

K-Bell Track/Field Volunteer Positions

POSITION	SHIFT	NAME	PHONE
1) Clerk of the Course Check in F/S Boys			
	7:00 – 9:00am		
	10:30 – 1:00am		
	1:00 – 3:30pm		
	3:30 – 6:00pm		
2) Clerk of the Course Check in Varsity Boys			
	7:30 – 10:00am		
	11:00 – 1:30pm		

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	1:30 – 4:00pm				
	4:00 – 6:00pm				
	4:00 – 6:00pm				
3) Clerk of the Course Check in Girls					
	11:00 – 1:30pm				
	1:30 – 4:00pm				
4) Clerk of the Course Check in Varsity Girls					
	7:30 – 10:00am				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
5) Finish Line Assistant Lap Counter/ Split Reader					
	7:30 – 10:30am				
	7:30 – 10:30am				
	10:30 – 1:30pm				
	10:30 – 1:30pm				
	1:30 – 4:30pm				
	1:30 – 4:30pm				
	4:30 – 8:30pm				
	4:30 – 8:30pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
6) Discus Aid					
	8:15 – 11:30am				
	8:15 – 11:30am				
	8:15 – 11:30am				
	8:15 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
7) Discus Lead					
	8:15 – 11:30am				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
8) High Jump Aid					
	8:15 – 11:30am				
	8:15 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 4:30pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	1:30 – 4:30pm				
9) High Jump Lead					
	8:15 – 11:30am				
	11:00 – 2:00pm				
	1:30 – 4:30pm				
10) Long Jump Aid					
	8:15 – 11:30am				
	8:15 – 11:30am				
	11:00 – 2:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
11) Long Jump Lead					
	8:15 – 11:30pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
12) Pole Vault Aid					
	8:15 – 11:30am				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	8:15 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
13) Pole Vault Lead					
	8:15 – 11:30am				
	11:00 – 2:00pm				
	1:30 – 5:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
14) Shot Put Aid					
	8:15 – 11:30am				
	8:15 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 4:30pm				
	1:30 – 4:30pm				
15) Shot Put Lead					
	8:15 – 11:30am				
	11:00 – 2:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	1:30 – 4:30pm				
16) Triple Jump Aid					
	8:15 – 11:30am				
	8:15 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
17) Triple Jump Lead					
	8:15 – 11:30am				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
18) High Hurdle Crew					
	8:30 – 10:30am				
	8:30 – 10:30am				
	8:30 – 10:30am				
	8:30 – 10:30am				
	8:30 – 10:30am				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	8:30 – 10:30am				
19) Intermediate Hurdle Crew					
	3:00 – 5:00pm				
	3:00 – 5:00pm				
	3:00 – 5:00pm				
	3:00 – 5:00pm				
	3:00 – 5:00pm				
	3:00 – 5:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
20) Discus Retrieval					
	8:30 – 11:30am				
	8:30 – 11:30am				
	8:30 – 11:30am				
	8:30 – 11:30am				
	8:30 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	1:30 – 5:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
21) Long Jump Raker					
	8:30 – 11:30am				
	8:30 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
22) Shot Put					

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
Retrieval					
	8:30 – 11:30am				
	8:30 – 11:30am				
	11:00 – 2:00pm				
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
23) Triple Jump Raker					
	8:30 – 11:30am				
	8:30 – 11:30am				
	11:00 – 2:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
	11:00 – 2:00pm				
	1:30 – 5:00pm				
	1:30 – 5:00pm				
24) Hip Number Official/ Starting Blocks					
	9:00 – 12:00pm				
	9:00 – 12:00pm				
	12:00 – 3:00pm				
	12:00 – 3:00pm				
	3:00 – 6:00pm				
	3:00 – 6:00pm				

POSITION	SHIFT	NAME	SIGN IN	IN TIME	OUT TIME
25) Official Results Posting					
	12:30 – 3:30pm				
	3:30 – 6:30pm				