and widening support of community organizations, and scrutiny of some dated processes. This practice will ensure that our Club thrive for years to come.

I was delighted to learn at the recent TX District Pilot Convention that the District is doing well also: a 6% growth in membership over the past year, three new clubs to be chartered, and two new Anchor Clubs formed! Learn more about the Convention elsewhere in this newsletter.

Thank you! Thank you! Thank you! for your confidence in my leadership and for your patience, understanding, and guidance – I couldn't have done it without you!!!

In Pilot Service and Friendship,
Linda

Welcome to spring in Texas!



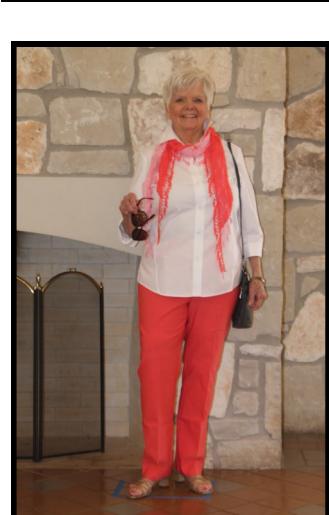
We
PILOT
From The
Heart



CANYON LAKE PILOT CLUB STYLE SHOW & LUNCHEON



MARCH 12,
2015



THANKS, ANNA, NELL,
MARILYN, SANDI,
PILOTS AND
CO-PILOTS!

**MARCH PILOT CLUB BUSINESS MEETING FEATURED
MR. BOB SLOCUM, EXECUTIVE DIRECTOR, NEW LIFE TREATMENT CENTER**



New Life Children's Center in Canyon Lake – a residential treatment center for severely troubled girls ages 11-17 – addresses treatment for emotional disorders due to abuse and neglect. These children arrive at New Life with serious emotional and behavioral disorders stemming from past trauma. Beyond the basic needs of shelter, clothing and food, New Life has given more than 2,000 girls a safe place to heal since 1993.

Almost all of the girls who arrive at New Life's tranquil country setting are coming directly from foster homes, with behaviors too intense and disruptive for their foster parents to handle. Many have had several foster care placements before Texas Child Protective Services (CPS) places them at New Life. The Hill Country campus with home-like dormitories and specialized trauma therapy help restore a sense of hope for their futures.

Canyon Lake Pilots are proud to be making a difference in the lives of the girls by donating their time to "Chick Time", teaching them crafts, donating sets of sheets to incoming residents, buying Christmas gifts of clothing, and helping sort all of the donations at New Life. Our "Donation Divas" meet once a month to help get all of the donated items in order. Canyon Lake Judy Golden is currently a member of the New Life Board of Directors.



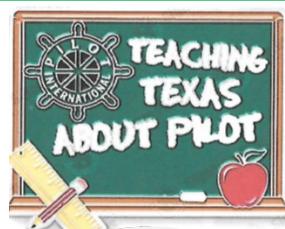
2015 PI CONVENTION NEWS

President Linda and Diane Schaule attended the 2015 Texas District PI Convention in Frisco, TX. Pictured is President Linda displaying the Canyon Lake Club banner. Governor Elena-Lara Ramon sponsored a Fiesta Pilot Banquet Friday night dinner complete with a 15-

piece Mariachi band from Greiner Middle School. They were fantastic! Thank you, Governor Elena for your leadership during 2014-2015. Mission accomplished!! We welcome Governor-Elect Janell Abbott and the incoming DAC officers who were installed at Saturday night's banquet. Best wishes to each of these Pilots for a very successful year!



*Outgoing TX Lt Gvrs
Kathy & Diane*



2015-2016 Texas DAC

TRAUMATIC BRAIN INJURY—SIGNATURE WOUND OF THE IRAQ AND AFGHANISTAN WARS

Traumatic Brain Injury (TBI), often called the signature wound of the Iraq and Afghanistan wars, occurs when a sudden trauma or head injury disrupts the function of the brain. Common causes of TBI include damage caused by explosive devices, falls and vehicle or motorcycle accidents. Most reported TBI among Operation Enduring Freedom and Operation Iraqi Freedom service members and veterans has been traced back to Improvised Explosive Devices, or IEDs, used extensively against Coalition Forces.

What is TBI? TBI may happen from a blow or jolt to the head or an object penetrating the brain. When the brain is injured, the person can experience a change in consciousness that can range from becoming disoriented and confused to slipping into a coma. The person might also have a loss of memory for the time immediately before or after the event that caused the injury. Not all injuries to the head result in a TBI.

