



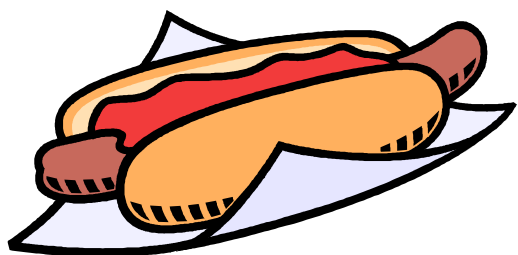
Lakewood Programs and Activities

Monthly Calendar

Lakewood Department of Human Services
Division of Aging

June 2018

Join us in welcoming summer at the....



Hotdog cookout

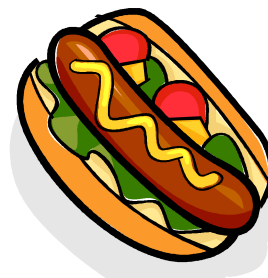
Thursday, June 7th
10:00 AM – 1:00 PM

Womans Club Pavilion
Lakewood Park

Surely, by this time, the cold, wet spring is over at last. And nothing says “summer” like a freshly grilled hotdog and a glass of lemonade.

Beautiful Lakewood Park will be in full bloom and ready to be explored on the paved walking paths. We will have a Make-It and Take It craft in the morning and card bingo after lunch..

All this, plus music, fellowship and fun will be in store for you at this annual favorite.



Suggested donation: \$4.00

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The Annual Senior Picnic

Friday, July 13, 2018
10:00 AM to 1:00 PM

Kiwanis Pavilion at Lakewood Park

Join us for this annual summer spectacular. Enjoy the summer sun, tempered by fresh breezes coming in off the lake. Music, games, raffles. Afternoon entertainment by “Hip To That” Jazz and 60’s / 70’s pop rock.



June 2018



Special Activity Calendar (E – East W – West)

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p>Karaoke Party! Tuesday, June 5th 10:30 AM at Lawther Center</p> <p>Pick out a couple favorite songs and grab a couple friends and belt it out. No rock stars here, it's just for fun!!</p>			<p>1 12:45 Marc's trip – E 2:00 Jazzercise – W</p>
<p>4 10:00 Activity Committee – W' 11:00 VisionCare Presentation with Gateway Health – W 1:00 LCSC Food Distribution – W</p>	<p>5 10:30 Karaoke Party - W</p>	<p>6 10:00 Benefits Check - W 12:30 "Owl" Bingo – W 1:00 Aldi's trip – W/E</p>	<p>7 10:00 June Hotdog Cookout – Womans Pav.</p>	<p>8 9:00 Walkers stay at the Mall – W 10:00 LCCC Story Hour – W</p>
<p>11 9:45 Nutrition Site Council – W 1:00 Kohl's Shopping trip - W</p>	<p>12 9:00 Computer Tech – W 9:30 St. John Medical Health Fair – W 3:00 Commission on Aging - W</p>	<p>13 9:00 BP Clinic – St. John Medical – W Hospice WR – E 12:30 "Turtle" Bingo - W</p>	<p>14 1:00 Movie – "Carousel" - W</p>	<p>15 10:00 Low Vision Group – Emergency Preparedness – W 1:00 Marc's Trip – W 2:00 Jazzercise - W</p>
<p>18 10:30 Make It and Take It – W 12:30 Ice Cream Trip - W</p>	<p>19 12:30 Senior Chefs - W</p>	<p>20 9:00 BP Clinic – Eliza Jennings – E 10:00 Book Discussion Club – W 10:00 Benefits Check-W 12:30 "Quirky Cup" Bingo - W</p>	<p>21 1:00 SPECIAL MYSTERY MOVIE (Hint: WOOF WOOF) - W</p>	<p>22 1:00 Day Trip: Lucky's Market – W/E</p>
<p>25 11:00 Lunch Bunch: Old Carolina BBQ - W</p>	<p>26 1:00 Farmers Market Coupon Lottery Drawing - W</p>	<p>27 11:00 Presentation: Swallowing Disorders - W 12:30 "Monkey" Bingo - W</p>	<p>28 10:00 NOSCD Group Picnic – Womans Pav. 1:00 Movie – "Ladybird" – W</p>	<p>29 1:00 Day Trip: West Side Market – W/E</p>

Monday

8:30 Self-serve Breakfast
12:30 Sittersize with Patty– Lawther Center (West)
1:00 Scrabble Group – Lawther Center

Tuesday

10:00 Sewing Knitting Crocheting Group-Lawther
10:00 Exercise at the YMCA
12:30 Walking at Lakewood Park – From Lawther
1:00 Afternoon knitters / Crocheters - Lawther
1:00 Poker – Lawther Center

Wednesday

8:30 Self-serve Breakfast
9 -11 Blood Pressure Screen
 – 1st / 2nd Wednesday - Lawther Center
 - 2nd / 3rd Wednesday - Center East
9:30 Craft Group – Lawther Center
12:30 Bingo- Lawther Center
1:00 Poker – Lawther Center

Thursday

10:30 Humanities/Current Events - Lawther Center

Friday

8:30 Self-serve Breakfast
9:00 Walking Club- Great Northern Mall
12:45 Tai Chi – Lawther Center
1:00 Poker – Lawther Center

**Grocery Shopping with
Lakewood Division of Aging**

The Division of Aging offers bi-weekly shopping trips to Giant Eagle, 14100 Detroit Ave. Tuesday and Thursday afternoons.

Call the Division of Aging at 216-521-1515 for more information or to sign up.

This program is made possible through a generous grant from The Giant Eagle Foundation.

**After Lunch, Let's Go
Get Some Ice Cream!!!**

This spring and summer, the Division of Aging will be taking monthly trips to area ice cream parlours. This is your chance to get outside, see some out of the way Cleveland destinations, and have some great frozen treats.

