

3-month individual membership from Quincy University Health and Fitness Center

(must be redeemed by August 2018)



Opened in the spring of 2001, the Health & Fitness Center provides for a wide variety of recreational and intramural activities. It features 3 multi-purpose gymnasium courts, a 3,600-square-foot fitness room, 17 cardio machines, an aerobics room, an indoor walking/running track, 2 racquetball courts, and a 6-lane intercollegiate pool with whirlpool.

1800 College Avenue
(217) 222-8020
www.quincy.edu



**Quincy
University**

One-year
Silver Level Family Membership
to Salvation Army Kroc Center (for up to 5 people)



The Kroc Center's Standard package which provides access to many recreational areas, including the aquatics center, gymnasium, cardio room, weight room, track, locker rooms, and selected FREE group fitness classes.

405 Vermont Street
Quincy, Illinois
Phone: 217-222-5762
www.krocquincy.org



RAY & JOAN
KROC
CORPS COMMUNITY CENTER
QUINCY, IL

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Gift Basket from Salvation Army Kroc Center



Includes:

- 1 – 10 Kroc Punch Day Pass
- 4 – Kroc Center Day Passes
- 2 – Kroc Center T-Shirts (M & L)
- 1 – Kroc Tumbler Cup w/Lid & Straw
- 2 – I ♥ Kroc Sweat Towels
- 2 – Kroc Center Stylus Pens
- 2 – Kroc Center Drawstring Bags



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