

MIDLAND KIWANES



Kiwanis®

President: Cathy Devendorf
Secretary: Richard Kopple
President Elect: Ralph Wirtz
Treasurer: Cheryl Whitman

Location: Valley Plaza, The Great Hall
Time: Monday Nights, 6:00 PM

Bulletin Publisher: Justine Arvizo
Vol.79 No. 12
January 8, 2018

Website: www.midlandkiwanis.org
www.mi.kiwanisone.org
www.kiwanis.org

President Cathy opened the meeting at 6:30 PM.

Program Next Week: Emily Schafer, Midland Area Community Foundations

Program Upcoming Meetings:

January 22: Kiwanis Foundation
January 29: STEM Committee

Committee Meetings this week: Board

Committee Meetings next week: Foundation

Secretary's Report:

- Monthly Reports **Due January 10**
- MI District Birthday Dinner is January 20, Greektown Casino. See MI Kiwanis website for more info
- Kiwanis International Convention – Las Vegas, June 28- July 1. Check it out on Kiwanis International website

Anniversary: None

Birthdays: None

Guests: Bruce Rayce (Lt. Gov. & Kiwassee), Greg Smith (MI District ED), Joy Buchanan (Suicide Resource & Response Network Board Member)

Announcements:

- Donna Jo: Guatemalan coffee is here for pickup
- Earl: Pink buckets are here waiting for you!
- Cal: Delta Planetarium Lunch with Director and tour will leave Great Hall at 11 a.m. on Thursday, 1/11.
- Kevin: Salvation Army report the Club spent 8 hours ringing bells and raised \$238. The Salvation Army reached their goal by just over \$100.
- Bruce Rayce: indicated MHS Key Club (sponsored by Midland Kiwanis) was the TOP fundraiser again in 2018.
- Bruce Rayce: **1)** Spring Division Mtg-3/17 in Alma, **2)** Division Training-1/13. Brainstorming how to retain and grow clubs and membership. **3)** Kiwassee sponsoring program on 5/22. Speakers are Midland Co. Sheriff Stephenson, Midland Probate Judge Allen and Midland Public School Superintendent Sharrow to discuss needs of County children and how Kiwanis may engage in programs to serve them.

- Greg Smith: **1)** District Birthday Party-encouraged to bring potential members. Program will address them. **2)** Membership: Launched 7 new clubs and lost 7 clubs in 2017. Goal for 2018 is to open 8 new clubs and grow existing clubs. Distributed brochures with Midland Co. info for potential members, disk with letters to newspapers, radio and TV promotion ideas and copies of articles providing ideas to draw new members and excite current members. **3)** Leadership: 2/17 at MSU Education Center in Troy will host a workshop to develop leadership from within.

Happy Dollars:

- Roger B.: OSU beat MSU!
- Kevin: All the family were home (19) for the holidays
- Randy: Went to Iowa for holidays with son's family and U of M basketball team checked into the same hotel
- Bruce: Glad to see Cal is back on the tennis court
- Craig: Good news-all family was home for Christmas Day...bad news day after septic tank backed up

Program: *Barb Smith Suicide Resource & Response Network*, Saginaw

Don Hammond, Community Service Committee introduced Barb Smith who is the founder and facilitator of Survivors of Suicide. This non-profit group has been supporting families and friends after a death to suicide for the past 26 years. Barb also works with families and friends left behind after a death by suicide as a private grief and suicide consultant.

Barb is passionate about her efforts because she had and brother and sister-in-law who committed suicide. She has firsthand experience with the pain those left behind go through.

The organization has just recently changed its name to reflect its expanded focus. Barb still accompanies the policeman to family's home to tell them of a loved one's death. She sits with them for the first hours to deal with the shock, grief and funeral arrangements. She's available as a consultant in the following weeks and months.

The newly renamed organization works with partners (law enforcement, medical facilities, schools, etc.) in all GLBR counties, throughout the state and nation.

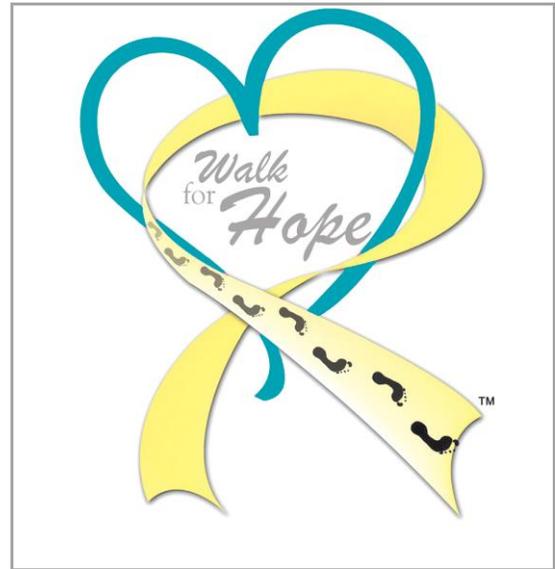
In 2016 suicides nationwide were 44,965, in Michigan 1,364 and in the Great Lakes Bay Region (GLBR) 55. It is felt this number may be 2 or 3 times that when considering one-car accidents and drug overdoses.

A “Zero Suicide” goal in Michigan is possible if funds and programs to address the following issues leading to suicide are put in place. ***It starts with HOPE.***

- Talk about the suicide problem. Give as much attention to suicide as is given to car safety. Deaths in the state are almost equal in both scenarios.
**This organization has developed program to work with students, educators, corporations and families.
- Train friends, family, teachers and anyone who is around the individual to recognize when an individual is contemplating suicide and respond in a helpful way.
This organization has developed programs to address each of these groups and stress the importance of *staying with the person, really listen to the person and get them to someone who can help!***
- Train hospital nurses and doctors how to recognize someone who is suicidal and how to treat them. They currently have no training and usually send the victim to jail.
**This organization has developed program to train hospital staff. Currently the organization is working with the major GLBR medical facilities.
- Suicide starts with depression. Depression has symptoms that can be recognized by anyone who is aware.
**This organization has developed material to educate any individual how to recognize and respond appropriately if they suspect someone is contemplating suicidal.
- Good Health can be the key to recovery: good night’s sleep, healthy eating, staying on doctor prescribed anti-depression meds and stay in touch with doctors, support groups and others who can help and support - even when feeling great.
- Put dollars toward this real problem.
**This organization has recently received grants from Dow. A fundraising event, Walk of Hope, is scheduled on August 12, 2018 here in Midland at Northwood. On November 18, 2018 another Walk of Hope is scheduled in Frankenmuth at Bavarian Inn.

Barb invited us to considering volunteering at their fund raising event in Midland and getting personally involved in training. Many of us know CPR prevents death by heart attack...consider knowing how to recognize depression or suicide symptoms and help save a life. It is thought that 95% of suicides can be prevented with recognition and treatment.

Meeting adjourned at 7:30 p.m.



August 12, 2018
Northwood University

Start with HOPE