In June, we will be visiting...

**Sweet Moses Soda
Fountain and
Treat Shop**



Let's take a step back in time, treats at one of Cleveland's newest landmarks. They have the usual cones, shakes and sundaes, as well as ice cream sodas, floats and phosphates.

Monday, June 18, 2018
12:30 PM – 1:30 PM
Leaving Lawther Center

Suggested donation of \$3.00 for transportation
You are on your own for ice cream.



In July, we will be traveling to



Cone Zone
4081 Rocky River Blvd.
Monday, July 23rd
After lunch

Senior Farmers' Market Nutrition Program

The Senior Farmers Market Nutrition Program program will provide selected eligible seniors with \$50.00 in coupons which can be used for fresh, locally grown fruits and vegetables at any of the local farmers markets.

Participants must be 60 years of age or older and Lakewood residents. Interested individuals must complete an SFMNP application at the Lawther Center, 16024 Madison Ave. or Senior Center East, 12400 Madison Ave.

Names will be entered into a lottery drawing, which will be held at the Lawther Center Tuesday, June 26th, at 1:00 PM. Participants need not be present to win.

Please call the Division of Aging Activities Office at 216-529-5005 with any other questions or concerns.

Kathleen and Robert Lawther Center - West, 16024 Madison Ave – 216-521-1515

Senior Center East Nutrition Site, 12400 Madison Ave – 216-529-6109

Transportation to luncheon sites, special events **216-521-1288**

for medical appointments, call **Senior Transportation Connection 216-265-1489**

Nutrition Information on Congregate Meals & Home Delivered Meals, call **216-529-5000**

Volunteer Services, Programs and Activities: Call **216-529-5005**.

Social Work / Outreach: Call **216-521-1515**

Visit the City of Lakewood website at www.onelakewood.com.

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A Gentle Reminder to all Participants of Lakewood Division of Aging

We would appreciate it if you would consider the following suggested donations:

➤ A ride on the Division of Aging bus to the senior center and/or Giant Eagle \$3.00 Round trip.

➤ Lunch: \$1.00 per day. **Thank you for your support**

Have You filled out your PIF yet?

All Division of Aging participants must complete a Participant Intake Form annually. Services and activities include Congregate / Home-Delivered-Meals, Transportation, Activities, Programs, Volunteers and Supportive Services. This information is required by our funders. Please make sure forms are fully complete. Contact the Social Work Office at 216-521-1515 with questions or concerns.

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The Lakewood Division of Aging's services are funded in part by a Title III grant under the Older Americans Act, administered by the Ohio Department of Aging through the Western Reserve Area Agency on Aging; Cuyahoga County through the Health and Human Services levy; Program Donations. It is the policy of the City of Lakewood that there shall be no discrimination on the basis of race, religion, color, age, sex, national origin, sexual orientation or disability.

Kathleen and Robert Lawther Center (West)
16024 Madison Ave
Lakewood, Ohio 44107

Thursday Movies

June 14th

“Carousel”

Shirley Jones, Gordon McRae

June 28th

“Ladybird”

Saoirse Ronan, Laurie Metcalf

July 12th

“Yankee Doodle Dandy”

James Cagney, Joan Leslie, Walter Huston

July 26th

“Three Billboards Outside Ebbing Missouri”

Frances McDormond, Woody Harrelson

August 16th

“Oklahoma”

Shirley Jones, Gordon McRae, Eddie Albert

August 30th

“The Death of Stalin”

Steve Buscemi, Simon Russell-Beal

1:00 PM Thursday Showtime



West Side Market Shopping Trip

Summer time is finally here, and picnic season is upon us. Now is the time to make some early plans to get ready for the hectic July 4th holiday. This is a great time to get down to the Historic West Side Market. Enjoy the fresh air, pick up some hard-to-find meats, bakery and produce. There are lots of new shops and vendors that you really need to check out.

Plan on having a delicious lunch at the senior center, and we'll then leave for the Market afterward.

Monday, June 29, 2018

1:00 PM to 3:00 PM

**Depart from Lawther Center,
pick up at Senior Center East**

Suggested donation: \$3.00

We are all interested in staying on top of our health, so plan on joining us for some important medical screens.

The Lakewood Division of Aging and St. John Medical are pleased to offer

St. John Medical Health Fair

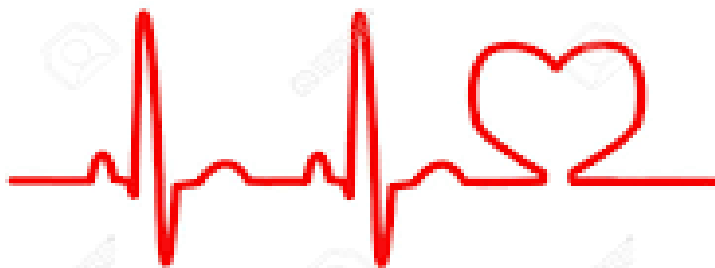
Tuesday, June 12, 2018

Lawther Center, 16024 Madison

9:30 AM – 11:30 AM

**Cholesterol testing, Blood Glucose,
Blood Pressure Testing, Bone Density Scans.**

(Note: You are not required to fast for these tests. Just avoid eating for an hour beforehand. No reservations needed.)



Lucky's Market

Lucky's Market Trip

Friday, June 22, 2018

1:00 PM to 3:00 PM

**Depart from Lawther Center,
pick up at Senior Center East**

Suggested donation \$3.00

Join us in welcoming one of the Cleveland area's newest destination stores, known for their fresh, locally grown organically raised meats and produce. Plan on having lunch at the center, and we'll then leave for the Market afterward.