Symptoms can appear immediately or weeks to months following the injury. Depending upon the severity of the wound, TBI injuries fall into different categories:

- Mild Traumatic Brain Injury (MTBI): commonly referred to as a concussion, is a brief loss of consciousness or disorientation ranging up to 30 minutes. Though damage may not be visible on an MRI or CAT scan, common symptoms of MTBI include headache, confusion, lightheadedness, dizziness, blurred vision or tired eyes, ringing in the ears, bad taste in the mouth, fatigue or lethargy, a change in sleep patterns, behavioral or mood changes, and trouble with memory, concentration or attention. MTBI can have long-term effects, known as post-concussion syndrome (PCS). Those who suffer from PCS can experience significant changes in cognition and personality.
- Severe Traumatic Brain Injury: symptoms of Severe TBI include all those of MTBI, as well as headaches that get worse or do not go away, repeated vomiting or nausea, convulsions or seizures, inability to awaken from sleep, dilation of one or both pupils of the eyes (also known as anisocoria), slurred speech, weakness or numbness in the extremities, loss of coordination, and increased confusion, restlessness, or agitation. Severe TBI is associated with loss of consciousness for over 30 minutes, or amnesia.

TBI can cause a number of difficulties for the person who is injured. This can include physical changes, changes in the person's behavior, or problems with their thinking skills. After an injury, a number of symptoms might be noted including headaches, dizziness/problems walking, fatigue, irritability, memory problems and problems paying attention. These changes are often related to how severe the brain injury was at the time of injury.

Texas Pilot TBI Camps offer specialized camps for adult survivors of TBI. Are campers all veterans with TBIs? Not necessarily. TBI survivors come from all walks of life—some were injured in car or other vehicular accidents, childhood injuries that left them with brain damage, and serious illnesses that affected the brain. There are a multitude of reasons for TBIs and no two are alike in their symptoms or severity.

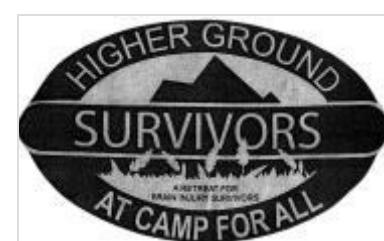
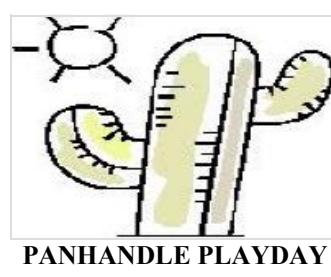
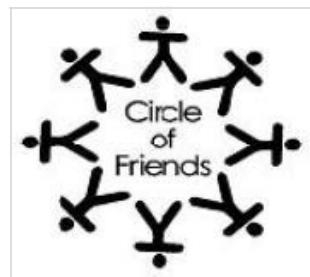
TRAUMATIC BRAIN INJURIES—CONTINUED

Texas TBI Camps have been the signature project of the Texas District Pilot International for a number of years and reconfirmed each year at the Texas District Pilot International Convention. Please consider serving as a volunteer or camp counselor at Higher Ground, Burton, Texas, in late April of each year. Mountain High TBI camp is held in Red River, New Mexico in late August of each year. You will be inspired by the friendships among the campers that developed over the years. Everyone looks forward to being with other campers who share a common bond. No one is different here—all the campers can be themselves. I'm pleased to have served as a counselor at both Higher Ground and Mountain High for the last year.

I encourage all Pilots to consider volunteering their time and energy at any of the camps. Check the Texas District Pilot International website at <http://txpilottbicamps.org> for camp dates and more information.



TEXAS CAMP FOUNDATION



GOING THE EXTRA MILE (GEM) AWARD GOES TO.....

PILOT ANNA BURDICK

Anna joined the Canyon Lake Pilot Club in September 2005. She is a tireless worker, volunteering for the bicycle rodeos, Wreaths Across America, Alzheimer's Walk, and yearly style shows, to name just a few activities. She's served in many elected positions on the Board. Her Co-Pilot Ned is by her side at these activities, always helping our Club. Of her many accomplishments, she's being recognized in this edition of the newsletter for the superb job of planning and organizing the March 12th annual style show and luncheon!! Many guests said it was the best show yet! Thank you, Anna !!!



WII BOWLING IN MARCH AT OAK TREE ASSISTED LIVING



Once again, Curtis Crownover and Mary Helen beat the pants off the rest of the bowlers! Kudos to these two pros! Your editor bowled as a sub and didn't even come close to the super scores achieved by these two. Thanks to Pilots Anna Burdick, Coach Debbie Drum, her daughter Heather, Sharon Edwards, and Dorothy Fuller, our faithful Pilot volunteers who come each month. Vera (in the purple next to Debbie) was on hand to watch the shelling.

PILOTS IN THE NEWS—OUT AND ABOUT

SPRING TRANSFORMS CANYON LAKE INTO A FRENZY OF ACTIVITY! HERE ARE SOME OF THE EVENTS PILOTS WERE PLEASED TO BE A PART OF!



PILOTS SUZANNE HIGGERSON AND DIANE SCHAULE ATTENDED THE REDEDICATION ON MARCH 28TH OF THE HISTORICAL MARKER HONORING GERMAN PIONEERS FOR THEIR EFFORTS IN DEVELOPING THE CANYON LAKE AREA. MARKER IS LOCATED IN OVERLOOK PARK AT CANYON DAM.

YOUR EDITOR WAS SO VERY PLEASED TO BE ASKED TO INTRODUCE TEXAS SENATOR BRIAN BIRDWELL, SENATE DISTRICT 22, AT A RECENT EVENT AT THE NEW BRAUNFELS CONVENTION AND CIVIC CENTER. SENATOR BIRDWELL, THEN A LIEUTENANT COLONEL IN THE UNITED STATES ARMY, WAS AT THE PENTAGON ON 9-11 AND WAS SEVERELY BURNED OVER 60% OF HIS BODY WITH THIRD AND SECOND DEGREE BURNS. HE SUFFERED THROUGH OVER 30 SURGERIES. LIEUTENANT COLONEL BIRDWELL RETIRED IN 2004 AND WAS ELECTED TO THE TEXAS SENATE IN A SPECIAL ELECTION IN 2010 AND SINCE REELECTED TO SERVE UNTIL 2017.



LIEUTENANT COLONEL BIRDWELL RETIRED IN 2004 AND WAS ELECTED TO THE TEXAS SENATE IN A SPECIAL ELECTION IN 2010 AND SINCE REELECTED TO



MORE PILOTS OUT AND ABOUT



PILOTS CELEBRATED AN EARLY FIESTA AT THE LITTLE CLUB ON MARCH 28TH. A GOOD TIME WAS HAD BY ALL! GREAT FOOD AND GREAT COMPANY!



PILOTS WORKING TOGETHER FOR OTHER COMMUNITY SERVICE ORGANIZATIONS



PILOTS KAY HOFFMAN AND SUZANNE HIGGERSON, MEMBERS OF WING SOCIETY, GET READY FOR THE CASA FUNDRAISER. PICTURED RIGHT IS SUZANNE AND CO-PILOT DAVID.



CANYON LAKE ART GUILD—17TH ANNUAL JUDGED ART SHOW LASTING IMPRESSIONS—NEW BRAUNFELS ART LEAGUE



Betty Smith and Marilyn Good are members of the Canyon Lake Art Guild. The event was Canyon Lake Art Guild's 17th Annual Judged Art Show titled "Lasting Impressions" held at the New Braunfels Art League Gallery in New Braunfels. Betty and Marilyn had several entries. Marilyn placed 3rd in the Dimensional Media category and 2 of her pieces sold. Pictured is "Waterfall". All works were displayed in the gallery from April 3rd to April 29. Congrats to these very talented Pilot artists!

There's nothing quite as beautiful as spring in Texas, especially when there's been rainfall to bring out the bluebonnets, Indian paintbrush, white thistle flowers, Spanish daggers, and all of the great wildflower colors that make this area so spectacular at this time of year! Pictured is our very own Susan Bogle in a field of bluebonnets!



PILOTS SHOW THEIR CREATIVITY AT TPML TABLES DU JOUR EVENT



Pretty Papers, Pretty Ribbons...and You—Cindy Helton



Old McDonald's Farm—Betty Smith



Puttin' on the Glitz—Merry Corbin created this table scape in honor of Pilot Anna Paula Casey who visited from Alabama!

Swing into Spring—Shirley Skala,
You hand-painted these exquisite plates?



Happy 2015 birthday wishes to Pilots!

MAY

SANDI KOONCE—13TH
LOIS RICCI—17TH

JUNE

CINDY HELTON—8TH
JANE COBLE—16TH
BETTE WEHNER—16TH
JANE MODESITT—17TH
CAROLYN INMAN—29TH

